



CONTACT

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PARTNERS

The Alabama Department of Mental Health (ADMH), in partnership with the Alabama Department of Rehabilitation Services (ADRS) and community partners, aims to support the recovery of people with mental illness through meaningful and competitive employment, through Individual Placement and Support (IPS). IPS is an evidence-based practice that leads to an increase in successful employment outcomes for people with serious mental illness.

Refer to these pages for more information:

mh.alabama.gov/supported-employment-program

rehab.alabama.gov/services/vr/vr



SERVE EMPOWER SUPPORT



Individual Placement and Support (IPS) is an evidence-based service model aimed to assist people with serious mental illness (SMI), to include co-occurring substance use disorders, in obtaining and maintaining competitive jobs based upon their preferences.

Benefits of Work for People with Serious Mental Illness

- Increased self-esteem
- Better control of psychiatric symptoms
- Reduced psychiatric hospitalizations
- Reduced criminal justice involvement
- Increased self-sufficiency
- Decreased dependence on others

TEAMS

Participating providers include the following:

AltaPointe Health (Mobile)

altapointe.org

Central Alabama Wellness (Chilton & Shelby)

centralalabamawellness.org

Montgomery Area Mental Health Authority (Montgomery)

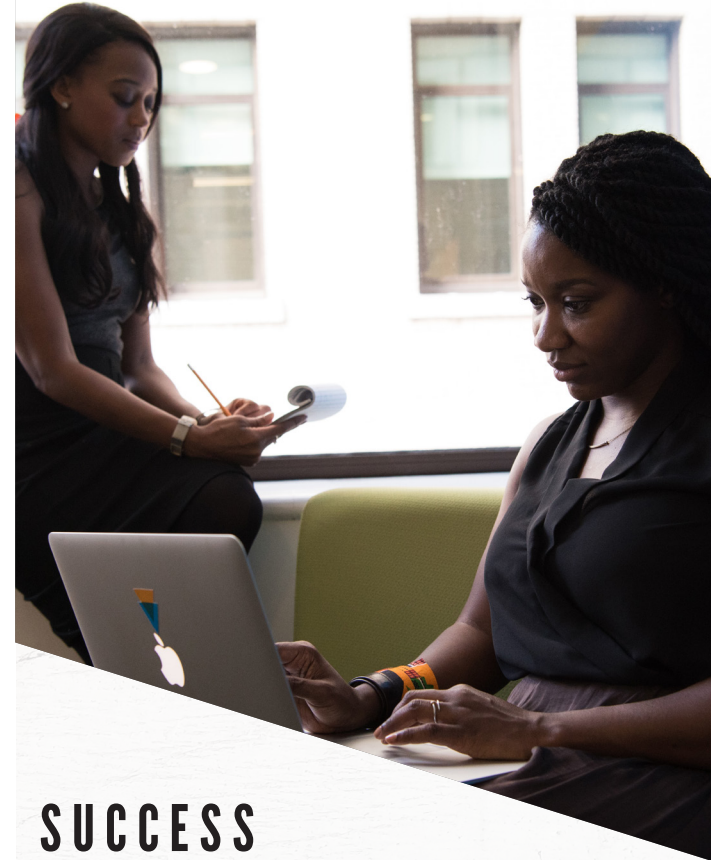
mamha.org

Studies show that sixty percent of people with serious mental illness want to work, but only about fifteen percent are employed. IPS offers the opportunity for increased self-esteem, better control of psychiatric symptoms, increased self-sufficiency and decreased dependence on others.

“Programs like IPS act as bridge between our recipients and businesses, we provide employee matching, so that individuals are in the right settings based on their skills, experience and abilities,” said Commissioner Kimberly Boswell.

“We’ve seen results of this program, as it changes lives. IPS helps to create a recovery-oriented culture, while sending messages of hope, wellness, zero exclusion and the value of work.”

The Alabama Department of Mental Health recognizes work as a social determinant of health. National research demonstrates unemployment in general correlates with illness, substance abuse, domestic violence, lack of social connection, and other adverse outcomes.



SUCCESS

Since the inception of IPS in Alabama, March of 2015, 263 and counting Alabama businesses have played a vital role in the success of individuals achieving their goal of employment. On average, IPS-Supported Employment is nearly three times more effective than other vocational approaches in helping people with mental illness work competitively at a job of his or her preference.¹

To highlight success stories of IPS the Alabama Department of Mental Health (and Alabama Department of Rehabilitation Services) are showcasing a series of videos of actual clients and employers discussing the benefits of the program.

The videos can be viewed on the ADMH YouTube channel at youtube.com/user/ALMentalHealth

¹ Westat Supported Employment Policy Bulletin - # 2

