

Garden Flower
Brian B.

I have had pronounced schizophrenia since I was 12 or 13. Living with this disorder throughout my life has been very difficult. However, my disease has improved as I have grown older with the indispensable help of a very loving and supportive wife, family and friends. I am now 56 years old and have had two excellent therapists who have helped me a lot.

Art has always been very therapeutic for me. When I was a little boy I would draw contour drawings of animals like woolly mammoths and dinosaurs on my chalk board. But really I do not have much technical skill. If something turns out well, often it turns out as a pleasant accident! I just enjoy what I do. I try to put as much love into it as I can.