

Indian Rivers 310 Board Plan
FY18 and FY19

Board Name: Mental Health Board of Bibb, Pickens and Tuscaloosa Counties, Inc, d/b/a Indian Rivers Mental Health Center (Indian Rivers)

County(ies) Served: Bibb, Pickens and Tuscaloosa

Description of Services/Supports Provided: Indian Rivers provides outpatient and in-home behavioral health services and residential housing to adults who have severe mental illness, substance use disorder or intellectually/developmentally delayed diagnoses. Outpatient and in-home services are available to children ages 5-17 who have severe emotionally disturbed diagnoses.

Populations: Indian Rivers serves adults and children of all ethnicities and financial classes.

Mission Statement: “To treat/support individuals in the community who have a serious mental illness, substance abuse/dependence, or an intellectual disability so that they may effectively learn to manage their disability and recognize the highest level of independence possible. These individuals will be treated with the greatest of respect/dignity and all efforts will be put forth to protect their rights as agency staff support them in meeting the unique goals that have been established.”

Vision Statement: “Indian Rivers will deliver a robust continuum of behavioral health services to the West Alabama community. Indian Rivers will offer inpatient, outpatient, and residential care as core services for individuals with mental illness, substance abuse, and developmental disabilities throughout Bibb, Pickens, and Tuscaloosa counties. Indian Rivers’ service offerings will be accessible, consumer driven, efficient, technically advanced, and show a clear and obvious benefit to the community.”

Description of Planning Cycle: Annually, the Governing Board (Board) reviews the status of established goals and objectives. Then, using financial, operational and needs data gathered from multiple sources (e.g. internal data, consumer surveys, State surveys, State initiatives, community partnerships, etc.), the Board revises existing and/or establishes new goals and objectives for the coming year(s).

Planning Cycle Timeframe: Strategic planning is a continuous process. However, the process of identifying preliminary priorities for the coming fiscal year (Oct-Sep) begins with earnest around May of each year. Subsequently, the list of goals/objectives/priorities is refined during the annual Board planning retreat in July of each year and the list is finalized in September for implementation in October.

Key Stakeholders & Roles: Indian Rivers uses information obtained from our partnerships with key community stakeholders to implement continuous improvements in our service delivery system. Input from these key stakeholders assists in the development of Indian Rivers annual goals. Some of these key stakeholders are:

- Clients
- Families
- State and local government officials
- Law enforcement
- Judicial and correctional officials
- Public education administrators
- Health care providers
- Social service providers

Method of Needs Assessment: Needs are assessed from a myriad of sources that include consumer surveys, community agencies, observed national

and state initiatives, as well as the informed opinion of management, clinicians and Board of Directors.

Greatest Area(s) of Unmet Needs: Timeliness and expansion of treatment due to: (1) limited and revolving clinical personnel; (2) the effects of long-term stagnant funding; (3) state and federal regulations and reporting that pull limited resources from the provision and/or monitoring of care.

Needed Expansions: The need for care is prominent in all areas of the state mental health system...e.g. mental health, intellectual/developmental and substance abuse support. Current local resources are stretched to capacity.

Current Funding Resources: The vast majority of Indian Rivers funding is provided through service contracts with the Alabama Department of Mental Health and the Alabama Medicaid Agency.

Future Funding Resources: Indian Rivers expects to continue current funding arrangements with the Alabama Department of Mental Health and Medicaid. However, Indian Rivers will explore additional funding and service opportunities that exist with consumers, commercial insurers, other providers and governmental agencies (e.g. grants).

Three Goals and Objectives for the Reporting Period:

- #1. Collaborate and partner with other local health providers, social service agencies and government to develop more efficient and effective systems of care and support (reference Restoration Center in San Antonio, Texas)
- #2. Pursue mental health related ventures in the private sector as a source of additional funding.
- #3. Develop clinical workforce recruitment and retention strategies.

Plan Monitoring & Evaluation: Indian Rivers' Board and Management will review the status of each goal/objective/priority throughout the year and adjust implementation strategies as may be appropriate at the time.

Prepared by: jrp July 5, 2018