

## Alabama Department of Mental Health SUBSTANCE ABUSE TREATMENT SERVICES

The Alabama Department of Mental Health contracts with community based providers throughout the state to offer substance abuse outpatient and residential services.

The process begins with a screening and assessment. Find a Provider by visiting our Directory at <https://mh.alabama.gov/providers-search/>.

If an individual is in need of treatment, upon initial contact with a provider, a screening is done to determine eligibility for substance use disorder services. A screening with a score of two or more positive responses indicate high risk and will lead to the assessment.

The assessment will determine the appropriate services needed and the recommended level of care. State funded providers offer services on a sliding fee scale which is based on income, resulting in low or no cost services to persons with low income.

**For more Information:**  
334-242-3962 · [www.mh.alabama.gov](http://www.mh.alabama.gov)



Golden Hope by April  
featured in the 2019 ADMH Capitol Art Showcase

*I had a mental breakdown and became addicted to several substances, but I saw my way out of the darkness with the help of a friend. One of the best things that came out of all that, was I taught myself how to create [art] and this became my escape instead of the drugs.*

-April

**Are you a family member or friend struggling  
with addiction or in need of support?**

**Call the R.O.S.S. 24/7 HELPLINE 1-844-307-1760**



## Substance Abuse Treatment Services Offered By ADMH Providers

**Adolescent Services:** Adolescent services are offered for 13-18 years of age. Providers offer services from outpatient to residential. Adolescent treatment programs can help build a strong foundation for long-term recovery.

**Adult Services:** Adult services are offered for 18 and older. Treatment providers offer withdrawal management (formerly known as detoxification), residential treatment, intensive outpatient treatment, outpatient treatment, and medication-assisted treatment. One or more of these services is offered in 59 of Alabama's 67 counties.

**Co-Occurring Services:** Co-Occurring treatment programs specialize in treating mental health disorders and substance use disorders concurrently. Services are available in Calhoun, Chilton, Cullman, Dale, Jefferson, Lauderdale, Mobile, Montgomery, Morgan, and Shelby counties.

**Medication-Assisted Treatment (MAT),** including opioid treatment programs (OTPs), combines behavioral therapy and medications. The medications used to treat opioid addiction include buprenorphine (Suboxone, Subutex), methadone, and naltrexone (oral medication or injectable form known as Vivitrol).

There are 21 certified OTP programs in Alabama. Some OTP's offer additional medications (buprenorphine, naltrexone) in addition to methadone. A person may also receive buprenorphine from an office-based doctor who has specialized training. Naltrexone may be provided by any doctor. Services are available in Calhoun, Chilton, Colbert, Cullman, Dale, Etowah, Houston, Jackson, Jefferson, Madison, Marion, Mobile, Montgomery, Shelby, Tuscaloosa, and Walker counties.

**Women's Services:** Women's treatment must address the physiological responses to substance use, medical problems and disorders, pregnancy, relationships, trauma, socioeconomic issues, culture, co-occurring disorders, relevant recovery support, and continuing care. ADMH receives funding under the Federal Block Grant for pregnant and parenting females. Females eligible to enter must be pregnant; or have care and custody of dependent children or have lost custody of dependent children and have the potential for family reunification. Children can accompany mom to treatment. Pregnant women have priority admission to ALL certified treatment providers in Alabama and there are NO admission fees for pregnant women and women with dependent children.