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AltaPointe Health to recognize Children's Mental Health Awareness Week

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By Joe Emer, Studio10 Host [CONNECT](#)

Children's Mental Health Awareness Week (CMHAW) is May 6 – 12. It is a week set aside to raise awareness about children's mental health and the programs available to treat the youngest of patients.

The National Alliance on Mental Illness (NAMI) reports 1 in 5 children 13 to 18 years of age have, or will have a serious mental illness. Here's a sobering statistic, suicide is one of the leading causes of death among people 10 to 24 years of age.

Children's mental health is a priority for AltaPointe Health. In 2017, more than 10,000 children were treated at an AltaPointe program. AltaPointe has a full continuum of care devoted to children including; outreach, outpatient, residential services, hospital services, and school-based therapy. AltaPointe's school-based therapy program reaches students in schools across Mobile, Baldwin, and Washington counties; as well as schools in Clay, Coosa, and Talladega counties.

NAMI says 50 percent of all lifetime cases of mental illness begin by age 14. The average delay between the first signs of illness and treatment is 8 to 10 years. Experts agree the sooner you seek treatment, the greater your chance for recovery.

CarePointe is AltaPointe's call center that serves as the initial contact for most patients entering or returning to AltaPointe care. CarePointe specialists are standing by 24/7 to answer your call. Please call (251) 450-2211 or (888) 335-3044 for more information on how AltaPointe can help you.

<http://altapointe.org/>

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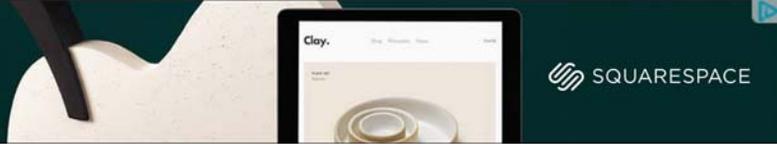
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