

## CALCULATING QUARANTINE DATES

- Date of Incident (Contact, Positive Test, first day of symptoms related to travel) is Day 0
- Quarantine/Isolation begins the following day: Day 1
- Employee may return to work the day after quarantine ends.

**Example:** Employee was in close contact with a person diagnosed with COVID on **August 10**

Date of Close Contact: 8/10 (Day 0)

Quarantine Dates: Start: 8/11 (Day 1) End: 8/15 (Day 5)

Employee can return to work 8/16 and is required to wear a mask.

Dates Mask is Required: Start: 8/16 (Day 6) End: 8/20 (Day 10)

**Example:** Employee tested on **August 4** the test results were received 2 days later and were positive.

Date Tested: 8/4 (Day 0)

Quarantine Dates: Start: 8/5 (Day 1) End: 8/9 (Day 5)

Employee can return to work 8/10 and is required to wear a mask

Dates Mask is Required: Start: 8/10 (Day 6) End: 8/14 (Day 10)

**Example:** Employee traveled from August 1 through August 10 and began having symptoms on August 8:

Date Symptoms Began: 8/8 (Day 0)

Quarantine Dates: Start: 8/9 (Day 1) End: 8/13 (Day 5)

Employee can return to work 8/14 and is required to wear a mask

Dates Mask is Required: Start: 8/14 (Day 6) End: 8/18 (Day 10)