

ANNUAL REPORT 2018

ALABAMA DEPARTMENT OF MENTAL HEALTH



OUR MISSION

Serve • Empower • Support

OUR VISION

**Promoting the health and well-being of Alabamians with
mental illness, developmental disability and substance abuse disorder**

MESSAGE FROM THE COMMISSIONER

On behalf of the Alabama Department of Mental Health (ADMH), I am pleased to present our Annual Report for Fiscal Year 2018. The Department has encountered many opportunities and challenges over the course of the year that have been utilized to broaden our partnerships and programs for the individuals we serve.

We are pleased to continue our work with statewide community providers to administer services to those with mental illness, substance use disorders and intellectual/developmental disabilities. Our partnerships with state agencies such as ALSDE and Early Childhood Education have increased access to individual mental health care services for students in schools through the School-based Mental Health Program and from birth through Project Launch, ensuring that needs are more efficiently met, without loss of valuable brain development and classroom instruction.

The opioid crisis is being met head on, with integrated efforts from diverse stakeholders who are committed to alleviating the epidemic and saving lives. Crisis care and housing for those with mental illness remain a priority for the department and progress is being made to find new avenues for expansion of services, which is foundational to reduce the numbers of individuals with mental illnesses in jails and prisons.

The department continues to implement the provisions of the Home and Community Based Services Settings Rule for individuals with intellectual and developmental disabilities, which all states must fully implement by March 2022 to maintain Medicaid funding. This ensures quality and accessibility to the necessary support services tailored for each eligible service recipient according to their personal choice. It provides rights protections for participants, maximizes opportunities for individuals to have full access to the benefits of community living and assures that they can receive services in the most integrated and least restrictive setting.

ADMH is committed to our values of consistency and transparency for our current mental healthcare workforce through professional development, which will strengthen existing personnel and will aid in recruitment of future workforce.

The Alabama Department of Mental Health's mission is to Serve · Empower · Support. We remain committed with proactive, preventive and educational programs and direct care services in promoting the health and well-being of Alabamians with mental illness, developmental disability and substance abuse disorders.



A handwritten signature in black ink, appearing to read 'Tina Beshear'. The signature is fluid and cursive.

Commissioner, Alabama Department of Mental Health

BOARD OF TRUSTEES

Governor Kay Ivey, Appointment: by statute; Ex Officio - Montgomery, Alabama

Lt. Governor Will Ainsworth, Appointment: by statute; Ex Officio

Speaker Mac McCutcheon, Appointment: by statute; Ex Officio - Montgomery, Alabama

Commissioner Lynn Beshear, Appointment: by statute; Ex Officio - Montgomery, Alabama

Dr. Sandra Parker

Appointment: by Governor 09/11/18 - 04/10/21;
Represents the 1st Congressional District -
Mobile, Alabama

Leslie Sanders

Appointment: by Governor 09/11/18 - 04/10/21;
Represents the 2nd Congressional District -
Troy, Alabama

Laura Phillips

Appointment: by Governor 10/11/12 - 04/10/19;
Represents the 3rd Congressional District -
Anniston, Alabama

Vacant

Appointment: by Governor;
Represents the 4th Congressional District -
Tuscaloosa, Alabama

Dr. Pippa Coulter Abston

Appointment: by Governor 10/23/17 - 04/10/20;
Represents the 5th Congressional District -
Eva, Alabama

Curtis James

Appointment: by Governor 01/12/11 - 04/10/20;
Represents the 6th Congressional District -
Birmingham, Alabama

David Bennet

Appointment: by Governor 09/07/12 - 04/10/18;
Represents the 7th Congressional District -
Tuscaloosa, Alabama

Larry Bailey

Appointment: by Governor 05/19/16 - 04/10/19;
Represents the State at Large -
Scottsboro, Alabama

William P. Cobb

Appointment: by Governor 10/23/17 - 04/10/20;
Represents the State at Large -
Montgomery, Alabama

Tom Gerlach

Appointment: by Governor 10/23/17 - 04/10/20;
Represents the State at Large -
Birmingham, Alabama

Cheryl Lynn Moyer-Peele

Appointment: by Governor 10/23/17 - 04/10/19;
Represents the State at Large -
Gardendale, Alabama

Dennis Stripling

Appointment: by Governor 05/19/16 - 04/10/18;
Represents the State at Large -
Brent, Alabama

ADMH DIVISIONS

The Alabama Department of Mental Health utilizes less than three percent of the total budget for central office functions where services are delivered in a professional manner with a high degree of accountability.

Administration

The Division of Administration provides support to the ADMH Central Office and our Department's Facilities through several specialized sections which include personnel services, land and asset management, centralized accounting, governmental administration, policy and planning, information technology services, contract management, professional development, public education, administrative support services, and nursing home screening services. Within the Division of Administration, staff are responsible for delivering and distributing the administration of services, focused on the mission of the Alabama Department of Mental Health to serve, empower, and support.

Developmental Disabilities

The Division of Developmental Disabilities (DD) provides a comprehensive array of services and supports to individuals with intellectual disabilities and their families through community agencies, five regional community services offices, and three comprehensive support service teams that assist with behavioral, medical, psychiatric and dental services and supports.

The DD staff provides oversight and support in planning, service coordination, service delivery, fiscal operations, contracts, eligibility, monitoring/quality enhancement of services, and the monitoring and certification of all community agencies that provide services to individuals with intellectual disabilities. A DD Coordinating Subcommittee, comprised of consumers, families, service providers and other leaders, assists the division in setting and prioritizing service goals based upon needs of individuals and budgetary considerations.

The DD Division is currently implementing the Home and Community Based Services Settings (HCBS) Rule to ensure that Medicaid-funded HCBS programs provide people with disabilities opportunities to live, work, and receive services in integrated, community settings where they can fully engage in community life. All states must achieve full compliance with the HCBS Setting Rule by March 2022.

Mental Health and Substance Abuse

The Division of Mental Illness and Substance Abuse is comprised of a comprehensive array of treatment services and supports through three state-operated mental health facilities and through contractual agreements with community mental health centers and substance abuse providers across the state. The MHSA staff provides oversight and support for the continuum of care through its offices of quality improvement, consumer relations, deaf services, community programs, certification, facilities management.

Substance Abuse services encompass the development, coordination, and management of a comprehensive system of treatment and prevention services for drug abuse and misuse. Responsibilities include contracting for services with local providers, monitoring service contracts, evaluating and certifying services programs according to departmental standards for substance abuse programs, and developing models for a continuum of treatment and prevention services.

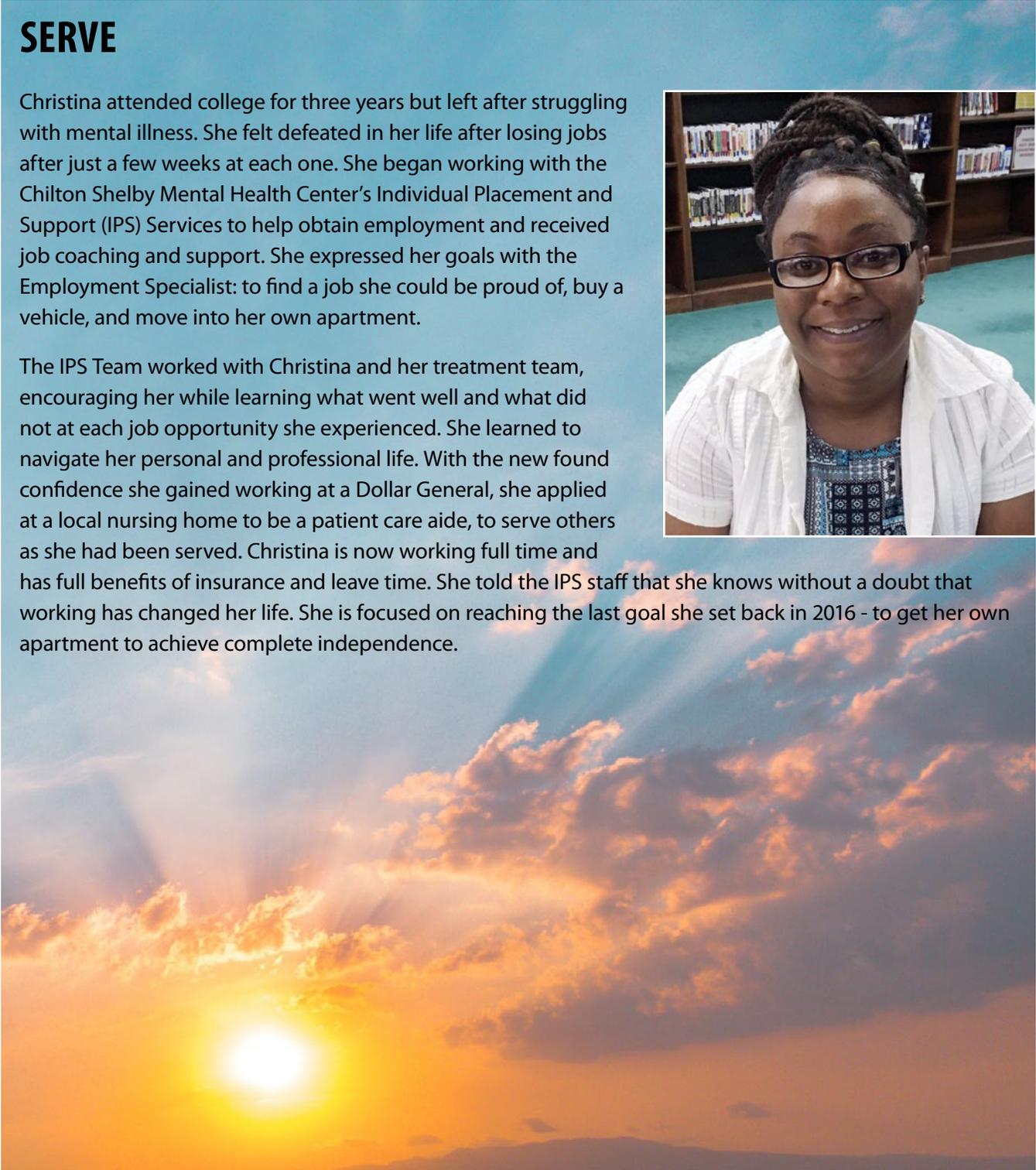
SUCCESS STORIES

Stories of success offer messages of hope, recovery and resilience from individuals who are achieving their life goals. We are proud to present three inspiring stories from individuals who have made strong personal advances, with determination and dedicated support from local providers and partners.

SERVE

Christina attended college for three years but left after struggling with mental illness. She felt defeated in her life after losing jobs after just a few weeks at each one. She began working with the Chilton Shelby Mental Health Center's Individual Placement and Support (IPS) Services to help obtain employment and received job coaching and support. She expressed her goals with the Employment Specialist: to find a job she could be proud of, buy a vehicle, and move into her own apartment.

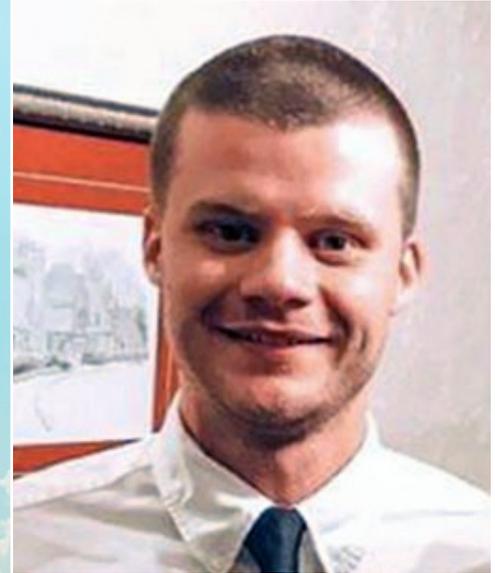
The IPS Team worked with Christina and her treatment team, encouraging her while learning what went well and what did not at each job opportunity she experienced. She learned to navigate her personal and professional life. With the new found confidence she gained working at a Dollar General, she applied at a local nursing home to be a patient care aide, to serve others as she had been served. Christina is now working full time and has full benefits of insurance and leave time. She told the IPS staff that she knows without a doubt that working has changed her life. She is focused on reaching the last goal she set back in 2016 - to get her own apartment to achieve complete independence.



EMPOWER

Hunter began using substances by age 17. By the time he entered treatment at Sunrise Lodge, a service of Riverbend Mental Health in Russellville, Hunter had attempted treatment multiple times. He'd experienced countless negative consequences from using substances, including family problems and extensive legal issues. Hunter thought of recovery as some magical thing that "just happened" to people but he realized he would need to ask for help and put forth effort to make changes. He completed treatment and transitioned into a halfway house.

Hunter has achieved many of the goals he had upon initially entering treatment, such as resolving his legal issues by completing drug court, repairing family relationships, and being gainfully employed. On a daily basis he actively works a program of recovery based on the 12 Steps and seeks to help others. Hunter recently had the opportunity to share his story at a statewide conference, and he describes recovery as "much more than I ever thought it could be."



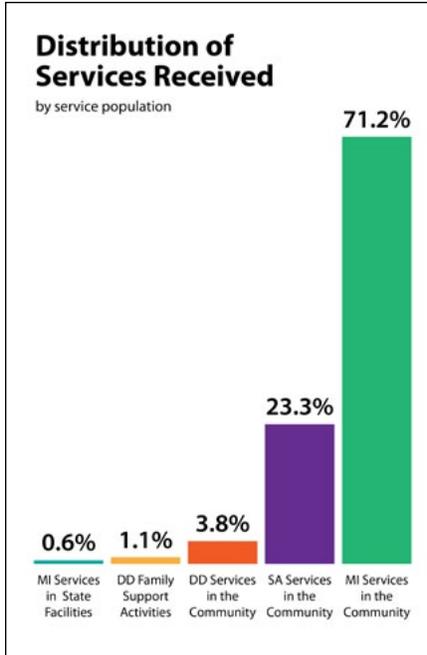
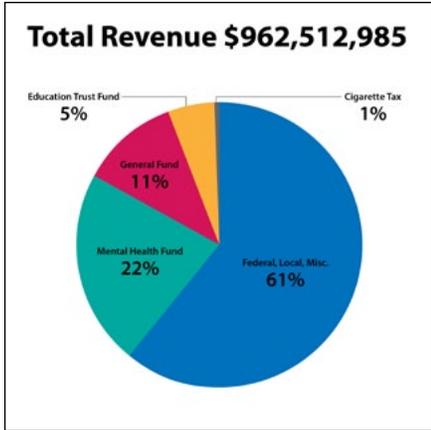
SUPPORT

Alicia has experienced both tragedy and success in her young life. Alicia went to live with her sister in 1996 after the death of her parents. She now lives at the residential program at the Arc of Walker County. Alicia always exhibited the skills and abilities to be more independent, and expressed that she would like to work in the community. In May 2014, she interviewed and was hired at Full Moon BBQ in Jasper. She has really blossomed! She is always on time and is enthusiastic about her job. She works in all areas of the restaurant, achieving success. Alicia's bubbly attitude is contagious. Alicia loves her job and her coworkers, and management staff love her and the job she does.

Alicia also expressed that she wanted to become physically fit and has joined a weight loss group (TOPS), has a gym membership at Planet Fitness, and proudly boasts that she has lost 22 pounds in the past year and is working hard to lose 10 more pounds. She says she is feeling great and serves as an inspiration to her friends and peers.



FISCAL YEAR 2018 STATISTICS

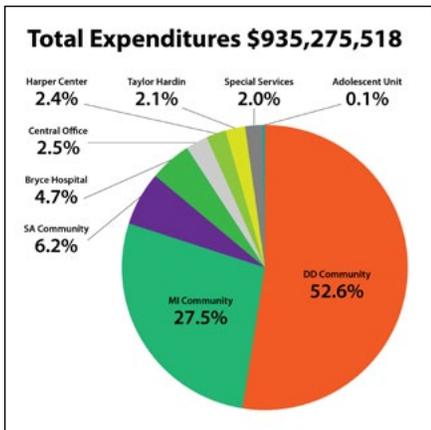
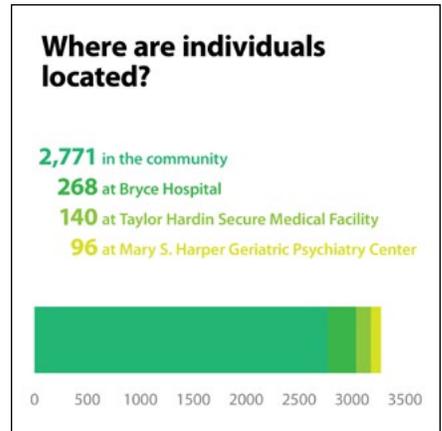


252

people taken off the DD wait list

149,785

people served



60

school systems participating in School-Based Mental Health

438,548

possible individuals received prevention services

STATE FACILITIES



Bryce Hospital

Bryce Hospital was established in 1861 in Tuscaloosa. Bryce Hospital is responsible for the provision of inpatient psychiatric services for adults throughout the state. Bryce Hospital offered 268 beds in FY 2018.



Mary Starke Harper Geriatric Psychiatry Center

Mary Starke Harper Geriatric Psychiatry Center was established in 1996 on the campus of Bryce Hospital. The Harper Center is responsible for the provision of inpatient psychiatric services to elderly citizens throughout the state. Harper Center offered 96 beds in FY 2018.



Taylor Hardin Secure Medical Facility

Taylor Hardin is responsible for providing comprehensive psychiatric evaluation/treatment to the criminally committed throughout the state and forensic evaluations to the Criminal Courts for the state of Alabama. It is the only maximum security forensic facility operated by the ADMH. Taylor Hardin offered 140 beds in FY 2018.

CONTACT US

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