

## choices in RECOVERY<sup>®</sup>

*Support and Information for Schizophrenia, Schizoaffective, and Bipolar Disorder*

Mental health recovery is an ongoing process, not a single outcome. Each person's recovery experience is unique. By making a personalized, inclusive plan for managing a mental health condition, a person has the best chance of living a meaningful life.

### A Journey of Wellness & Recovery



This program is designed to inspire people living with schizophrenia, schizoaffective, and bipolar I disorder to take ownership of their mental health recovery journey so they can live meaningful lives.

**Date:** Tuesday, January 28, 2014

**Program Time:** 12:00 PM to 1:30 PM

**Speaker:** Michael Fuller, MD  
Private Practice

**Location:** DoubleTree  
808 South 20th Street  
Birmingham, AL 35205

For free registration, call Wanda Laird at (334) 396-4797 or email [wlaird@namialabama.org](mailto:wlaird@namialabama.org).

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[www.ChoicesInRecovery.com](http://www.ChoicesInRecovery.com)

#### Topics that will be covered include:

- ▶ Recovery plan elements
- ▶ Establishing a recovery team
- ▶ The role of medication in recovery
- ▶ Accessing supportive treatments
- ▶ Strategies for success

This program is intended to provide general information on mental health recovery. It is not consultation. Attendees are advised to speak with their doctor regarding diagnosis and treatment. This program is not continuing medical education.

The program content is developed by Janssen Pharmaceuticals, Inc. Speakers have been compensated to present on behalf of the company and are required to present information in compliance with FDA requirements for communications about its medicines.

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