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Mental Health Prevention open house to be held Tuesday

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Jan 29, 2018 Updated Jan 29, 2018



Jamie Lowe, president of the East Alabama Mental Health Prevention Services Youth Advisory Board, reads to local youth in Opelika.

SUBMITTED

East Alabama Mental Health Prevention Services will hold its first-ever open house event Tuesday.

The event will highlight community supporters, provide information on upcoming events and recognize its Youth Advisory Board and adult C.A.R.E.S. (Coalition Advocating For Responsible

Environments). The event also is a chance for the staff to show thanks to stakeholders, community members and vendors who have supported the center.

The East Alabama Mental Health Center provides prevention services to children and adults to enhance the development of healthy life-management skills.

The Youth Advisory Board and adult C.A.R.E.S. work to help prevent underage drinking by being involved in young people’s lives and by identifying resources, support systems and alternatives for youths in the community. The groups also work to raise awareness about the importance of prevention.

“The adults try to handle that in an adult capacity, and the youth try to do it on a youth capacity, as well as just trying to get other youth involved,” said Jason Flowers, a prevention specialist with the agency. “Ultimately, this conversation with youth and adults, even outside of just coalition talk and even at home, is trying to get the coalition to filter over into the environment in the Lee County area.”

The open house event will take place at 5 p.m. at 2300 Center Hills Drive, Building II, in Opelika. Light refreshments will be served.

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