



# The Psychological State of Alabama

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A News 18 exclusive: The Psychological State of Alabama

Options for mental health treatment are on the decline. As a result, many who need help wind up in places like jail cells.

Our Tiffany McGrath speaks with Dothan Resident Jennifer Johnson about her own experience.

She will also take a look at the mental healthcare funding cuts and how stigma keeps those suffering with mental health issues from getting help.

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