



STATE OF ALABAMA
DEPARTMENT OF MENTAL HEALTH
RSA UNION BUILDING
100 NORTH UNION STREET
POST OFFICE BOX 301410
MONTGOMERY, ALABAMA 36130-1410
WWW.MH.ALABAMA.GOV



MEMORANDUM

To: ADMH Central Office and Regional Offices Staff

From: Kimberly G. Boswell, Commissioner *KGB*

Date: January 14, 2022

RE: COVID-19 Quarantine and Isolation Protocol Update

Earlier this week, the Centers for Disease Control and Prevention (CDC) updated the guidelines regarding the above. The new guidelines reduce the quarantine and isolation periods to 5 days and add a mask requirement for an additional 5 days once the restricted period is completed. Employees who are severely ill with COVID-19 should isolate for at least 10 days. These employees should consult their doctor before ending isolation. The ADMH is implementing new protocols to reflect this change. Effective immediately, all quarantine periods will be limited to 5 days and employees may return to work with the requirement they wear a mask for an additional 5 days. Supervisors should apply the new requirements to any employee currently quarantined or isolated.

An updated version of the Supervisor Reporting Sheet and the Protocols for Employees and Supervisors will be available on our website soon.

Supervisors and Employees are urged to remain aware of all active ADMH COVID-19 Protocols daily and adhere to the following:

1. Employees conducting home and site visits who will be entering client homes and/or facilities are required to wear face masks and other personal protective equipment.
2. Mitigation Strategies such as social distancing, consistent handwashing, and cleaning of workstations daily serves as the best protection against COVID-19.
3. Employees should continue to daily monitor their health condition with particular attention towards COVID-19 related symptoms before arriving to work.
4. Employees who believe their symptoms are COVID-19 related should contact their supervisor and are encouraged to get tested.

All ADMH supervisors and employees should read and follow current protocols which will be accessible on our website. Should you have questions regarding COVID-19 Protocols, you may contact Bryan Penn at Bryan.Penn@mh.alabama.gov.

Commissioner's Memo
COVID-19 Quarantine and Isolation Protocol Update
January 12, 2022
Page 2

Questions regarding leave or other personnel issues can be addressed to Lynn Hubbard (lynn.hubbard@mh.alabama.gov) or Brooke Hibbard (brooke.hibbard@mh.alabama.gov).

Supervisor reporting sheets should be submitted to Covid.report@mh.alabama.gov

Your continued support and diligence is appreciated.