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EDITOR'S PICK

## Mental health center extends hours

Adam Smith Mar 18, 2017



Those who receive treatment from the Mental Health Center of North Central Alabama in Limestone, Lawrence and Morgan counties should benefit from extended hours, an official said.

The Athens-Limestone Counseling Center at 1307 E. Elm St. is now open from 8 a.m. to 5:30 p.m. on Mondays and Tuesdays, 8 a.m. to 5 p.m. Wednesdays and Thursdays and 8 a.m. to 1 p.m. on Fridays.

Bill Giguere, development officer for the MHCNCA, said clinics had typically already reduced hours on Friday because fewer patients were coming in. On the other hand, he said closing before 5 p.m. during the week made it difficult for those who work until 5 to get to a clinic before it closed.

"It's just easier for people to come in after work," he said, adding the shift in hours was first tried in Decatur last year and received a positive response. "We're always looking at things we can do to be more efficient and be better for our clients."

Last year the MHCNCA provided services to almost 4,000 people in the region.

"The need for services is consistent," Giguere said.

Other counseling hours are as follows:

- Moulton Lawrence Counseling Center — 317 Hospital Street, Moulton 35650: 8 a.m. to 5 p.m. Monday through Thursday; 8 a.m. to 3 p.m. Friday;
- Decatur Morgan Counseling Center — 4110 Highway 31 South, Decatur 35603: 8 a.m. to 5:30 p.m. Monday through Thursday; 8 a.m. to noon Friday;
- The Albany Clinic Children's Program — 1315 13 Ave. SE, Decatur 35601: 8 a.m. to 5 p.m. Monday and Wednesday; 8 a.m. to 6 p.m. Tuesday and Thursday; and 8 a.m. to 2 p.m. Friday;
- Options Geriatrics Program — 1316 Somerville Road, SE, Decatur 35601: 8 a.m. to 5 p.m. Monday through Thursday; and 8 a.m. to 3 p.m. Friday.

To make an appointment, call 256-355-5904 or 1-800-365-6008.

For more information about the MHCNCA, visit [www.mhcnca.org](http://www.mhcnca.org).

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  - MON 20** **ENGAGE Assessment /March 2017**  
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  - MON 20** **Cullman Kiwanis Club**  
Cullman, AL
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