

# The Anniston Star

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## Mental health summit planned for Friday

By Kirsten Fiscus, Star Staff Writer, [kfiscus@annistonstar.com](mailto:kfiscus@annistonstar.com) 15 hrs ago

### If You Go

**WHAT:** Out of the Shadows mental health summit

**WHERE:** Oxford Civic Center, 401 McCullars Lane

**WHEN:** Friday, May 11, 8 a.m. - 4 p.m.

**HOW MUCH:** \$40 for professionals seeking continuing education credit, \$5 for consumers and family

**MORE INFO:** Register online at <http://tinyurl.com/y89nzvm8>

Local mental health advocates say the stigma surrounding the illnesses and treatment often impedes healing, but a summit on the topic Friday aims to ease the burden.

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