

CAHABA BOARD FOR MENTAL HEALTH

310 PLAN FOR FISCAL YEARS 2020 and 2021

Mission Statement

It is the mission of the Board to provide a comprehensive array of services to the citizens of Dallas, Perry, and Wilcox counties, including, but not be limited to the citizens of Selma, Orrville, Valley Grande, Marion, Uniontown, Camden and Pine Hill. These services shall include, but not be limited to, mental illness and developmental disabilities. They shall include prevention and treatment as per Act 310 of Alabama Law.

Population

Cahaba Center for Mental Health serves Dallas, Perry, and Wilcox counties. These counties have an average of 34% of the population living in poverty, compared to the state average of 17%. The average per capita income in these counties is less than sixteen thousand dollars. A total of approximately 58,000 people live in this area.

Funding Resources

Cahaba Center receives funding from state and federal funds, private pay, private insurance, the United Way, the Clara Weaver Parrish Charitable Trust, the George Evans Charitable Golf Tournament, local government, and other contributors.

Services Provided

Outpatient counseling and psychiatric services – Selma, Marion, and Camden
Early Intervention Services – covering all three counties; provided in the home or daycare
Day Services for Adults with Developmental Disabilities – Selma and Camden
Group Homes and Apartments for Adults with Developmental Disabilities – Selma
Group Homes and Apartments for Adults with Mental Illness – Selma and Uniontown
Crisis Services – covering all three counties
Adult In-Home services – Dallas County
Child and Adolescent In-Home services – Perry, Wilcox, and Dallas Counties
Child and Adolescent Outpatient – Selma, Marion, and Camden
Juvenile Court Liaison – covering all three counties
Case Management – covering all three counties
Rehab Day Programs – Selma, Marion, and Camden

- Goal Two – To continue to maintain financial stability of the Center.
- Goal Three – To continue to improve access to care through walk-in clinics, flexible scheduling, emergency services, and use of telemedicine.
- Goal Four – To continue the process of Performance Improvement.
- Goal Five – To continue to provide services that meet applicable standards and contract requirements.
- Goal Six – To continue to provide a safe, welcoming, effective treatment environment.
- Goal Seven – To continue to recruit and retain appropriate staff.
- Goal Eight – To continue to provide transportation as available to improve access to services.
- Goal Nine – To continue to assist individuals in finding job opportunities, safe and affordable housing, and positive recreational opportunities as appropriate.
- Goal Ten – To continue to develop and enhance community partnerships to improve the areas we serve.