



79°
Clear
Jasper

[FULL FORECAST](#)

Search

UA receives grant to help with mental health in Walker County

Published: Wednesday, August 16th 2017, 9:44 pm CDT

Updated: Wednesday, August 16th 2017, 10:51 pm CDT

By Ugochi Iloka, Reporter [CONNECT](#)

TUSCALOOSA, AL (WBRC) - The University of Alabama received a training grant to improve mental and physical health for people living in a more rural area.

This one-million-dollar grant will provide behavioral mental health services to the Capstone Rural Health Center in Walker County.

The project director for this grant Dr. Monika Wedgeworth Assistant UA Professor said they will train nursing students, a mental health counselor, a care coordinator and more.

The idea is to treat patients for their mind and body all in one primary care visit, catching not only a medical issue like say diabetes but also potentially depression or another mental condition.

A lot of rural areas like Walker County Wedgeworth said don't offer a one stop health shop like this.

"I believe there is probably a lot more existing mental health illness and untreated mental illness in these under-served areas than we think. So just to provide the service to these people that have absolutely a lack of mental health services is critical," said Wedgeworth.

The project director said they hope to have all new staff trained and ready to go by the beginning of next year.

Copyright 2017 [WBRC](#). All rights reserved.

RECOMMENDED STORIES

Recommended by



[Ancient Louisiana City Older Than The Pyramids](#)



[What kind of car can you buy for under \\$10K?](#)

Sponsored | [Cars.com](#)



[WWI veteran's grave desecrated](#)



[JCPenney's Closing Hundreds of Stores](#)

Sponsored | [Bankrate](#)



[Her Husband Vanished 6 Weeks After Their Wedding, 68 Years On She Uncovers The Painful Truth \[Gallery\]](#)

Sponsored | [OMG!](#)



[Councilman Marcus Lundy on Summer Jam 2017](#)



[Your First Year With AARP Is Only \\$12 With Auto-Renew](#)

Sponsored | [AARP](#)



[What Are these Painted Rocks Hidden all over the Place?](#)

SPONSORED CONTENT

[How To: 'Fix' Crepey Skin](#) *Health Headlines*

WE RECOMMEND

[Woman who killed her abusive husband opens up about their relationship](#)

['Lost Boy' finds new life in U.S.](#) *Wells Fargo Stories*

[Check Out the Secret of the South Beach Diet](#) *Topdust*

[What Vitamin D Tells Us about Rheumatoid Arthritis](#) *Health Central*

[Eight Cars that Depreciate Least Over Time](#) *topcars.wiki*

[A Lesson In Soft-Shell Crabs](#)

[Military leaders speak out against racism, extremism](#)

[Historic Log Cabin Hidden Within Walls of This House](#)

[The Grand Canyon of the South](#)

Recommended by

Can't Find Something? SEARCH FOR IT HERE

SEARCH



1720 Valley View Drive
Birmingham, AL 35209
(205) 322-6666

[FCC Public File](#)
publicfile@wbrc.com
(205) 583-4343
[EEO Report](#)
[Closed Captioning](#)

[NEWS](#)

[WEATHER](#)

[SPORTS](#)

[VIDEO](#)

[GOOD DAY](#)

[MAGIC CITY WEEKEND](#)

[FEATURES](#)

[TV](#)

[ABOUT US](#)

[ALABAMA'S NEWS SOURCE](#)
