

# Prevention...What's the 4-1-1?

National Prevention Week

May 12-18, 2013

*Your voice. Your choice. Make a difference.*

National Prevention Week is a Substance Abuse and Mental Health Services Administration (SAMHSA) supported annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. This observance is an opportunity to join with other individuals, organizations, and coalitions in your community to promote prevention efforts, educate others about behavioral health issues, and create and strengthen community partnerships.

For more information on National Prevention Week, visit [www.samhsa.gov/preventionweek/](http://www.samhsa.gov/preventionweek/)

Date	2013 National Prevention Week Theme
May 12	Prevention & Cessation of Tobacco Use
May 13	Prevention of Underage Drinking
May 14	Prevention of Prescription Drug Abuse & Illicit Drug Use
May 15	Prevention of Alcohol Abuse
May 16	Suicide Prevention
May 17	Promotion of Mental, Emotional, & Behavioral Well-Being

## Countries That Consume the Most Alcohol

According to the market research firm Euromonitor, more than 250 liters of alcoholic drinks were consumed around the world in 2012. The list of the top 10 countries is as follows:

**REPORT**

Country	Per Capita Alcohol Consumption
1. Czech Republic	210.4 liters
2. Ireland	195.6 liters
3. Estonia	185.5 liters
4. Germany	170.2 liters
5. Austria	169.0 liters
6. Finland	145.5 liters
7. Belgium	144.6 liters
8. Lithuania	141.5 liters
9. South Africa	140.3 liters
10. United States	129.3 liters

Source: <http://www.cnbc.com/id/100698657/page/11>



Division of Mental Health  
and Substance Abuse Services  
Office of Prevention Services  
[www.mh.alabama.gov](http://www.mh.alabama.gov)