

#### **SENDING MAIL?**

Be sure to include a return address on all mail sent in.
If you send are sending a check or money order, it
must have ALL INFORMATION filled in properly.

Family Education Meetings are scheduled for the THIRD Friday of each month from 3:00 pm - 3:30 pm

Zoom ID: 545 674 8107

# **Visitation Policy**

- Visitation will be by appointment only. Please contact your loved one's social worker to schedule.
- All visitors must be 18 years or older.
- Visitation hours will be on Saturdays and Sundays from 9:00 am to 11:00 am and from 1:30 pm to 2:30 pm.
- Sessions will be limited to 30 minutes a time-slot per patient. Please arrive on time.
- All visitors will be provided an approved mask upon admission into the hospital. Masks must be kept on at all times by visitor and patient. Visitors will be screened to include going through a security screening checkpoint to monitor current temperature.
- Limited to one visitor at a time for each patient. Only the visitor immediately meeting with the patient will be admitted to the facility. Remaining persons/family members who wish to visit must wait in their vehicle until it is their turn to visit. Picture identification is required. No personal items will be allowed. No food, drinks, or gifts/packages allowed.
- Once granted entrance to the hospital, all visitors will be required to sanitize their hands prior to being escorted to the visitation area.
- Social distancing will be required along with no physical contact

### **February's Interesting Facts**

- Month for Aquarius and Pisces
- Birthstone Amethyst
- Flower Primrose
- Abraham Lincoln and Fredrick Douglass were born in February

## **MARK YOUR CALENDAR!**

- February 1 National Freedom Day
- February 2 Groundhog Day
- February 3 National Women Physicians Day
- February 14 Valentine's Day
- February 15 President's Day
- February 16 Fat Tuesday
- February 15 Paczki Day
- February 15 Fastnacht Day
- February 17 Ash Wednesday
- February 19 Caregivers Day

# **Black History Month**

Black History Month is an annual celebration of achievements by African Americans and a time for recognizing their central role in U.S. history. Also known as African American History Month, the event grew out of "Negro History Week," the brainchild of noted historian Carter G. Woodson and other prominent African Americans. Since 1976, every U.S. president has officially designated the month of February as Black History Month. Other countries around the world, including Canada and the United Kingdom, also devote a month to celebrating Black history.



#### WE WANT TO ANSWER YOUR QUESTIONS

THSMF's Main Telephone number is (205) 462-4500. You may choose to use the automated system in which you select a number for the department and then the staff member you want to speak to. If you have a question related to treatment progress, Treatment Team meetings, visitation, etc. and want to speak with a social worker, you may call directly as listed below:

Lori Ellard, Director of Social Work (205) 462-4650

Melinda Bennett, Placement Coordinator (205)
462-4659

Brittany Hall, ACE Program (205) 462-4562

Sarah Garner, BEST Program (205) 462-4656

Jessica Hanby, BEST Program (205) 462-4658
Chloe Tilley, CARE Program (205) 462-4543
Gabrielle Franklin, CARE Program (205) 462-4651
Brittney McCreary, DREAM Program (205) 462-4655