



# Taylor Hardin Times

## November 2020

### **NATIONAL DIABETES MONTH**

Consider that while almost 30 million people in the U.S. have some form of diabetes, one in four don't even realize they're walking around with the disease. National Diabetes Month is an annual event each November to boost awareness about the risk factors, symptoms, and types of diabetes. If you've been recently diagnosed with either Type 1 or Type 2, or if you are considered pre-diabetic, hear the stories, check out the latest research, and connect with others who can help you on your journey to live a healthier life.



### **KEY DATES**

**November 10: Marine Corps  
Birthday**

**November 11: Veterans Day**

**November 13: World  
Kindness Day**

**November 14: World  
Diabetes Day**

**November 19: National  
Rural Health Day**

**November 26: Thanksgiving**

### **SENDING MAIL?**

If mailing a letter to your family member at THSMF, please include your family member's name in the address. Please remember, no packages are allowed.



### **WE WANT TO ANSWER YOUR QUESTIONS**

Have a question or comment about the newsletter? Contact Chloe Tilley by phone at 205-462-4543 or by email at [chloe.tilley@hardin.mh.alabama.gov](mailto:chloe.tilley@hardin.mh.alabama.gov). You can also mail in your questions to 1301 Jack Warner Parkway NE, Tuscaloosa, Alabama 35404.

## UPDATED VISITATION GUIDELINES

-Visitation will be by appointment only. Some visits will need to be scheduled individually. Please contact your loved one's assigned social worker to scheduled visitation.

-No visitors 18 years of age or younger.

-Visitation hours will be on Saturdays and Sundays from 9:00 am to 11:00 am and from 1:30 pm to 2:30 pm.

-Visitation sessions will be limited to a 30-minute time slot per patient. In effort for all family members to have adequate time with their loved ones, adherence to this will be strictly enforced. Therefore, it is strongly encouraged that visitors be on time.

-All visitors will be provided an approved mask before being granted admission into the hospital.

-Visitors will be screened to include going through a security screening checkpoint to monitor current temperature.

-Visitation will be limited to only one visitor at a time for each patient. Only the visitor immediately meeting with the patient will be admitted into the facility. Remaining persons/family members who wish to visit later must wait in their vehicle until it is their turn time to visit.

-Pictured identification will be required however no personal items will be allowed.

-No outside items will be permitted to include food, drink or clothing.

-Once granted entrance into the hospital, all visitors will be required to sanitize their hands prior to being escorted to the visitation area.

-Social distancing will be encouraged to include no physical contact.

-Masks must be kept on at all times by both the patient and the visitor.

-No food items (including vending machine items) are allowed during the visitation time.

## ADVOCATE'S CORNER



The patient right for this month is the Right to Protection From Harm. This patient right means that at no time should a patient be physically or mentally abused or neglected by staff. Taylor Hardin Secure Medical Facility has a zero tolerance policy for any form of verbal, emotional, or physical abuse, neglect, or exploitation by a staff member against a patient in our care. The Right to Protection from Harm encompasses patient protection from Physical Abuse, Verbal Abuse, Sexual Abuse, Neglect, Mistreatment, and Exploitation. Further information and definitions for these abuse categories are provided by Patient/Client Rights Training offered by the Alabama Department of Mental Health's Internal Rights Protection & Advocacy Program. Please contact 1 (800) 367-0955 if you are interested in learning more. If a patient reports any allegations of abuse to you, please report this to Taylor Hardin Secure Medical Facility or the ADMH Advocacy Line referenced above! All patient rights violations undergo in-depth investigations.