



R.O.S.S. WEEKLY SCHEDULE

COME JOIN US!!!!

MONDAY

Mighty MEN of RECOVERY (LIVE AND VIRTUAL) (6:00 – 7:00pm)

TUESDAY

OP SUPPORT GROUP (10am-11am) & (11am-12pm)

WOMEN'S SUPPORT GROUP (6:00 – 7:00pm)

WEDNESDAY

VETERAN'S SUPPORT GROUP (6:00 – 7:00pm)

“BEYOND THE TRACKS” HA GROUP (5:30 – 6:30 pm)

SUPPORT GROUP (ONLINE) 6:00-7:00pm)

THURSDAY

LGBTQ SUPPORT GROUP (6:00 – 7:00pm)

OPEN MIC/KARAOKE (7:00-9:00pm)

FRIDAY

CO-OCCURRING SUPPORT GROUP (LIVE AND VIRTUAL) (6:00 – 7:00pm)

“WE DO” RECOVER NA GROUP (7:00-8:00pm)

SATURDAY

BINGO 1st 2nd & 3rd Sat. (1pm-3:00pm)

**SPADES TOURNAMENT 4th Sat. (2pm-4pm)
(SPORTS, GAMES, FOOD, AND MOVIES)**

SUNDAY

CO-DEPENDENCY GROUP 12:30 – 1:30pm

AFTERCARE SUPPORT GROUP 5:00 – 6:00pm

3616 5th Avenue South

Birmingham, AL 35222

Email: rossbhm4us@gmail.com

Website: ross4u.org

24/7 HELPLINE 844-307-1760