

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

YOU KNOW YOUR CHILD BEST.

If you are concerned about your child's development, talk to your child's doctor.

If either you **OR** your doctor are still concerned, ask the doctor for a referral to a specialist, **AND** seek intervention by calling one of the numbers below.

For children 0 to 36 months, or until their 3rd birthday:

Call **1-800-543-3098** (AL Dept. of Rehabilitation - Early Intervention)

For children 3-21 years:

Call **1-800-392-8020** (AL Dept. of Education - Special Education)

DON'T WAIT.

Acting early can make a real difference!



For more information about state and local resources, visit the Act Early Alabama! Website:

www.uab.edu/civitansparks/act-early-alabama

For additional information and resources about your child's development and what to do if you have a concern, visit:

www.cdc.gov/ActEarly

OR CALL:

1-800-CDC-INFO

to request a FREE "Learn the Signs. Act Early." Parent Kit.

Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

Track Your Child's Developmental Milestones



Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

For parents of children from birth to 4 years



Centers for Disease Control and Prevention

www.cdc.gov/ActEarly
1-800-CDC-INFO

Act Early Alabama Initiative



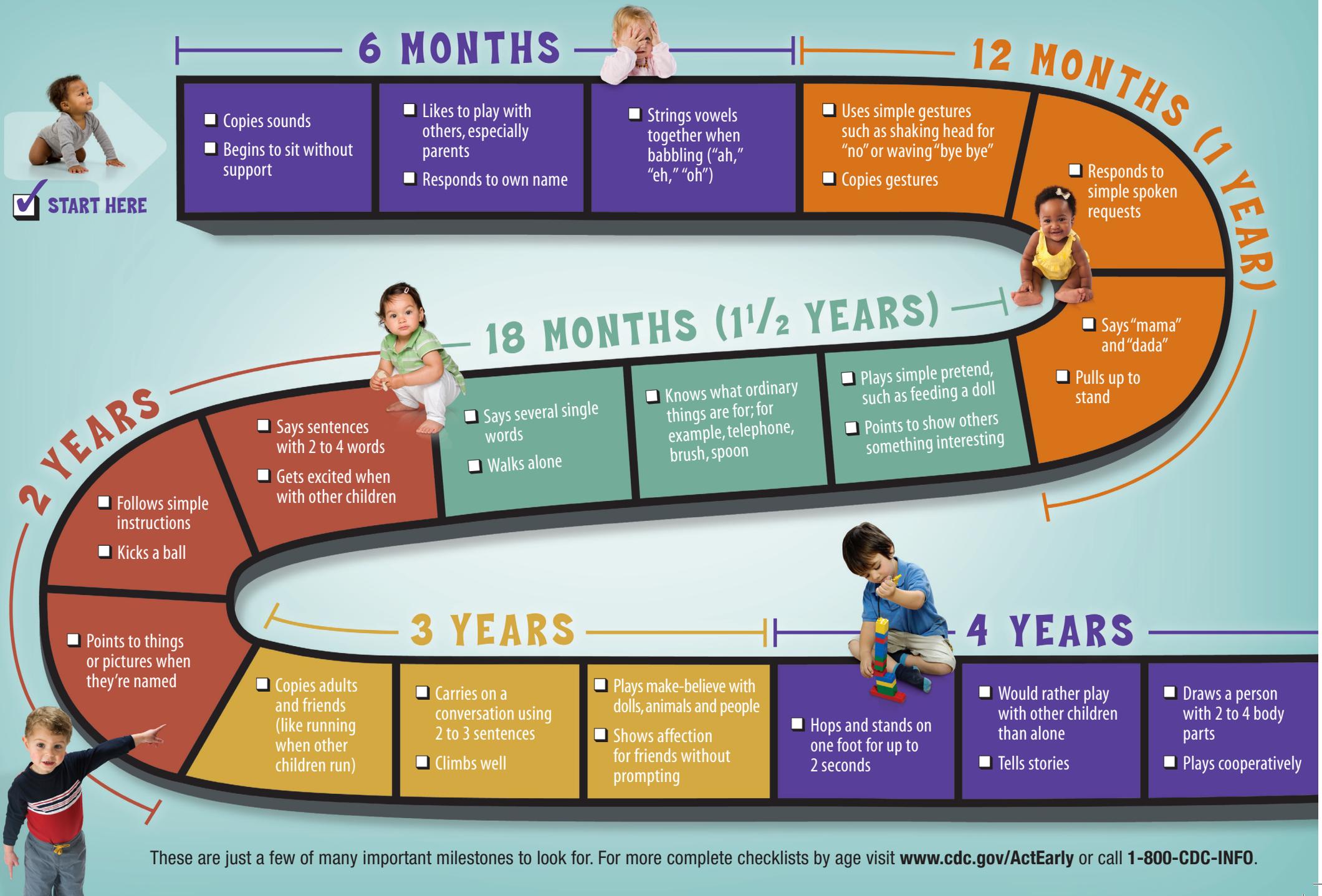
Department of Health and Human Services
Centers for Disease Control and Prevention

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Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.