

- [News](#)
  - [Back](#)
  - [Huntsville](#)
  - [Decatur](#)
  - [Sand Mountain](#)
  - [Shoals](#)
  - [Livestream](#)
  - [I-Team](#)
  - [Redstone](#)
  - [Space](#)
  - [Tech Alabama](#)
  - [Traffic Alert](#)
  - [Submit News](#)
  - [National](#)
  - [Officer Charged With Murder](#)
  - [State Parks](#)
  - [Video](#)
- [Weather](#)
  - [Back](#)
  - [Radar](#)
  - [Map Center](#)
  - [Camera Network](#)
  - [Severe Weather](#)
  - [Weather Blog](#)
  - [WeatherCall](#)
  - [Storm Shelters](#)
  - [Weather Watchers](#)
  - [Weather Classroom](#)
- [Sports](#)
  - [Back](#)
  - [High School Sports](#)
- [TV Shows](#)
  - [Back](#)
  - [TV Listings](#)
  - [Dream Home Cooking](#)
  - [LawCall](#)
  - [Guerrilla Politics](#)
- [TN Valley Pros](#)
- [Medcall](#)
- [WAAY to Win](#)
- [About Us](#)
  - [Back](#)
  - [News Team](#)
  - [Employment](#)
  - [Digital Marketing](#)
  - [Events](#)

Type to search...

Clear



- [News](#)
  - [Huntsville](#)
  - [Decatur](#)
  - [Sand Mountain](#)
  - [Shoals](#)
  - [Livestream](#)
  - [I-Team](#)
  - [Redstone](#)
  - [Space](#)
  - [Tech Alabama](#)
  - [Traffic Alert](#)
  - [Submit News](#)
  - [National](#)
  - [Officer Charged With Murder](#)
  - [State Parks](#)
  - [Video](#)
- [Weather](#)
  - [Radar](#)
  - [Map Center](#)
  - [Camera Network](#)
  - [Severe Weather](#)
  - [Weather Blog](#)
  - [WeatherCall](#)
  - [Storm Shelters](#)
  - [Weather Watchers](#)
  - [Weather Classroom](#)
- [Sports](#)
  - [High School Sports](#)
- [TV Shows](#)
  - [TV Listings](#)

- [Dream Home Cooking](#)
- [LawCall](#)
- [Guerrilla Politics](#)
- [TN Valley Pros](#)
- [Medcall](#)
- [WAAY to Win](#)
- [About Us](#)
  - [News Team](#)
  - [Employment](#)
  - [Digital Marketing](#)
  - [Events](#)

▲ **BREAKING NEWS:** Update: Man safely off Highway 31 bridge in Decatur [Full Story](#)

## Mental health expert talks about recent murder-suicides



So far this summer, more than 10 people died as parts of murder-suicides in Limestone County. There's been two in Morgan County.

Posted: Aug. 6, 2018 5:02 PM

Updated: Aug. 6, 2018 5:03 PM

Posted By: [Brittany Collins](#)



Waay 31 is taking a deeper look at mental health and its connection to domestic violence. The number of deadly cases appears to be on the rise.

Connie Kane with the Crisis Center of North Alabama told WAAY 31 she doesn't believe the recent spike in murder-suicides are all connected to mental illness.



"I think most people who have mental health issues are not a danger to others, and I think people who are a perpetrator of domestic violence are a danger to other people," said Connie Kane.

Kane said many times the perpetrator first threatens the victim, even going as far as threatening to kill them.

"You might be extremely jealous and you decide that you don't want anyone else to have that individual, so you take their life," Kane said.

So far this summer, more than 10 people died as parts of murder-suicides in Limestone County.

Morgan County had two murder-suicides so far this year, including one this past weekend.

A gun was used in all these crimes because according to Kane it's an impulsive weapon.

"Once you pull the trigger, there's no going back and then you kind of look at what's happened. Who knows what someone thinks after you've killed someone in your family. You decide to go on and kill yourself," Kane said.

Kane said it's hard for others to notice signs of domestic violence in a family or couple. Very often, people in the community never know there's a problem until it's too late.

"I've got a lot of clients who say that people just love my husband or my ex-boyfriend. They think he's a wonderful guy," Kane said.

Substance abuse is another factor that could lead to a murder-suicide.

## Related Content

- [Mental health expert talks about recent murder-suicides](#)
- [Neighbors in Decatur speak on mental illness after murder-suicide](#)
- [Update: murder-suicide reported in Limestone County](#)
- [Community members in Limestone County respond to recent murders](#)
- [WHO classifies 'gaming disorder' as mental health condition](#)
- [Two dead in apparent Morgan County murder-suicide](#)
- [Friends, neighbors rocked by double murder-suicide in Athens](#)
- [Decatur police investigate murder-suicide on Wheat Avenue](#)
- [Inside Japan's 'suicide forest'](#)
- [Limestone Co. deputies believe double murder could be a murder-suicide](#)

*Scroll for more content...*

## Article Comments

## SPONSORED CONTENT

**Early detection is the key to successful treatment of head and neck cancers**

By Alliance Cancer Care



A sore throat is usually a sign of a relatively minor problem like spring allergies or the common cold. However, if you have a...

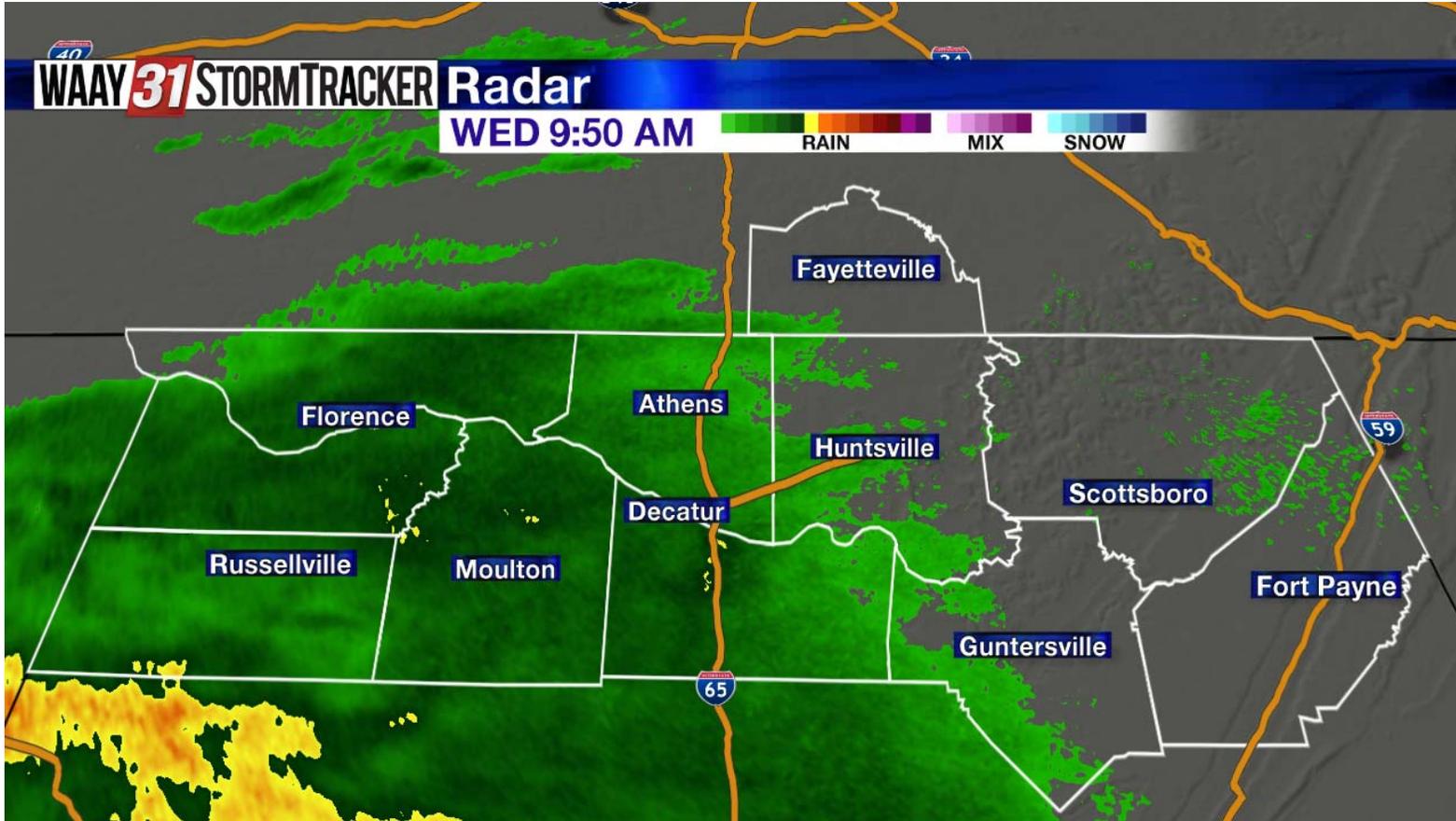


**Huntsville**  
Overcast



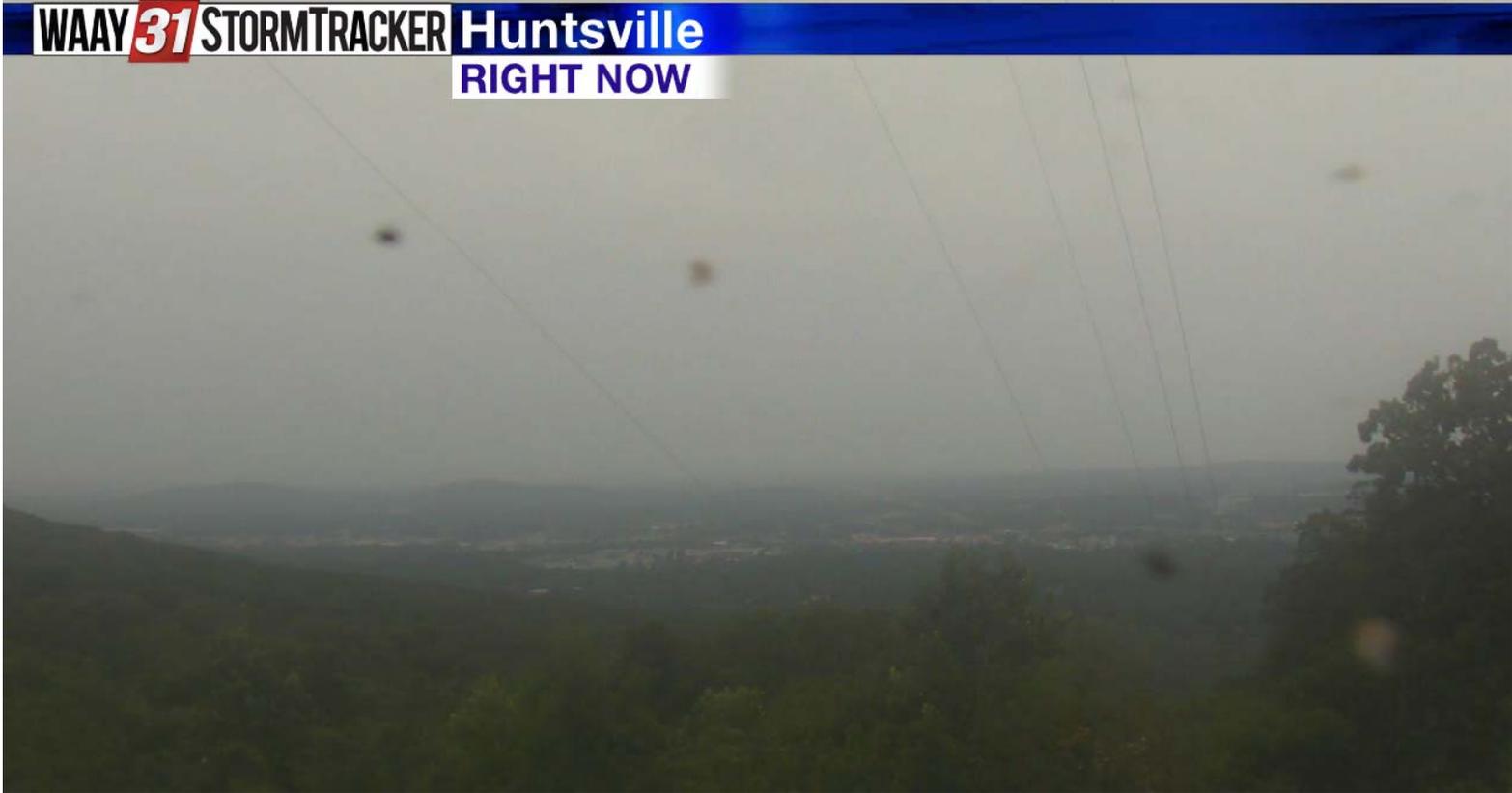
78°  
Hi: 86° Lo: 73°  
Feels Like: 81°  
[More Weather](#)

Radar ▾

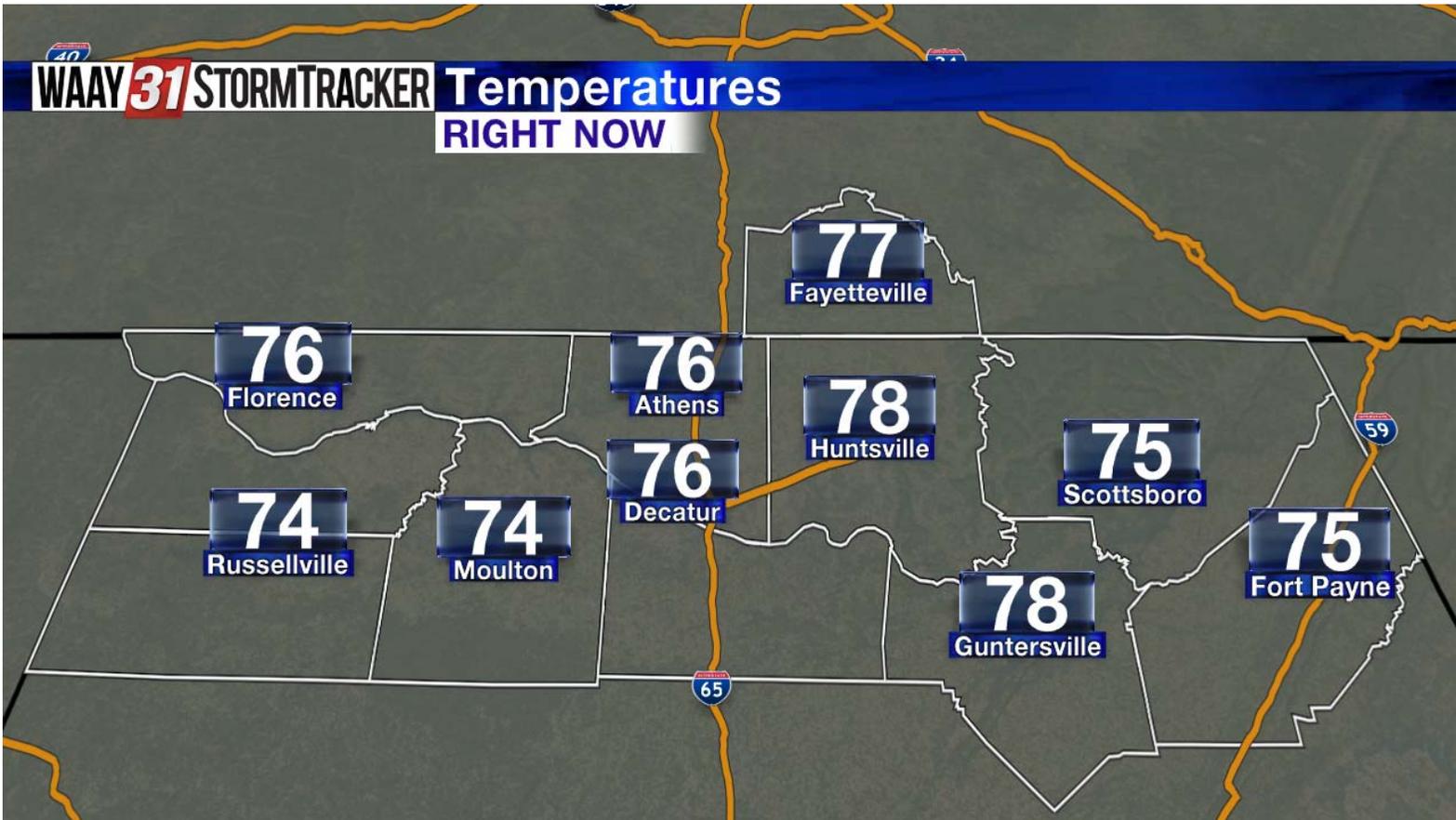


WAAY-TV Cam ▾

**WAAY 31 STORMTRACKER** **Huntsville**  
**RIGHT NOW**



Temperatures ▾



[Gag order issued for Huntsville officer's murder trial](#)



[Attorneys explain how police officers get charged for murder](#)



[Huntsville locals grow skeptical as video is not released](#)



[Huntsville Police Officer, William Darby's background](#)



[Shooting victim's family calls for change](#)



[HPD Officer charged with murder still considered an officer](#)



[The last time a HPD Officer sentenced for killing someone was in 1995](#)



[HPD Officers cleared by board in May](#)



[Huntsville Police Officer charged with murder](#)

over the  
EDGE

Click Here to Learn More

WAAY 31 Meteorologist  
Kate McKenna

WAAY 31 abc

WAAY 31 abc  
MED CALL

Local Medical Providers – One Click Away

## Most Popular Stories



[Update: Man safely off Highway 31 bridge in Decatur](#)



[Wall Street 'takes knee' on Nike-Kaepernick deal](#)



[Madison Co. road will soon extend to Highway 72 East](#)



[State of emergency issued ahead of Tropical Storm Gordon landfall](#)



[Man charged with killing roommate that he reported missing](#)



[S.C. woman accused of killing husband with eye drops](#)



[Huntsville shooting sends 2 to hospital](#)



[Bicyclist Dies After Officer Involved Crash](#)



[Walter Maddox campaigns in Tuscumbia, gives opinion on lottery](#)



[Man arrested for Florence murder](#)

## Community Events

FEATURED



### Your Event Here!

Display your event here by promoting it today. Click for details

WED THU FRI SAT SUN MON TUE

Wednesday, September 5, 2018

There are no more events for this day.



SUBMIT YOUR EVENT



### Get In Touch With Us

1000 Monte Sano Blvd  
Huntsville, AL 35801  
(256) 539-3131

### Our Mobile App

[Download on the App Store](#) [Download on the Google Play](#)

### About Us

- [About Us](#)
- [Contact Us](#)
- [Employment](#)

### Usage and Legal

- [FCC Public Inspection File](#)
- [EEO Report](#)
- [Child Programming](#)
- [Privacy Policy](#)
- [Terms of Service](#)
- [Ad Choices](#)