

COVID-19 (Coronavirus) In-Home Check-in Guidance

The Division of Development Disabilities Services is committed to the health and safety of the people we serve. Ensuring that individuals living in their own or family homes have appropriate contingency plans (e.g., safety, emergency and back-up plans) in place is important. Below is guidance and a tool for Support Coordinators to use in their interactions with individuals and families. Please utilize completion of this tool as documentation indicating inquiries about these issues have occurred with individuals. Please report challenges with obtaining medications, PPE and DME to community service director via email.

Medical Supplies and Needs

- Ensure that individuals and families have medications (including over-the-counter medicines) as well as medical equipment supplies (e.g., C-PAP supplies, g- or j- tubes, etc.) and hygiene supplies (e.g., incontinence supplies, gloves, etc.) on hand.
 - Help individuals and families to make alternative plans, if necessary, to their normal processes of refilling prescriptions and obtaining supplies. This could include discussing using mail-order or delivery of these items and/or contacting their healthcare provider to obtain extra medications and supplies
- The goal is not to cause panic or to excessively stockpile. The purpose is to ensure that there is a plan in place to support the individual if the normal method or process of obtaining necessary medical items is not available.

Plans & Strategies

- Support Coordinators should discuss the plan for supporting the individual should they or their primary support becomes ill. This would include assessing the supports necessary for the individual if quarantine is required.
 - Do the available resources, services, and supports in place meet the needs or are there alternatives available that need to be explored, including consideration of temporary relief care in another setting.
- Support Coordinators should also discuss with the individual and/or family regarding extended family in the area and community connections, including neighbors and local organizations that can provide support, resources, and information.
 - Is there a need to find additional people to become enrolled as a personal support worker?
 - If the individual lives with family, who is the point of contact if the parent/primary support becomes ill. Discuss support coordinator involvement.
- The primary goal is ensuring that if the individual and/or their family or primary support were to need to quarantine or become ill, that the individual will be supported. The preparation and planning now will be key to ensuring as smooth a process as possible if the need arises.

Other Needs and Preparedness

- Discuss with the individual and/or their family what other household needs, including groceries, they might need if they were to need to stay home for an extended period. This would include discussing any needed supports and available methods to get these items, such as delivery.
- Be aware of other concerns that the individual or their primary support may have around COVID-19. Direct them to reliable resources (i.e., CDC, OHA)