

THE JEFFERSON COUNTY INTELLECTUAL AND
DEVELOPMENTAL DISABILITIES AUTHORITY, Inc.
529 Beacon Parkway West, Suite 214
Birmingham, Alabama 35209

THREE YEAR PLAN

2018-2021

January 9, 2018

JEFFERSON COUNTY THREE-YEAR PLAN

2018-2021

Name of 310 Board:

The Jefferson County Intellectual and Developmental Disabilities Authority, Inc.; referenced below as The JCIDDA.

County (ies) Served:

Jefferson County, Alabama

Description of Supports and Services Provided:

The two primary services delivered by The JCIDDA are Targeted Case Management and Single Point of Entry.

The JCIDDA holds a contract with the Alabama Department of Mental Health for Targeted Case Management for Adults with a primary diagnosis of an Intellectual Disability. In this case, adults are defined as individuals 18 years of age and older with an IQ of 70 or below. Exceptions are granted to children under the age of 18 who are receiving services under The ID/DD Home and Community Based waiver. Case Management is a person driven service including the areas of needs assessment, case planning, service arrangement, social support, reassessment/follow-up and monitoring.

The State of Alabama Division of Developmental Disabilities maintains a statewide waiting list for people waiting for services. On the local level, a 310 Board is designated by that agency to accept referrals, collect the necessary documentation for access to the waiting list and submit same to the applicable Regional Office. For Jefferson County, The JCIDDA is the designated agency for the waiting list and that function is referred to as Single Point of Entry. This function also includes assisting the individuals in moving from the waiting list into services as these services become available. This is accomplished in concert with the Regional Office and applicable Provider agency.

Population(s) Served:

Description

Currently, The JCIDDA serves a total of 703 individuals with a primary diagnosis of an Intellectual Disability. Due to the specifications of our contract, approximately 95% are adults, 5% children. That said our population covers all ages, ethnicities and live in neighborhoods throughout Jefferson County. The level of supports required by our population varies greatly from those who need very minimal support to those in need of very intense levels of support in areas such as self-care, communication, behavioral support, mobility and medical issues. Our group includes people with Developmental Disabilities such as; Intellectual Disability, Cerebral Palsy, Autism and Epilepsy.

A total of 487 people live in supported residential settings operated by our provider agencies. Some live independently or with families, while a total of 54 receive in-home supports, primarily Personal Care. This number has grown slowly but steadily throughout the years.

Page Two

Description Continued:

A total of 600 people receive day services ranging from Supported Employment, Training and Activity programs. In all, an unduplicated total 683 people receive some sort of residential, day or support service. Unfortunately, a number (669) of individuals are waiting for services.

Mission Statement:

It is the mission of the Jefferson County Intellectual and Developmental Disabilities Authority, Inc. to first and foremost protect the rights of people with developmental disabilities in Jefferson County, Alabama; to provide services in a manner which are dignified and respectful of the people we support and their choices of where and with whom they wish to live and work, to continue to advocate for people waiting for services and to solicit input from the people we support and their families and utilize that input for the purpose of more effectively carrying out the mission of the organization.

The foregoing Mission Statement shall be reviewed and approved annually by the Board of Directors and distributed annually among all participants for review and input to be reviewed and considered.

Vision Statement:

The ultimate goal of The JCIDDA is for every person with a developmental disability in Jefferson County, Alabama to receive the supports they need in a timely manner by fully trained professionals in a community based setting.

Description of Planning Cycle:

The Executive Director will develop a draft plan based on existing data and information. The draft will then be submitted to the Board of Directors, and other relevant stakeholders for review and comment. Revisions are then made as needed and submitted to the Board for final approval before submitting to the Alabama Department of Mental Health.

Planning Cycle Timeframe:

January 1, 2018 - December 31, 2021

Key Stakeholders and their Roles:

Stakeholders include:

People we support or those waiting for services
Family members and legal guardians
Service Providers for People with Disabilities throughout Jefferson County
Public School Systems throughout Jefferson County
Department of Human Resources
Municipal Governments
Jefferson County Legislative Delegation
Department of Mental Health/ID Division/Region V
Staff of JCIDDA

Page Four

As a result, many more people and their families go without supports for many, many years. This usually results in a loss of skills gained while in school and this only worsens the longer an individual is on the waiting list.

The ideal solution would be to establish services for adults with intellectual and developmental disabilities as an entitlement for all who can establish eligibility and need.

Current and Future Funding Resources:

Current funding for The JCIDDA comes from a contract for Targeted Case Management with the Alabama Department of Mental Health. The current rate of reimbursement is \$5.28 per five-minute unit (or \$63.36 per hour) not to exceed 36 hours per year per person supported. This is a notable increase over our previous rate of the \$3.96 rate (with minimum deviations above or below) since 2009. Unfortunately, due to recent changes in Medicaid billing regulations, travel and documentation are no longer billable offsetting much of the increase.

Plan: Goals and Objectives:

Goal 1: Reduce waiting lists for Day, Residential and Support Services.

While the overall funding outlook remains a major impediment to this effort, this is such an important issue for Jefferson County that we must do all we can to continue to advocate for the hundreds of Jefferson County citizens who are unable to obtain the services they so seriously need.

Goal 2: Enhance Case Manager Skills in Person Centered Planning

While we have an excellent staff here at The JCIDDA, there is always opportunity for improvement. During the past two years the organization has worked with DMH QE staff to revise and enhance our assessment and case planning procedures and skills. Staff have also attended a series of workshops on Personal Outcomes for those we support. The plan is to continue these efforts as training is valuable to maintain the skills and tools needed to assist those we serve.

Goal 3: Continue to improve Certification and Satisfaction Survey Outcomes

In 2014, JCIDDA received a two-year Certification for the first time since 2006. While we still have areas which require improvement, the progress is undeniable.

Satisfaction Survey results leveled off in 2016 and 2017, but remained at a high level after continued improvement over the previous six years.

Plan Monitoring & Evaluation:

Planning and evaluation is always an ongoing process and should occur daily for each employee in their respective role. As to formal evaluation, our Basic Assurances Plan calls for a monthly evaluation of our Case Management and Single Point programs as well as an annual Satisfaction Survey. Our Board of Directors meets monthly to discuss and decide on all issues facing the agency at any given time. Externally we are reviewed every one to two years by The Alabama Medicaid Agency and the Alabama Department of Mental Health. The Region V Case Management Liaison provides trainings several times per month and/or as needed, along with file reviews quarterly.

Page Three

Key Stakeholders and their Roles (continued):

Throughout the planning and implementation process feedback from stakeholders will be sought through surveys, planning meetings and day to day contact. Once the plan is approved copies will be distributed to stakeholders throughout Jefferson County and will be available to the general public on request. It is vitally important that decision makers are informed of the profound problem the extensive waiting lists are for people with disabilities and their families in Jefferson County.

Method of Needs Assessment:

Perhaps the most important source of information in this area is Waiting List information generated by the DMH/DD Division/Region V based on information submitted by staff of the JCIDDA. Equally important are internal numbers regarding the number of incoming referrals per month and number of pending.

Consumer Satisfaction Surveys and Certification Site Visit reviews supply important information for evaluating existing services along with other information such as Incident data and Quality Improvement Reports. Ongoing day to day contact with providers and family members are also an important source of information.

All of this information is reviewed and results in the development of Goals and Objectives.

Greatest Area(s) of Unmet Needs:

In Jefferson County, Alabama, unmet needs exist in every area. According to the most recent listing distributed, a total of 667 people are waiting for residential, day or supports. This represents approximately 19% of the statewide total compared to our population share of 13.78% (658,466/4,779,736, Census Bureau 2010). Most people are shown as needing at least two of the three services if not all three.

For a number of reasons, we suspect the total number waiting of 667 does not reflect the true need. For example, according to the State Department of Education Child Count numbers of October, 2015 a total of 978 Special Education students ages 3-21 were identified as having an intellectual disability (combined total for all LEAs in Jefferson County). This number alone in the 3-21 age range is far greater than the 667 across all age groups identified as needing services in Jefferson County as well as the 703 currently served. This would suggest that large numbers of adults in need of services are not showing up in these numbers.

- Transportation, while not a contract service for our providers is often cited as a need by consumers and providers alike both in meetings and in day to day interaction.
- Respite, especially emergency respite is under the general category of supports but is also cited as a need in both conversations and public meetings and bears specific mention as a significant unmet need.

Needed Expansions:

With waiting list numbers as substantial as noted above, expansion is needed in all areas including residential, employment/day supports and in-home supports such as respite and personal care. Current policies and practices related to people waiting is to provide supports/services only to those in the most extreme emergency or near emergency situations.

AL Department of Mental Health

Office of Policy and Planning

310 Plan Review

310 Board Name: _____

Administrative Code Requirements:

1. Submission of a two (2) year plan of services specifying the type, quantity and location of services for the designated population (580-1-2-.06 (l)).

a. Two (2) year plan submitted?

____ Yes ____ No

Plan Coverage Dates: _____

b. Type of planned services described?

____ Yes ____ No

c. Quantity of planned services provided?
(preferably # by service category)

____ Yes ____ No
____ Inferred

d. Description of planned service locations?
(preferably by service category)

____ Yes ____ No
____ Inferred

e. Description of designated service population?

____ Yes ____ No

2. Submission of a comprehensive study of needs assessment and available resources for the designated population (580-1-2-.06 (m)).

a. Submission of needs assessment for the designated service population?

____ Yes ____ No

(If No, skip to 2i)

____ Described

(If described, complete 2b-2h only)

b. Description of needs assessment methodology?

____ Yes ____ No

____ Inferred

m. Does the needs assessment plan include a rationale for the selection of participating individuals/agencies? Yes No
 Inferred

n. Does the needs assessment plan include a description of the selection process for participating individuals/agencies? Yes No
 Inferred

o. Does the needs assessment plan include information regarding intent to rank/prioritize needs? Yes No
 Inferred

p. Does the description of the needs assessment plan include the development of a list of resources for the designated service population? Yes No
 Inferred

3. Submission of a plan which specifies strategies to meet the area needs in coordination with local service providers and the AL Dept of Mental Health. Plans must be based upon assessed needs of identified individuals or upon statistically sound projections of need and submitted through the Department's existing planning structure (580-1-2-.05).

a. Specific strategies provided to meet assessed needs of individuals? Yes No

b. Description of local service providers that participate in the development of strategies to meet assessed need? Yes No
 Inferred

4. Additional Recommended Information:

Designated Geographic Service Area (by County)

310 Board Mission Statement

310 Board Vision Statement

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