

**WE ARE THE
PEOPLE WE SERVE!!!**

PEER SUPPORT is when people with a similar experience with a substance use disorder give each other support, encouragement, hope, guidance, and understanding to aid in obtaining and maintaining recovery.

PEER SUPPORT SPECIALIST is a person living in recovery with a substance abuse disorder providing support to others seeking recovery from a substance use disorder.

R.O.S.S.

RECOVERY ORGANIZATION OF SUPPORT SPECIALISTS

PEER SERVICES is a range of nonclinical supportive services to help in the process of recovery. These services are provided before, during, and after treatment for an individuals and/or family members of someone with a substance use disorder.

PEER SERVICES INCLUDE:

- Peer led support groups
- Peer mentoring
- Diagnosis education
- Relapse prevention planning
- Assistance in acquiring recovery resources
- Reconnecting to family and community
- Support for family members
- Building self-esteem and confidence
- Recreation and social opportunities
- Self-help and self-advocacy skills
- Crisis resolution, problem solving, and goal setting skills
- Provide education to the community on addiction and recovery



GOT AN ADDICTION?

WANT HELP?

CALL ROSS!

(205) 848-2112

Email: rossbhm4us@gmail.com

Website: ross4u.org

Summit Square
281 West Valley Avenue
Homewood, AL 35209

Hours of Operation

Monday - Friday: 4 PM - 8 PM

Sat & Sun: 12 PM - 8 PM



ALL SERVICES FREE OF CHARGE

Services Available In-Person or by Phone