

Blount County 310 Board *dba*  
**Service Coordination for Intellectual Disabilities**

**THREE YEAR PLAN FOR SERVICES  
FOR INDIVIDUALS WITH INTELLECTUAL DISABILITIES  
RESIDING IN BLOUNT AND ST. CLAIR COUNTIES**

**For the Fiscal Years 2013 through 2016**

Submitted by the Administration and Board of Directors of BCMRDD *dba*  
Service Coordination for intellectual Disabilities

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## **THREE YEAR PLAN -- SERVICE COORDINATION FOR INTELLECTUAL DISABILITIES 2013 - 2016**

### **INTRODUCTION**

Blount County MR/DD, Inc. dba Service Coordination for Intellectual Disabilities (SCID) is a public non-profit agency which was established in 1993 to serve individuals residing in Blount County. The organization was created under Act 310 of the 1967 Regular Session of the Alabama Legislature. This Act gives the Board authority to plan and coordinate services to support persons with intellectual disabilities.

On July 31, 2010 Service Coordination for Intellectual Disabilities began providing Case Management services to individuals with intellectual disabilities in St. Clair County when the 310 Board for that county dissolved.

The name "Service Coordination for Intellectual Disabilities" was selected to replace BCMRDD to more accurately reflect the positive nature of the abilities and services provided to persons with intellectual disabilities in Blount and St. Clair Counties.

### **MISSION STATEMENT**

It is the mission of Service Coordination for Intellectual Disabilities to ensure that appropriate and quality services are available and accessible to persons with intellectual disabilities throughout their life. These services will be consumer and family driven, proactive and creative in their response to individual wants and needs.

### **VISION STATEMENT**

To act as the single-point of entry in Blount and St. Clair counties and assist individuals with intellectual disabilities and their families in navigating a service delivery system designed to provide a wide array of service options tailored to address wants and needs and promote family unity in the community.

### **AGENCY GOALS**

- ◆ SCID will serve as the Single Point of Entry coordinating agency for Blount and St. Clair Counties. This includes gathering intake information and submission to DMH for eligibility determination for placement on the statewide waiting list for waiver services.
- ◆ SCID will coordinate desired and needed services for as many eligible individuals on the statewide waiting list as authorized by the Department of Mental Health. Eligibility criterion is set by the Department of Mental Health.

- ◆ SCID case managers will monitor services provided and update waiting list criticality as individual/family needs change.
- ◆ Satisfaction surveys will be sent to all individuals/families receiving services to determine satisfaction with services as well as to assess future service needs.
- ◆ Face-to-face functional assessments will likewise be completed with the person served and those that know the person best to assess wants, needs, and satisfaction with current services.
- ◆ SCID case managers will assess interest in employment and make referrals to AVRS for assessment, training and employment placement.

### **SERVICE PHILOSOPHY**

1. Individuals with intellectual disabilities are recognized as persons with basic human needs, aspirations, desires, and feelings. They are citizens of our community who have all the rights, privileges, opportunities and responsibilities afforded to all.
2. Family units, both traditional and nontraditional, are frequently the most important resource and support to individuals with intellectual disabilities.
3. Informed choices and desires expressed by consumers and their families/advocates, as well as their rights, values, and needs, are the driving force in the development and provision of services.
4. Services must show sensitivity to individuals and families with diverse characteristics.

### **ASSUMPTIONS**

In the development of this Three-Year Plan, 2013 – 2016, the following issues were considered:

1. Funding currently received from the Alabama Department of Mental Health will at best be maintained at current levels for the remainder of this fiscal year and for fiscal years 2014-2015 and 2015-2016.
2. Alabama Medicaid's Intellectual Disabilities Living-at-Home Waiver, Home Community Based Waiver, and Self-Directed Waiver will continue to be available to fund residential habilitation, day habilitation, supported employment, personal care, specialty medical supplies, behavioral and other Medicaid waiver eligible supports.
3. The Plan is an evolving document, which is subject to periodic revision based on new information regarding individuals served and availability of funds.

## **DESCRIPTION OF SERVICES AND POPULATION SERVED**

Service Coordination for Intellectual Disabilities serves Blount County with an estimated population of over 57,322 people (2010 census) and St. Clair County with an estimated population of over 81,895 people (July 2009), with the targeted population being persons with intellectual disabilities who meet the eligibility criteria for such services. Blount and St. Clair Counties are both considered rural counties. In those cases where individuals and/or family members are not eligible for existing DMH services, efforts will be made to provide an appropriate referral. Specific areas of service are:

- ◆ Provides a single entry point into all services provided to people with intellectual disabilities. Assists family in arranging assessments for eligibility determination.
- ◆ Case management provides services to targeted groups of individuals with a diagnosis of intellectual disabilities. Such services include needs assessment, case planning, service arrangement, social support, reassessment and follow-up, and monitoring.

## **DESCRIPTION OF THE PLANNING PROCESS**

Service Coordination for Intellectual Disabilities requested input into the planning process through letter and personal contact from eligible individuals, family members or guardians, as well as from various agencies and school systems. Planning activities focus on the fiscal rather than calendar year: October 1<sup>st</sup> through September 30<sup>th</sup> of each year. Input into the planning process involves, but is not limited to, the following:

Satisfaction Surveys sent to individuals/families receiving services to determine satisfaction with services as well as to assess future service needs. In addition, a functional needs assessment was conducted by each case manager to a sample of persons waiting for services to determine types and timelines of need. Needs and resources information from the county Multi-needs Teams representing Blount and St. Clair Counties is also taken into consideration during the planning process.

## **METHODOLOGY**

The method and/or sources of data used in this plan consist of consumer satisfaction surveys, public forums, DMH's data collected/submitted to the National Core Indicators Project, DMH Statewide Waiting List and data kept by the single point of entry and case managers.

### **MONITORING**

The plan is monitored through the continued use of consumer satisfaction surveys and our Utilization Review Process. The Board of Directors receives and reviews monthly reports regarding services delivered and acts as needed. This Plan will be reviewed and updated as appropriate by the Board of Directors annually or as dictated by resources and local needs.

### **UNMET NEEDS**

The greatest areas of unmet need in Blount and St. Clair Counties are (1) Choice of Provider, (2) employment opportunities – job assessment/training/placement/follow-up, (3) day services - traditional day habilitation, vocational training, or non-traditional supports; (3) residential habilitation services; (4) respite services, (5) public transportation and (6) in-home supports.

### **CURRENT AND FUTURE FUNDING RESOURCES**

Service Coordination for Intellectual Disabilities currently receives funding from DMH and Medicaid for personal care services and targeted Case Management services. Unfortunately, given the current economic climate, this agency expects cuts from its funding sources. SCID will make every attempt to maintain the current level of quality services provided.

### **WAITING LIST ASSESSMENT**

Currently, Service Coordination for Intellectual Disabilities receives referrals from the Alabama Department of Mental Health Call Center and gathers documentation as proof of eligibility (IQ below 70, deficits in adaptive behavior occurring prior to age 18) for the statewide waiting list for services funded by the Alabama Medicaid Home and Community Based Waivers. Individuals with intellectual disabilities and/or families in need of services are advised to contact the DMH 1-800-Call Center where initial intake information is taken and then forwarded to SCID for eligibility and criticality assessment as the Single Point of Entry for Blount and St. Clair Counties.

Besides aging out of educational services, individuals may also need adult services as a result of changes in the family situation, moving into the geographic area, or health of aging parents.

The following table illustrates projected needs for various services based on data obtained from actual waiting lists.

<b>Service Requested</b>	<b>13/14</b>	<b>14/15</b>	<b>15/16</b>
<b>BLOUNT-----Adult:</b>	30	35	40
Day	24	29	34
Residential	19	24	29
Support services	6	11	16

<b>Service Requested</b>	<b>13/14</b>	<b>14/15</b>	<b>15/16</b>
ST. CLAIR-----Adult:	35	40	45
Day	27	32	37
Residential	27	32	37
Support services	15	20	25

**PROJECTED SERVICE BASE AND COSTS**

The current service base within Blount and St. Clair Counties should remain relatively constant for the fiscal period beginning October 1, 2013 and ending September 30, 2016. All costs associated with services are based on an average, which may or may not be adequate to meet the service needs of a specific individual.

**CASE MANAGEMENT:** Within Blount and St. Clair Counties, approximately 120 individuals receive targeted case management through this agency.

<b>CM/SC</b>	<b>FY 13/14</b>	<b>FY 14/15</b>	<b>FY 15/16</b>
<b>Nr. Served</b>	<b>120</b>	<b>123</b>	<b>125</b>
<b>Total Cost</b>	<b>\$202,000</b>	<b>\$207,000</b>	<b>\$210,600</b>
<b>Increase</b>			
<b>Rate</b>	<b>\$46.80</b>	<b>\$46.80</b>	<b>\$46.80</b>

**THE FOLLOWING SERVICES ARE PROVIDED BASED ON INDIVIDUAL NEED AND AUTHORIZED FUNDING:**

**SPECIAL MEDICAL SUPPLIES - waiver:**

	<b>FY13/14</b>	<b>FY14/15</b>	<b>FY15/16</b>
<b>Nr. Served</b>	<b>3</b>	<b>0</b>	<b>0</b>
<b>Cost</b>	<b>\$5,400/yr.</b>		
<b>Rate</b>	<b>\$150.00/unit</b>		

**PERSONAL CARE SERVICES (HOURLY) - waiver:**

In light of the DMH's interpretation of CMS's stand requiring de-conflicted case management, if SCID is forced to choose between being a provider of Case Management Services or providing Personal Care Services, we will cease to provide Personal Care and Special Medical Supplies (waiver services).

	<b>FY13/14</b>	<b>FY14/15</b>	<b>FY15/16</b>
<b>Nr. Served</b>	<b>3</b>	<b>0</b>	<b>0</b>
<b>Cost</b>	<b>\$120,000</b>		
<b>Rate</b>	<b>\$15.60/hr.</b>		