

HOW TO DON A MASK

1. Place over nose, mouth and chin
2. Fit flexible nose piece over nose bridge
3. Secure on head with ties or elastic
4. Adjust to fit

- Providers are encouraged to wear a surgical mask (Blue Surgical Face Masks with Ear Loop Reorder No. 2201 are recommended) at all times when in the Residential or in-home setting.
- Providers should continue to abide by CDC's physical distancing guidelines and maintain a 6-foot separation from others when at all possible.
- Surgical masks protect other from your respiratory droplets that are spread when you talk, cough or sneeze.
- Providers should encourage Staff to not place their mask on any surface inside the setting to prevent cross contamination.
- There is a world-wide shortage of masks and DDD acknowledges they are difficult to obtain. In consult with our ADMH medical physician, home made masks can be worn when the surgical masks are not available. There are many simple ways to make masks and this would also might be a great activity to engage those you serve in. Churches and others in the community are also making masks and it might be good to let them know of your need.
- Wash your hands before applying and after removing masks. Discard masks in the trash.
- Properly store masks when not wearing, a paper sack is a good option. Fold the mask with the outside areas touching before placing in the bag.