

Prevention... What's the 4-1-1?

Kick Butts Day

March 21, 2012

A day of activism when thousands of youth in every state and around the world will **STAND OUT...SPEAK UP....and SEIZE CONTROL** against big tobacco

Teen Smoking Nationwide:

- Everyday almost 3,900 children under age 18 try their first cigarette, and more than 950 of them will become new, regular daily smokers.
- In 2007, 20% of high school students reported smoking in the last 30 days.
- Among high school students in 2007, the most prevalent forms of tobacco used were cigarettes (20%), cigars (13.6%), and smokeless tobacco (7.9%).
- In 2004, 11.7% of middle school students reported using any tobacco product; 8.4% used cigarettes.

Source: <http://www.lung.org/stop-smoking/about-smoking/facts-figures/children-teens-and-tobacco.html>

Teen Smoking in Alabama:

- Current cigarette smoking among Alabama youth (20.8%) was similar to the national average (19.5%).
- In 2009, the use of chewing tobacco, snuff, or dip was higher among Alabama youth (12.4%) compared with the national average.
- Perception of great risk of smoking one or more cigarette packs daily was lower among Alabama youth (63.3%) compared with the national average (69.3%)

Source: *State Epidemiological Profile, 2011*

- Overall, tobacco use during the past month and tobacco use by friends increased among Alabama youth as grade in school increased
- Among individuals 12 years and older in Alabama, 28.4% reported smoking cigarettes during the past month and 34.4% reported using any tobacco products during the previous month

Source: *Community Epidemiological Profile, 2011*

"A man too busy to take care of his health is like a mechanic too busy to take care of his tools."

~Spanish Proverb



Division of Mental Health
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