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My Smart Dose campaign urges people to be 'smart' about meds



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By [Bryan Henry](#) | September 5, 2018 at 5:52 PM CDT - Updated September 10 at 2:20 PM

MONTGOMERY, AL (WSFA) - If you're on prescription medicine, this is something you want to hear. The Alabama Department of Mental Health has launched an aggressive campaign to encourage people to be smart about what they're taking and why.

The My Smart Dose campaign is well underway throughout Alabama and it's hitting most platforms with one singular message.

"Here, take these. They'll help you study late and focus on your exams," said an actress in the clip.





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