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Mental health summit brings variety of topics to professionals, patients and caregivers



Sue Guffey moderates a panel discussion about mental illness with her son, Andrew Guffey, Doug Ford, and Helena Doering. About 275 mental health professionals, patients and caregivers gathered for a summit on the topic. (Kirsten Fiscus/ The Anniston Star)

By Kirsten Fiscus, Star Staff Writer, kfiscus@annistonstar.com May 11, 2018

OXFORD — Andrew Guffey spent the years between second grade and his early 20s cycling in and out of doctor's offices and programs, receiving numerous diagnoses and medications for his mental illness.

Guffey, now over 30 years into his journey with mental illness, said it took him disappearing, being

committed to a state hospital and going to jail before he realized there needed to be a change.

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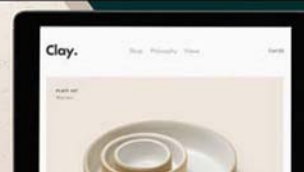
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