

State Prevention Advisory Board (SPAB)/ Alabama Epidemiological Outcomes
Workgroup (AEOW) Combined Meeting
April 26, 2013
Alabama Pharmacy Association, Montgomery, AL

Attendees

Amanda Golson
Angene Coleman
Beverly Johnson
Brandon Folks
Catina James
Celeste Bradshaw
Charon Douglass
Danita Stapleton
Dave Peterson
Erin Burleson
Jean Spicer
Jessica White
Lauren Blanding
Louis Zook
Louise Jones
Maranda Brown
Penny Deavers
Ronada Anderson
Sándor Cheka
Tafeni English
Tracey Craig
Tracey Webb
Vandlyn Pierre

Agency

Elmore County Juvenile Court
Olivia's House
Alabama Department of Mental Health
Alabama Department of Mental Health
Alabama Department of Mental Health
East Alabama Mental Health
North Regional Clearinghouse (ASAP)
Seraaj Family Homes, Inc.
Alabama National Guard Counter Drug
South Regional Clearinghouse (Drug Education Council)
East Alabama Mental Health
Alethia House
Alabama Department of Mental Health
Alabama Attorney General
Alabama Pharmacy Association
Alabama Department of Mental Health
Southern Prevention Associates
Alabama Department of Public Health
Addiction Coalition
Eve's Circle
Cahaba Mental Health
PASS
Drug Education Council

Welcome/Introductions

Meeting opened at 10:06AM by CMSgt. Dave Peterson. He proceeded with the welcome and introductions.

SPF-SIG Updates

Beverly Johnson told attendees that the request for proposal (RFP) application and sub-recipient award information will come directly from DMH's Office of Contracts. She is working with the Center for Prevention Technology (CAPT) and Alabama's prevention consultants to set up SPF-SIG trainings as discussed in the SPF timeline. There will be two additional consultants (*Mental Health Specialist II*) hired that will work directly with the SPF-SIG sub-recipients, and alongside the current prevention consultants. Beverly makes attendees aware that the first Mental Health Specialist II position that was announced on DMH's personnel website was closed today, April 26, 2013. The second position will be released as a RFP process.

Shereda Finch asked if there will be other SPF-SIG funding opportunities. Beverly stated that there is anticipation to be able to enhance and sustain the SPF-SIG process, but she is not exactly sure where the funding will come from being that there are cuts coming from the federal and state level (i.e. Sequester). Jean Spicer asked if there is a timeframe with the SPF-SIG. Dr. Maranda Brown made note that there is in fact a SPF-SIG timeline that the Office of Prevention is obligated to follow, but there are some areas that are out of our control when it comes to this process. Due to circumstances, Beverly told all to contact the Office of Contacts with particular SPF-SIG questions. She informed all the sequester will not affect SPF-SIG money. Penny Deavers asked if the first year of award money will be for just year one of the SPF-SIG, or both year one and two of the SPF-SIG. Dr. Brown answered that sub-recipients will only receive money for year one to avoid dispersing a big chunk of money at one time. Dr. Brown and Beverly talked with SAMHSA/CSAP Project Officer, Tonia Schaffer to see if there was a possibility to zero out SPF-SIG money by the end of the fiscal year, but results showed that it was more feasible to only distribute one year worth of money upon award announcements. Dr. Brown informed attendees that there is a mechanism in place to extend the fiscal year out until December instead of September; the necessary paperwork will have to be completed if this route is taken.

Guest Speakers

Louise Jones with the Alabama Pharmacy Association moved ahead in the agenda to speak on behalf of her agency. She reviewed the housekeeping rules for all those attending the meeting, then moved into facts about the Pharmacy Association. At 132 years old, this is the state's professional society for pharmacists. The association has been in their current building since the 1980s. Louise informed attendees that the association is here to assist with any needs, and is a great resource provider. She then went into discussion of the Prescription Drug Take-Back Day (*April 26, 2013*) hosted by the Drug Enforcement Administration (DEA) in connection with the Pharmacy Association. Statewide, there are 86 collection sites total. Louise asked that everyone be sure to dispose of unused medications; it is important to know that medications should not be disposed of by flushing them down the toilet. This is very hazardous to the sewer system. Louis Zook informed attendees of a bill (*HB237*) to be passed that will allow pharmacies to host Prescription Take-Back Days 365 days per year without law enforcement approval. The bill is sponsored by Elan Beach, but there is a need for each individual to get there local Senators to push the Bill through.

Kathryn Molnar with the Coalition for a Tobacco Free Alabama began her presentation by asking attendees to sign a petition for 100% smoke-free places in Montgomery. She also had letters of support available, especially for those residing in Montgomery. The letters are in support of workers in the city of Montgomery being protected from the dangers of secondhand smoke. Kathryn made everyone aware that she is not lobbying, but in fact only providing policy information. She notified all that National Prevention Week is May 12-18, 2013 then went on to discuss the partnerships included in the Tobacco Free Alabama coalition. Kathryn reviewed the power point presentation, full of powerful statistics and information. Tobacco is a gateway for drinking, and is a preventable cause of death in Alabama making it a serious public health challenge. The

tobacco coalition focuses on four areas (*provided in power point that will be attached*). Alabama is the only state that does not use MSA for prevention, making tobacco prevention underfunded (\$3,275,000). Each year there are 10,700 new smokers under the age 18. Approximately \$261 is spent each year on tobacco marketing and promotion. According to Surgeon General Regina Benjamin, "It hurts everyone who breaths it." Dr. Donald Williamson says that tobacco research is "evidence-based." Montgomery Mayor Todd Strange expects that within the next four years, the city will be the largest in the state (population right now is 208,000). Mayor Strange also noted that smokers cost the city \$1,500 each year. 11% of Montgomery mothers reported smoking during their pregnancy. 5,800 Alabama children will lose at least one parent to a smoking-related death. The Center for Disease Control and Prevention (CDC) and ADPH have provided \$879,000 in tobacco cessation funding for 2013. The benefit of increasing to \$1 user fee is that 30,700 lives will be saved from premature death; 73,200 children will be saved from being addicted to smoke. Troy University went to a smoke-free campus on August 13, 2012. According to the CDC, 23% young adults age 18-24 reported tobacco use. To close out Kathryn stated her action plan, which included: letters of support; petitions; support smoke-free policies; and to have support efforts to educate and empower parents, educators, etc.

Danita Stapleton with Seraaj Family Homes, Inc. stated that their agency provides therapeutic foster care services and family preservation techniques. Licensed since 1995, they have location sites in Montgomery, Oxford, Birmingham, and Gasden. The agency receives all referrals from the Department of Human Resources. Children and family seen at the agency are usually affected by substance use and/or abuse. There are four outcomes within the foster care program, a lot of trauma informed care, and pre/post adoption services available. Staff members provide twenty-four hour support for all families. Seraaj has a training institute that is going virtual for both parents and staff members. Finding foster parents is one of problems that the agency is running into.

Beverly tells attendees that when looking at the SPAB and SPF-SIG, we want make sure to look at vast populations (*cultural competence*). Beverly and Lauren were on a RTEP call with the Center for Prevention Technologies (CAPT) a week ago, and recognition was shown for our state using the foster home as a new population when being culturally diverse. Beverly stated that this is something that we will need to constantly do so that we do not miss those vulnerable populations. This will also be a great opportunity and connection for SPF-SIG applicants and prevention providers when trying to think outside of the box.

Information Session

AEOW Charter:

Catina James goes through the sections of the AEOW charter for those non-members, as well as those not familiar with the charter. Some of the key points discussed were as follows. If there are individual's no longer working at an agency on the AEOW, then they need to be replaced with a new member. The Chairperson of AEOW will be the Epidemiologist, Catina James. If a quorum is not present to vote on necessary items, then the Chairperson (*Catina James*) will have the final vote on behalf of AEOW. Catina

reviewed the tracking timeline for AEW activities. She reminded those AEW members present that the workgroup works closely with SPAB, so both are a reflection of each other. If there are ever any questions or comments, contact Catina at Catina.James@mh.alabama.gov or 334-242-3212. She stated that the end result from the epi workgroup is to have the community be able to gather data on their own. Charon Douglass asked if an individual is interested in joining SPAB or AEW, is there a specific person to contact. She also asked if there are specific populations for each membership board (i.e., foster home, military). Beverly Johnson stated that this is the reason and importance for developing a SPAB by-law. Once this is developed, we will be able to know what guidelines to follow in order to invite new members and what populations to target. To avoid re-inventing the wheel, SPAB members can review the AEW charter and discuss if the by-laws should follow in the same route. If you have ideas for SPAB members, contact Beverly or CMSgt. Peterson; ideas for AEW members, contact Catina James.

SPAB By-laws:

CMSgt. Peterson stated that the SPAB by-laws will be driven by the mission of SPAB. Mission→Objectives→Goals→Members is the order in which we can follow to develop the by-laws. He believes that there needs to be a workgroup for getting the by-laws together, therefore if interested contact him at david.b.peterson4.mil@mail.mil. CMSgt. read a list of sectors to think about when considering new members for SPAB. The individuals are involved in reducing substance abuse and include youth, parents, media, schools, law enforcement, religious groups, fraternal organizations, and faith-based organizations.

Unfinished Business

The AADAA Conference will be held on August 8-10, 2013 in Shocco Springs. Sándor Cheka revisited the topic of Keratum Derivatum that is being sold as an anti-energy drink. He stated there is still a waiting period to see if the craze needs to be addressed more.

New Business

CMSgt. Peterson discussed the Joining Community Forces, which focuses on vulnerable populations such as veterans, military members, and their families. He stated that this is on a national level but is now breaking down to the community level. For more information, visit www.joiningcommunityforces.org

Open Discussion

Angene Coleman with Olivia's House informed everyone of the video on children's safety that will be launched in June 2013 at her agency. She will send out an invite to the video launch event for all those interested. Ronada Anderson thanked the Addiction Coalition for allowing her to speak with their youth students. She also acknowledged May as Hepatitis Awareness Month. Vandlyn Pierre stated that Drug Education Council will participate in 2013 National Prevention Week, coming from an aspect using social media. Michele Moore informed that Quest Recovery will do Prevention Week in line with their activities from 2012 Prevention Week (i.e., coalition, SMI group). Angene Coleman chimed in to state that for Prevention Week Olivia House will host a town hall

meeting and conduct poster presentations. Jessica White stated that Alethia House will do Prevention Week showcasing a “choices tour.” Penny Deavers informed all that her agency was awarded the PRIDE state office for youth teams. Since the national offices were closed, she is looking for national youth organizations to team up with so that the youth teams will be able to sustain. There are seven youth teams total. Erin Burleson notified attendees that there will be an ethics training on May 16, 2013 at the Drug Education Council beginning at 9:00AM. Drug Education Council’s website is being re-developed, but you can view the training schedule at www.drugeducationcouncil.org. She also recognized the agency as they applied for the National Exemplary Award which will be announced during the NPN conference on August 24, 2013. Tracey Webb with PASS said that her agency had local high school students view the roll over truck during prom season activities. She also mentioned that they will be participating in Prescription Drug Take-Back Day. Celeste Bradshaw stated that East Alabama Mental Health has ads on billboards for prevention week. The ads will run from April 26, 2013- the end of May. The agency will also be participating in Auburn High School’s project graduation, which has 500 seniors plus guests attending. Sándor Cheka stated that the Addiction Coalition has been promoting Prescription Drug Take-Back Day with their group Positive Maturity. They have also been partnering with Teens Who Care from Alethia House. He told the group that there has been word that LSD is on the rise in the state. Louis Zook confirmed that LSD is in fact on the rise for Alabama; there has been some discussion about the drug. He said that the drug is listed as 25N1, and is the 1/9 the size of a postage stamp. He acknowledged that take-back day is continuing to grow in Alabama. Fifty-six law enforcement agencies are hosting the event this year. It is important to know that the event will only be successful with community support. Louis then discussed three bills that are being reviewed in the Senate. HB150 is with prescription drug monitoring programs. This bill will allow physicians and pharmacists to check medication usage of patients. HB152 is the bill where it will be considered a crime for those individuals doctor shopping. HB151 will require registration for pain management clinics. Louis also mentioned the Alabama Drug Abuse Task Force that has been created, and included 40 representatives. The task force will assist in drug use/abuse through the legislature. Michele Moore informed the group that Face Project is going out of business, so they are having closeout deals on items that can be of assistance for media purposes.

Next Meeting

Scheduled for Friday, July 19, 2013 at 11:00AM-1:00PM at Quest Recovery in Decatur, AL.

The meeting was adjourned by CMSgt. Peterson at 12:05PM.