



2022

Alabama Opioid Overdose and Addiction Council

Kat House, State Opioid Coordinator
July 20, 2022

Welcome

- ▶ Commissioner Boswell, Alabama Department of Mental health
- ▶ Dr. Scott Harris, Alabama Department of Public Health
- ▶ Clay Crenshaw, Attorney General's Office



2022

Alabama Opioid Overdose and Addiction Council

- Welcoming Remarks and Updates –
Commissioner Boswell
Dr. Scott Harris
Clay Crenshaw
- Opioid Settlement Update – Clay Crenshaw
- Committee Reports – Kat House – State Opioid Coordinator
 - i. Data – Dr. McCurry/Nancy Bishop
 - ii. Law Enforcement - Darrell Morgan/Donna Oates
 - iii. Treatment and Recovery Support – Nicole Walden/ Dr. David Albright
 - iv. Community Outreach and Engagement – Beverly Johnson/Dr. David Albright
 - v. Rescue – Dr. Wilson/Dr. Traffanstedt
 - vi. Prescriber/Dispenser Practices – Dr. Traffanstedt/Matt Hart
 - vii. Workforce – Dr. David Albright Stephen Smith/Jacquie Allen
 - viii. Maternal Child Health/Substance Use Committee – Honour McDaniel/Suzanne Muir
- Other Council business
- Community Events Announcements
- Meeting Dates:
 - November 16, 2022





Opioid Settlement Update

Clay Crenshaw



2022

Committee Reports

DATA

Dr. McCurry, ADMH
Nancy Bishop, ADPH

GOAL

Continue to develop the CDR in order to provide rapid access to current data from various statewide agencies to address the opioid crisis.



Data Committee

► Oversight:

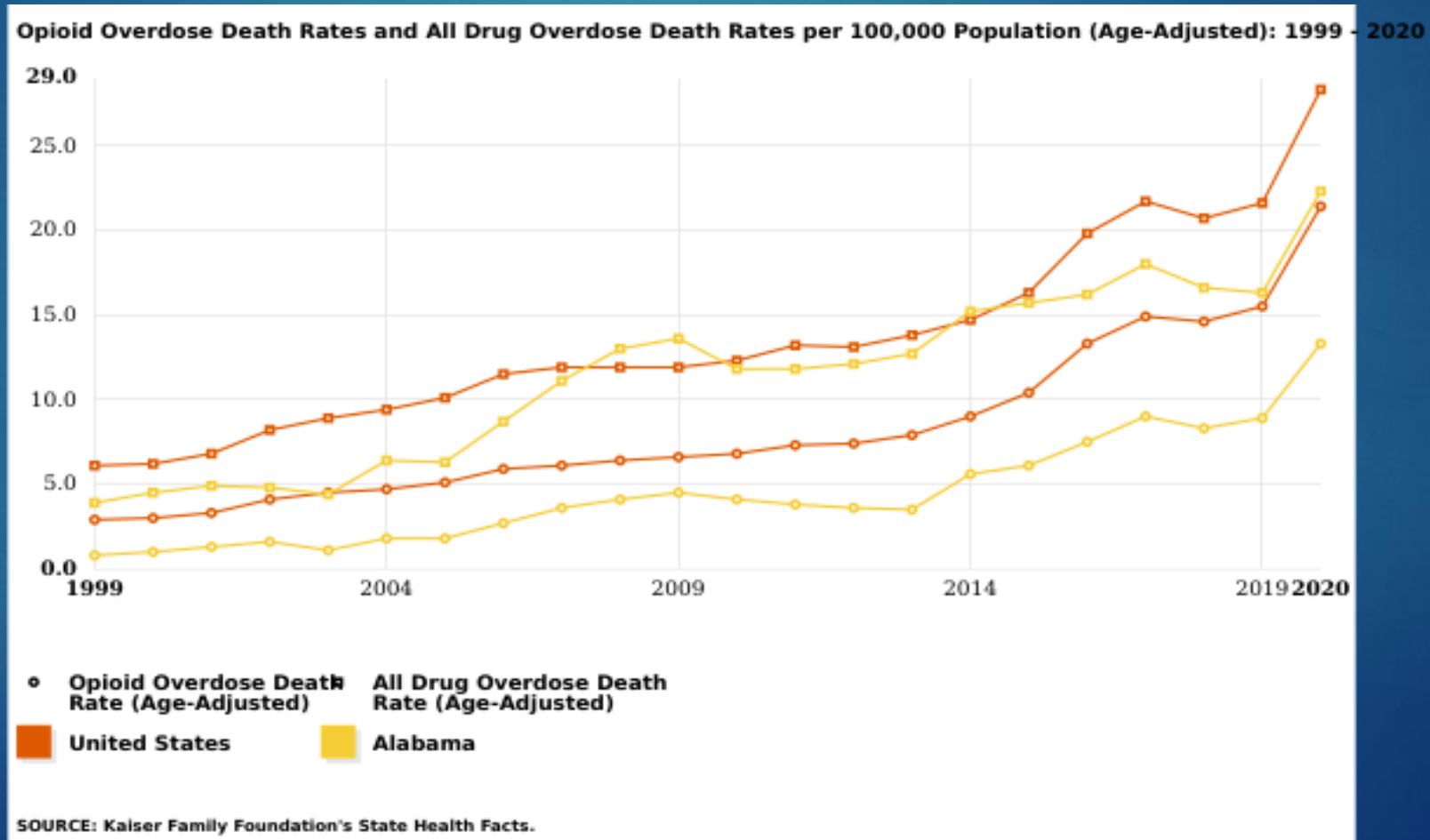
- Committee and the CDR Governance Board both meet bi-monthly

► Data Updates:

- AL Drug Arrest Data is no longer available
- BCBSAL providing treatment and prescription data

Opioid Overdose Deaths

- Nationwide - opioid overdose deaths have skyrocketed in 2020
- Opioids continue to account for nearly all drug-related opioid deaths



LAW ENFORCEMENT

Darrell Morgan, ABPP
Donna Oates, AOC

GOAL

Continue to develop targeted objectives to increase awareness of resources to address the opioid abuse crisis for members of the law enforcement community.



OBJECTIVE

Continue to monitor the number of new recruits and seasoned law enforcement officers who receive the Being Prepared: Behavioral Health Issues (8 hours) and Refresher: Behavioral Health Issues (4 hours) offered in Alabama's Law Enforcement Academies.

- Monitoring continues this effort, and the numbers are expected to remain the same in 2022.
- The committee will discuss the need to continue to work on this objective, since it has been well established and protocols are in place for this to be continued.

OBJECTIVE

Create initiatives to increase awareness of the availability of Naloxone kits and other opioid related resources for law enforcement.

- From Jan 1 – June 30, 2022 – 2,962 kits have been sent to law enforcement officers across the state. From Jan 1 – Dec 31, 2021, a total 9,995 kits were sent out.
- Speaking engagements:
 - Committee member – Sean Malloy will be presenting on behalf of the committee at the ACCD Fall Conference on Officer's Self-Health.
 - Two speakers from the Opioid Response Network have been secured to speak at the CRO/Community Corrections/Drug Court Joint In-Service conference in October regarding MAT and Criminal Justice.
- Alabama Board of Pardons and Paroles has been working on policies for officers to begin to carry naloxone. ADMH will be supplying the naloxone kits. Oversized business cards will be given to every probation officer to have on hand when they make home visits. The cards will have information about the 24/7 helpline and how to get naloxone kits put in the hands of every person and family visited. Expected start date: Aug 2022.
- ADMH through their Project Freedom grant has offered to provide training for probation officers throughout the state on Opioid Hazard & Safety Training, Compassion Fatigue, Secondary Trauma & Burnout Among Law Enforcement, and Mental Health First Aid for Public Safety, talks are still ongoing.
- Alabama Law Enforcement Naloxone Use and Training survey was sent out and the committee will review the survey results at the next meeting.

OBJECTIVE

Establish a workgroup to explore the use of fentanyl test strips in Alabama.

- Completed:
- ADMH – Office of Substance Abuse Treatment Services is working on a plan on how the strips will be available for those who request a naloxone kit.

TREATMENT AND RECOVERY

Nicole Walden, ADMH

GOAL

Expand the quality/availability of evidence-based treatment for persons with opioid use disorders.



OBJECTIVE

Increase the number of drug courts who allow the use of MAT.

Nicole Walden

- In conjunction with the Law Enforcement sub-committee, ORN is sponsoring two speakers to present MAT at the Alabama Court Referral Conference in October 2022.
- To continue to provide information on MAT, all drug courts will be getting the following:
 - Opioid Response Network - Justice, Corrections and Medicine Building Collaboration Across System
 - Cultivating Law and Medicine Partnerships to Support Justice- Involved Individuals with Substance Abuse Disorders.
- AOC and ADMH are sending out initial surveys to drug courts and to providers of treatment services
 - Baselines will be established: how many courts allow MAT & how many providers have an officially established relationship with drug courts
 - Measure again at 12 months

OBJECTIVE

Expand relationships with certification exempt recovery support services providers.

ASAP – Byron Jackson and Seyram Selase

- Partner with ASAP (Agency for Substance Abuse Prevention) in implementing the Faith Based Support Specialist Program.
- After the first two trainings, 57 individuals were trained and are certified as a FBSS. 49 are currently registered for the Region 3 and 4 trainings.



The poster features a top section with a blue sky and white clouds, containing the FBSS logo (a sunburst over the letters 'FBSS') and the text 'FAITH BASED SUPPORT SPECIALIST'. Below this is an orange section with the title 'FAITH-BASED SUPPORT SPECIALIST TRAINING CONFERENCE LOCATIONS & DATES'. The locations and dates are listed in a two-column format. At the bottom, logos for ASAP (Agency for Substance Abuse Prevention) and the Foundation for Opioid Response Efforts are displayed, followed by contact information for more information and registration.

FBSS
FAITH BASED SUPPORT SPECIALIST

**FAITH-BASED
SUPPORT SPECIALIST
TRAINING CONFERENCE
LOCATIONS & DATES**

Oxford, Alabama March 31-April 1	Huntsville, Alabama June 23-24
Montgomery, Alabama September 22-23	Mobile, Alabama December 8-9

ASAP! AGENCY FOR SUBSTANCE ABUSE PREVENTION  **Foundation for
Opioid Response Efforts**

MORE INFORMATION AND REGISTRATION AT:
256-525-8191 | FBSS.ASAPREV.COM | BYRONAJACKSON@GMAIL.COM

OBJECTIVE

Increase the adoption of SBIRT as a standard of care by health systems and providers in Alabama.

Shanna McIntosh

- Expand, promote, and integrate SBIRT into five new public systems of care by September 30, 2022, to increase capacity to identify and address substance use disorders.
 - Presented Motivational Interviewing to University of South Alabama for Grand Rounds
 - SBIRT Implementation Training for ADPH New staff
 - Brief Negotiated Interview Training for Head Injury Foundation Staff
 - SBIRT Implementation for West Alabama Area on Aging (28 staff trained)

- Website: <https://vitalalabama.com/sbirt/about-sbirt/>

OBJECTIVE

Develop and track the opioid overdose initiatives.

OXFORD HOUSES

Nicole Walden

- **Continue recovery housing efforts through a partnership with AARR (Alabama Alliance For Recovery Residences) and Oxford House.**
 - ADMH continues to fund the Oxford Houses of Alabama, which is an evidenced based model of recovery housing. During FY22 (October 1-May 31), 2465 residents resided in an Oxford Houses. FY 2021 692 resident were served.
 - There are currently 42 Oxford Houses in Alabama, which is an increase of eight houses since the last report. Three current houses are pending approval.
 - Fifteen Recovery Housing entities are eligible for recovery housing funding through ADMH. This is an increase of three since the last report.
 - During FY22 (October 1- May 31), 96 individuals (both with an OUD or SUD) received financial assistance from an ADMH approved recovery house.
- **Develop language that is inclusive of faith-based organizations – work is still in progress.**

R.O.S.S. HELPLINE

Nicole Walden

- Calls volume - June 21- June 22 – 9,631
- Call volume - June 2020 – June 2021 - 9,465

A poster for the R.O.S.S. Helpline. The top half features a blurred background image of a person's hands holding a smartphone. Overlaid on this image is the text "24/7 Helpline" in a large, bold, white sans-serif font, followed by the phone number "844-307-1760" in a slightly smaller, bold, white sans-serif font.

24/7 Helpline
844-307-1760

Are you, or a family member, struggling with addiction or in need of support?
Do you prefer chat? Live chat is available through our website: www.rosshelpline-tu.org
Want to send an email? Send us a message: helpline-tu.als@gmail.com

Every call, live chat and email is answered by a person in recovery at:
RECOVERY ORGANIZATION OF SUPPORT SPECIALISTS
R.O.S.S.

Addiction is a disease, not a moral failing.

All services are confidential and free, made possible through funding from ADWII and SAMHSA.

The SAMHSA logo, consisting of a circular seal on the left and the text "SAMHSA" in a bold, sans-serif font on the right.

Naloxone – Criminal Justice

Nicole Walden

- Cost dropped for Naloxone on June 11, 2022 which has increased our ability to purchase more.
- Supply Naloxone to persons identified as having an OUD leaving criminal Justice Correctional Facilities.
- Have begun work in identifying which drug courts and jails are interested in partnering with us on identifying those individuals who have an opioid or stimulant use disorder.
- Working with the Law Enforcement Committee - ADMH will be supplying AL Board of Pardons and Paroles naloxone kits in August.
- Currently writing SOR 3 in which requires the development of a Saturation Plan regarding naloxone distribution.

CDR – Tracking Overdose/Deaths

Chris Sellers

- ▶ 18% increase in DATA-waived providers since 2019.
- ▶ 17 Counties do not have DATA-waived or Opioid Treatment Providers.

County	DW 30	DW 100	DW 275	OTPS	County	DW 30	DW 100	DW 275	OTPS	County	DW 30	DW 100	DW 275	OTPS
Autauga	1	2	0	0	Dallas	0	0	0	0	Marion	1	0	1	1
Baldwin	16	5	7	1	DeKalb	3	3	1	0	Marshall	11	1	8	0
Barbour	0	0	0	0	Elmore	3	1	0	0	Mobile	51	25	9	3
Bibb	8	13	0	0	Escambia	3	2	0	0	Monroe	2	1	0	0
Blount	0	0	0	0	Etowah	9	8	7	1	Montgomery	16	10	8	1
Bullock	0	1	0	0	Fayette	0	0	0	0	Morgan	4	6	7	0
Butler	0	2	0	0	Franklin	1	1	0	0	Perry	1	1	0	0
Calhoun	4	6	4	1	Geneva	1	1	0	0	Pickens	1	1	0	0
Chambers	0	1	0	0	Greene	0	0	0	0	Pike	1	1	0	0
Cherokee	1	0	0	0	Hale	0	0	0	0	Randolph	0	0	0	0
Chilton	2	0	1	1	Henry	0	0	0	0	Russell	0	0	0	0
Choctaw	0	0	0	0	Houston	7	6	7	0	Shelby	3	3	2	1
Clarke	0	0	0	0	Jackson	4	2	0	1	St. Clair	0	1	1	0
Clay	1	0	2	0	Jefferson	232	67	64	4	Sumter	0	0	0	0
Cleburne	0	0	0	0	Lamar	0	0	0	0	Talladega	7	2	1	0
Coffee	0	0	0	0	Lauderdale	8	3	1	0	Tallapoosa	2	1	1	0
Colbert	2	4	3	1	Lawrence	2	2	0	0	Tuscaloosa	23	7	4	1
Conecuh	1	0	0	0	Lee	12	1	2	0	Walker	10	5	5	1
Coosa	0	0	0	0	Limestone	3	0	2	0	Washington	0	0	0	0
Covington	0	1	0	0	Lowndes	0	0	0	0	Wilcox	0	1	0	0
Crenshaw	0	0	0	0	Macon	1	1	0	0	Winston	4	1	2	0
Cullman	5	3	3	1	Madison	43	17	24	3					
Dale	3	0	1	1	Marengo	6	2	0	0					

Overdose Response Infrastructure Development

Racheal Puckett

- The Healing Network of Walker County's (hnwc.org) multi-year strategic plan includes establishing an overdose response infrastructure which builds on Jefferson County Dept. of Health's OD2A grant.
- JCDH's regional real-time public health intervention dashboard revealed Walker County has more non-fatal overdoses per capita compared to the region, highlighting the importance of linkage to care for overdose survivors.
- JCDH expanded its monthly OD2A meeting to be a "Regional OD2A Taskforce." Healing Network partners attend to receive information, disseminate it to other partners, and deploy outreach accordingly. The Recovery Resource Center has held naloxone training events in Jasper (city center), as well as more rural areas like Parrish (June). The next event is scheduled for Carbon Hill (July 26) in NW Walker.
- At the beginning of 2022, the Healing Network added an ADPH representative to its steering committee to strengthen coordination with ADPH for local overdose response.
- In January 2022, the Healing Network convened JCDH, the Walker County coroner's office, and JC medical examiner to better understand overdose death data being reported, and initiate activities to ensure all parties have timely access to accurate information.

Naloxone Public Messaging Campaign

Nicole Walden


- R.O.S.S. and ADPH (funded through ADPH's OD2A grant) gas topper will be placed in counties with the highest overdose rates based on ADMH Saturation Plan.



Assessment ONLY Level of Care

John Bayles

- Recovery Resource Center (RRC) opened October 2021.
- October 2021 – to date
 - 2421 unduplicated clients - **increase of 946**
 - completed 1622 assessments - **increase of 665**
 - conducted 273 assessment updates – **increase of 104**
 - made 1982 referrals to treatment – **increase of 854**



Recovery Resource Center

A program of Crisis Center, Inc. - www.crisiscenterbham.org

- ✓ New pilot project with ADMH designed to **increase access to treatment**
- ✓ Model utilizes peers & clinical staff
 - 10 peer support specialists + 5 assessment specialists

- Same day, assessment services
- Walk-in or Appointment
- Locations in Jefferson & Walker Co

Telehealth assessment services available state-wide
205-458-3377

Info & Support	Assessment	Linkage & Referral
Peers conduct intake, discuss available options and provide follow-up services	Assessment specialists complete ADMH Placement Assessment based on ASAM Criteria to identify appropriate level of care	Assessments are sent to providers and clients receive info specific to target referrals

Collaborating to simplify the treatment process

Naloxone Information in ED at Discharge

Shanna McIntosh

- “Surviving an Overdose” rack cards created by VitAL and ADMH have been distributed through ROSS and PEIR to hospital ERs.

Worked with ALAHA to develop a plan to get the rack cards to the ERs.

ROSS and PIER will be setting up meeting with each hospital to deliver the rack cards and share about peer services starting in July.



SURVIVING AN OVERDOSE

WHAT NOW AND WHAT'S NEXT?

IN THE NEXT FEW HOURS...

Don't be alone. Stay with someone for at least four hours. They can call 911 if you pass out again, stop breathing or have other health problems.

Don't use more opioids. Even if you are feeling sick wait for the naloxone to wear off. Naloxone can cause serious withdrawals and make you want to use. If you do use, the naloxone in your system might prevent you from getting high. Even though you aren't high it doesn't mean you can't overdose again when the naloxone wears off. Naloxone alone is not a solution to overdose.

IN THE NEXT FEW DAYS...


Be prepared for physical withdrawals. As the days pass, you'll struggle with physical withdrawal.

Get a naloxone kit. Share with others if you have it. If you have overdosed once, you are at risk to do so again. Visit www.vitalalabama.com/free-narcan for access to free Narcan provided by the Jefferson County Department of Health.

Find someone to talk to. Overdosing can be scary for you and others witnessing the overdose. It can help to talk to someone you trust or someone who has been through the same thing. Contact the **24/7 Helpline** to talk to a recovery support specialist who understands your struggle and can provide you with support.

IN THE NEXT FEW WEEKS...

If it's time for a change. There are many treatment and recovery options. Find the one that fits you best, visit <https://mh.alabama.gov/>. When you are ready to consider recovery, there are recovery support specialists who are available to help. Whether you just want to talk or if you want to seek treatment, contact the **24/7 Helpline**.



EXPERIENCING AN OVERDOSE IS A CRISIS

STEP ONE

You survived, not everyone does. No matter your drug of choice, **surviving a drug overdose is an amazing thing.** Not everyone who overdoses will live through the experience. The important thing to do now is take steps to ensure that it never happens again. Next time might end very differently.


It may take you some time to see your overdose for what it really is, but regardless of whether you resume drug use after overdose or not, it is never the wrong time to say that you could use some help.

An overdose is not something to hide or bury under continued substance use. **You have been given a second chance** to change the direction of your life. Don't waste it.



STEP TWO

Reaching out for help. Deciding to get help puts you on a path to a better tomorrow. There are recovery support specialists who are in long term recovery who have been where you are and are waiting to help you on your journey to recovery.

Calling the **24/7 Helpline** makes the next step of healing available to you. Please call now!



This project is supported in part by the ADPH Bureau of Prevention, Promotion, and Support through a cooperative agreement with the CDC Grant number 5 NU17CE004964, Overdose Data to Action, Injury Prevention and Control Research and State and Community Based Programs Funding (25136).



Overdose Prevention

Shanna McIntosh

- Will be presented in the Provider Huddle meeting on July 26th and will be sent in a digital format so the agency can their logo and agency information on it and is available for download on the VitAL website.
- <https://eadn-wc02-6499256.nxedge.io/wp-content/uploads/2022/07/Overdose-Prevention-PDF.pdf>



Project Freedom North and South

Shanna McIntosh

- Treatment and Recovery works closely with the Rescue committee to cover first responders.
- Project FREEDOM expanded into 16 new counties in south Alabama. FREEDOM staff provide face-to-face training and Naloxone to first responders. The training addresses dangerous opioid and other licit and illicit drug safety, referral to treatment for follow-up services, Mental Health First Aid Training, and a refresher/follow up training on Narcan administration.
- Geographic catchment area:

Baldwin
Coffee
Dale
Geneva
Marion
St. Clair
Winston

Barbour
Conecuh
Escambia
Henry
Marshall
Shelby
Jefferson

Blount
Covington
Etowah
Houston
Mobile
Tuscaloosa

Butler
Crenshaw
Fayette
Jackson
Monroe
Walker

Clarke
Cullman
Franklin
Lawrence
Morgan
Washington

	2021	2022
First Responders have been equipped with Narcan	303	774
Overdoses has been reversed	14	53
First responder in drug safety	221	422
Community Opioid Safety Training Programs	4	1699
First Responders Trained in MHFA	0	65

Stop Judging Start Healing Stigma Summit

Shanna McIntosh

- When people with addiction are stigmatized and discarded, it only promotes the vicious cycle that is embedded in their disease. This summit will focus on the impact of stigma, MAT stigma, strategies for reducing stigma, communication, and much more.
- Hosted 7 Summits April 27 – May 13 for a total of 359 in attendance
 - Florence--39
 - Huntsville--48
 - Birmingham --105
 - Montgomery --65
 - Livingston --21
 - Andalusia--18
 - Mobile --63



Services Treatment Locator APP

Shanna McIntosh

- VitAL launched the app on July 18th
 - Number of downloads: 156 as of 7.19.22
- Designed to use with or without internet connection.
- What is in the APP?
 - Education and Information: Substance Use, Mental Illness, and Prevention
 - Medication/Syringe disposal locations
 - State and National Helplines
 - Treatment and Service Locator
- More features and updates to be released over the next year
- Visit for more information: <https://vitalalabama.com/community-resources/connect-alabama/>

Simplify Your Search



Help is in your hands

CONNECT ALABAMA
BEHAVIORAL HEALTH SERVICES
& TREATMENT FINDER

The Connect AL App
is Live!



Looking for substance and/or
opioid use disorder treatment?

Concerned about increased
feelings of worry and anxiety?

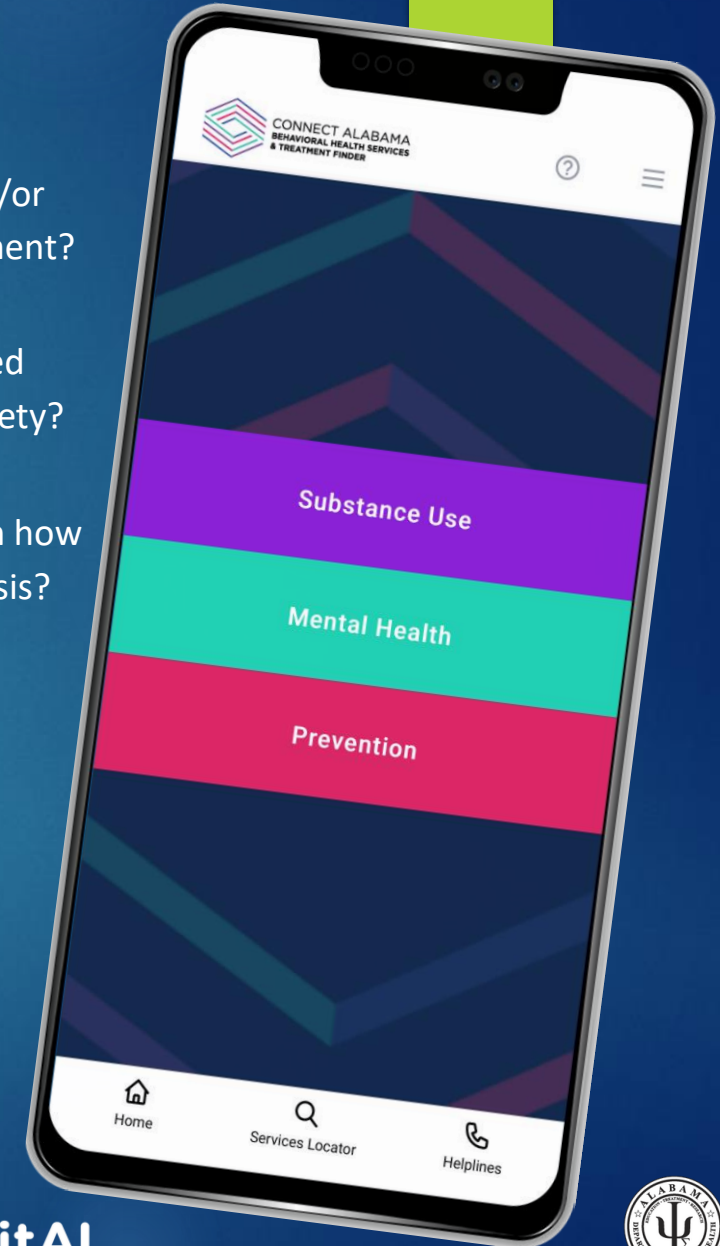
Looking for information on how
to help fight the opioid crisis?



Scan Me for Google PLAY



Scan Me for the App Store



For a launch toolkit please email:
Empress Searight esearight@ua.edu





CONNECT ALABAMA
BEHAVIORAL HEALTH SERVICES
& TREATMENT PHOENIX

DOWNLOAD THE
CONNECT ALABAMA
APP TODAY!



COMMUNITY OUTREACH AND ENGAGEMENT

Beverly Johnson, ADMH
Dr. David L. Albright, UA

GOAL

Increase outreach capacity of the Opioid Overdose and Addiction Council to educate and train individuals, communities, and organizations by providing culturally competent messaging to address the needs of diverse populations and mitigate behavioral risks that may be associated with opioid use/misuse.

OBJECTIVE

By the end of 2022, Community Engagement and Outreach will develop a Public Education Plan that will provide consistent language, messaging practices, and practical guidance as it relates to communicating with various populations/subpopulations.

Increase outreach capacity of the Opioid Overdose and Addiction Council to educate and train individuals, communities, and organizations by providing culturally competent messaging to address the needs of diverse populations and mitigate behavioral risks that may be associated with opioid use/misuse.

Carie Wimberly

- Connected with Candi Williams, State Director, AARP Alabama at the Community Engagement Subcommittee meeting.
- AARP Hosted a Facebook Live with AARP Regional Representatives in April with Lauren Sisler. Discussed Drug Take Back day on April 30th and how to find your nearest drop off location.
- In May, APC, AARP and Children's of Alabama hosted a 'Managing Your Meds' Webinar available to all AARP members across Alabama. Ann Slattery, Director of Alabama Poison Information Center presented. Recording is now on their website.
- Everyone who signed up for the Webinar received a goodie bag containing:
 - Deterra Bag
 - Refrigerator magnet reminding about safe disposal of medications
 - Pill Boxes and reminder stickers from Alabama Poison Information Center
- In June, APC and Alabama Poison Control partnered to deliver Medication Safety talk at the local AARP chapter meeting in Jefferson County

RESCUE

Dr. Wilson, JCDH
Dr. Traffanstedt, JCDH

GOAL

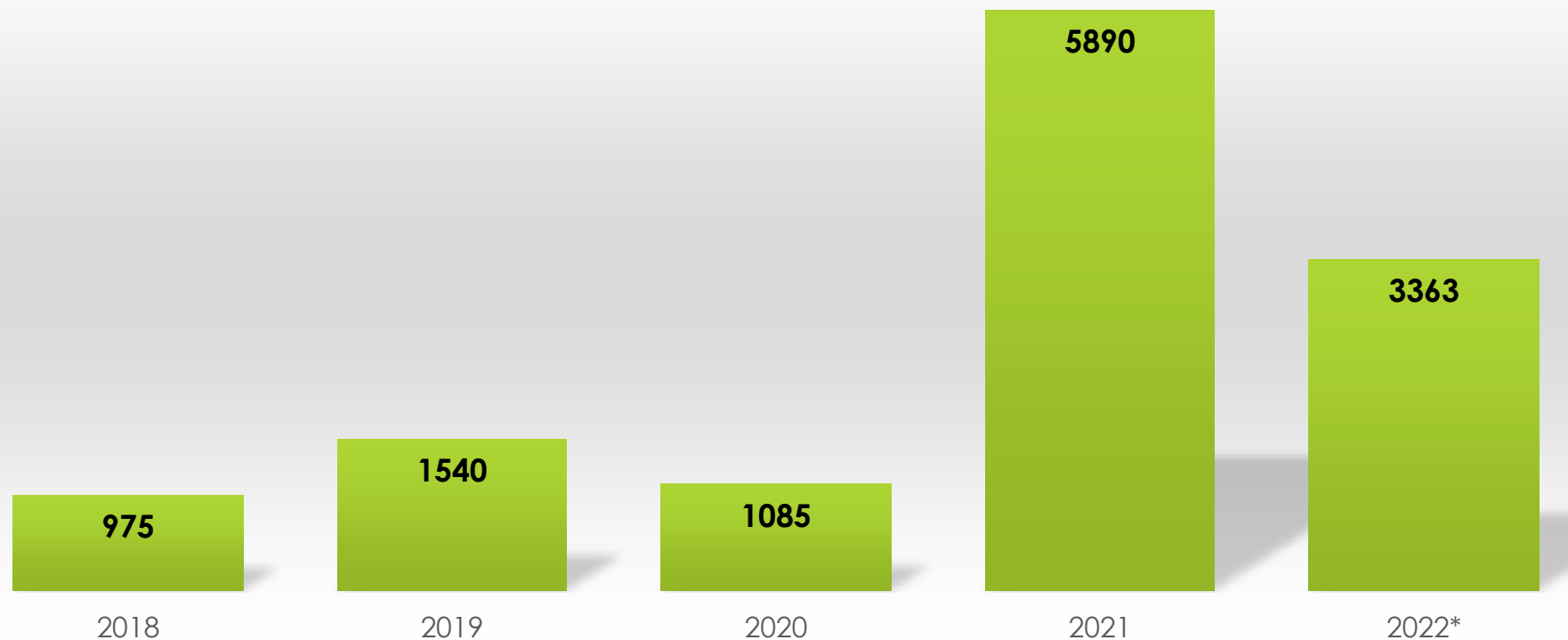
Reduce deaths from opioid overdoses by increasing access to naloxone and employing other lifesaving measures.



ADMH Narcan Distribution YTD

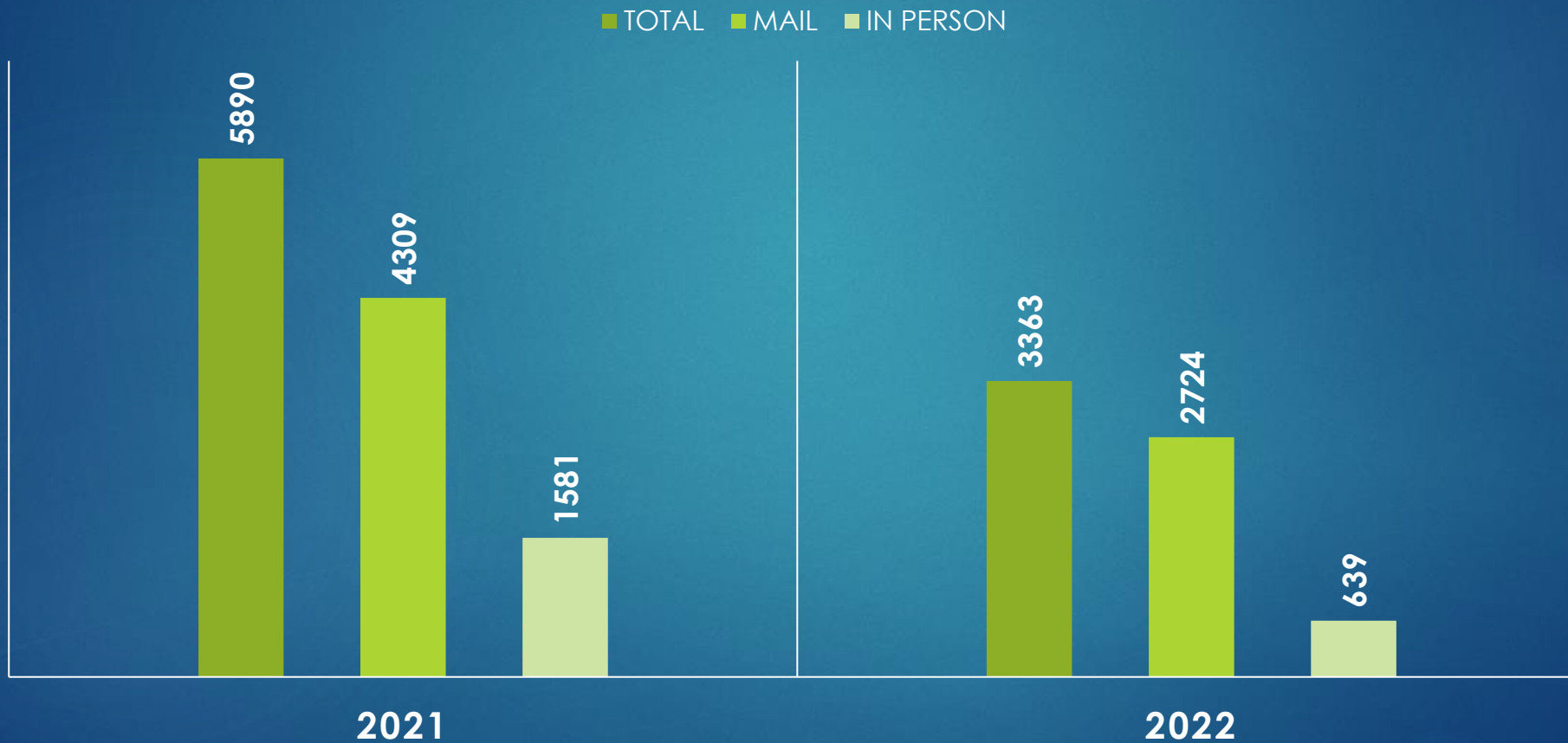
- To Law Enforcement and other First Responders: 3,883 (Jan 1 – June 30)
- To JCDH for mail distribution (See other slides):
- To Project Freedom: 774 (Jan 1- June 30)

JCDH Narcan Distribution



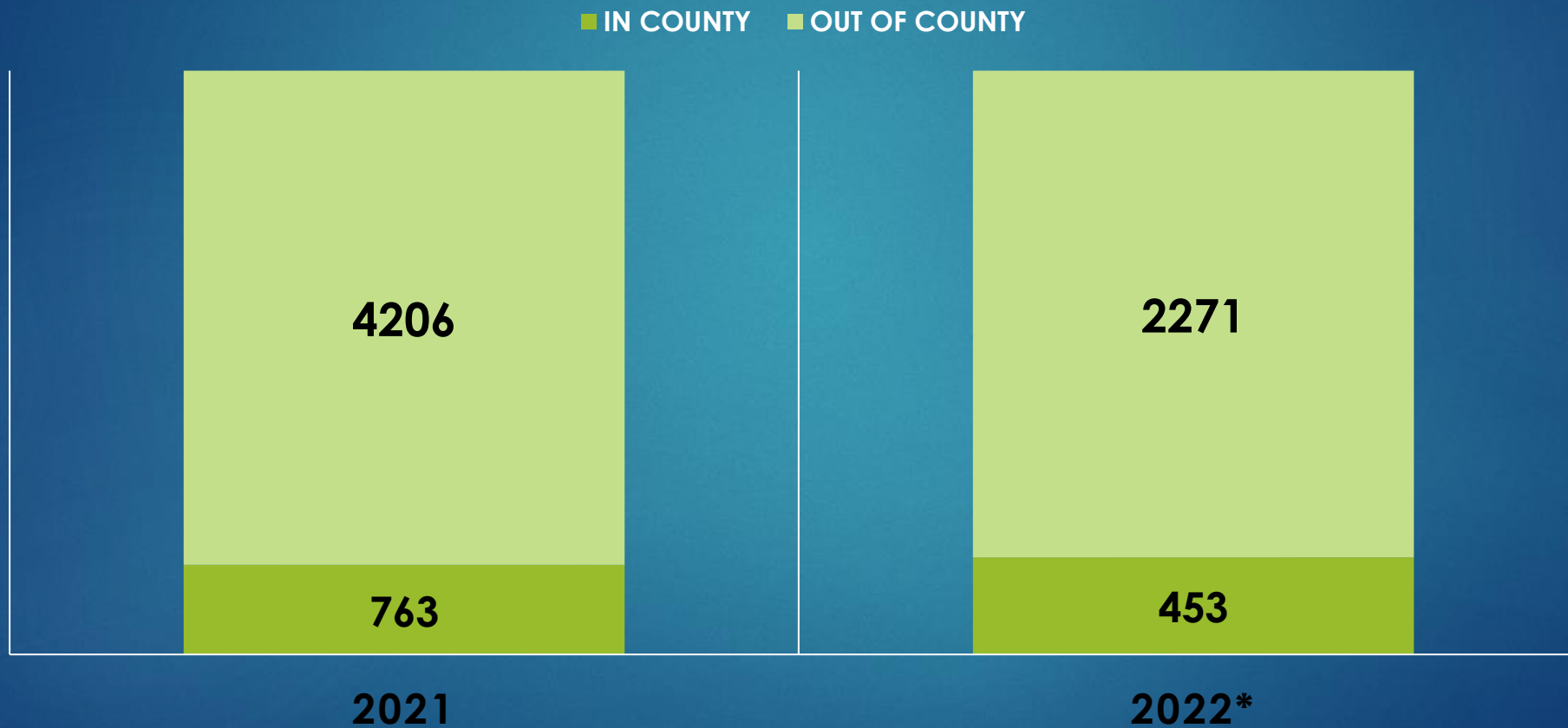
*2022 YTD as
of 7/13/22

JCDH Narcan Distribution



*2022 YTD as
of 7/13/22

JCDH Narcan Distribution By Mail



*2022 YTD as
of 7/13/22

Future Funding for Naloxone

- ADMH is requesting funding for naloxone purchase in next State Opioid Response (SOR3) grant proposal for FY23 and FY24.
- JCDH has budgeted for naloxone purchase for FY24.
- The price recently went down to \$47.50 per kit.
- HOWEVER, more funding will be needed in the future to get it to areas where it is needed across the state.

Fentanyl Test Strips

- Distributions and possession legal in Alabama as of June 1, 2022.
- Funds from OD2A grant being used to purchase FTS for distribution (via JCDH).
- ADMH requesting funding for FTS purchase in next State Opioid Response (SOR3) grant proposal.
- FTS training video being produced for lay public.

Policy: Naloxone Access

- Some other states have amended naloxone laws to expand the list of persons or organizations that can provide naloxone to others.
- In January 2019, the FDA announced its support for over-the-counter naloxone, and preemptively provided model, consumer-friendly Drug Facts Labels (DFLs) required for any drug manufacturer that chooses to offer naloxone over-the-counter.
- BUT, so far, no drug manufacturer has submitted a proposal to sell naloxone as an over-the-counter drug.
- The Rescue Committee will review other state laws and consider potential updates Alabama's naloxone access law.

PRESCRIBERS AND DISPENSERS

Dr. Traffanstedt, JCDH
Matt Hart, ALBME

GOAL

Ensure tomorrow's prescribers and dispensers are educated in opioid prescribing today.

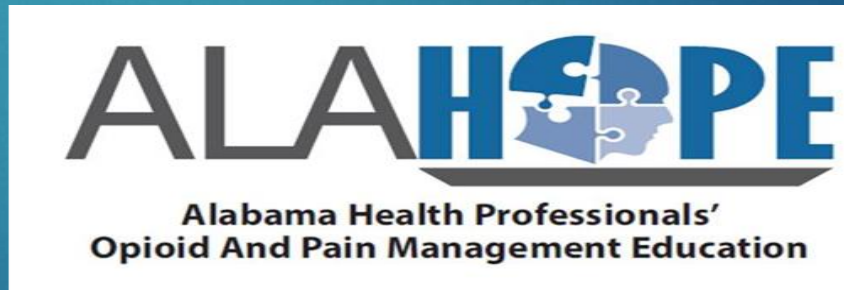


Prescribers and Dispensers Committee

Development of Addictive Substances Curriculum

➤ Current Progress:

- Lecture creation continues
- Contract pending with Auburn University Harrison School of Pharmacy to house the curriculum on a uniquely branded site for 5 years
- Logo is nearing completion:



- Multiple lectures will be ready by fall, full project completion date TBD

Sample Lecture

ALAHOPE

Welcome to the ALAbama Health professionals' Opioid & Pain management Education course.

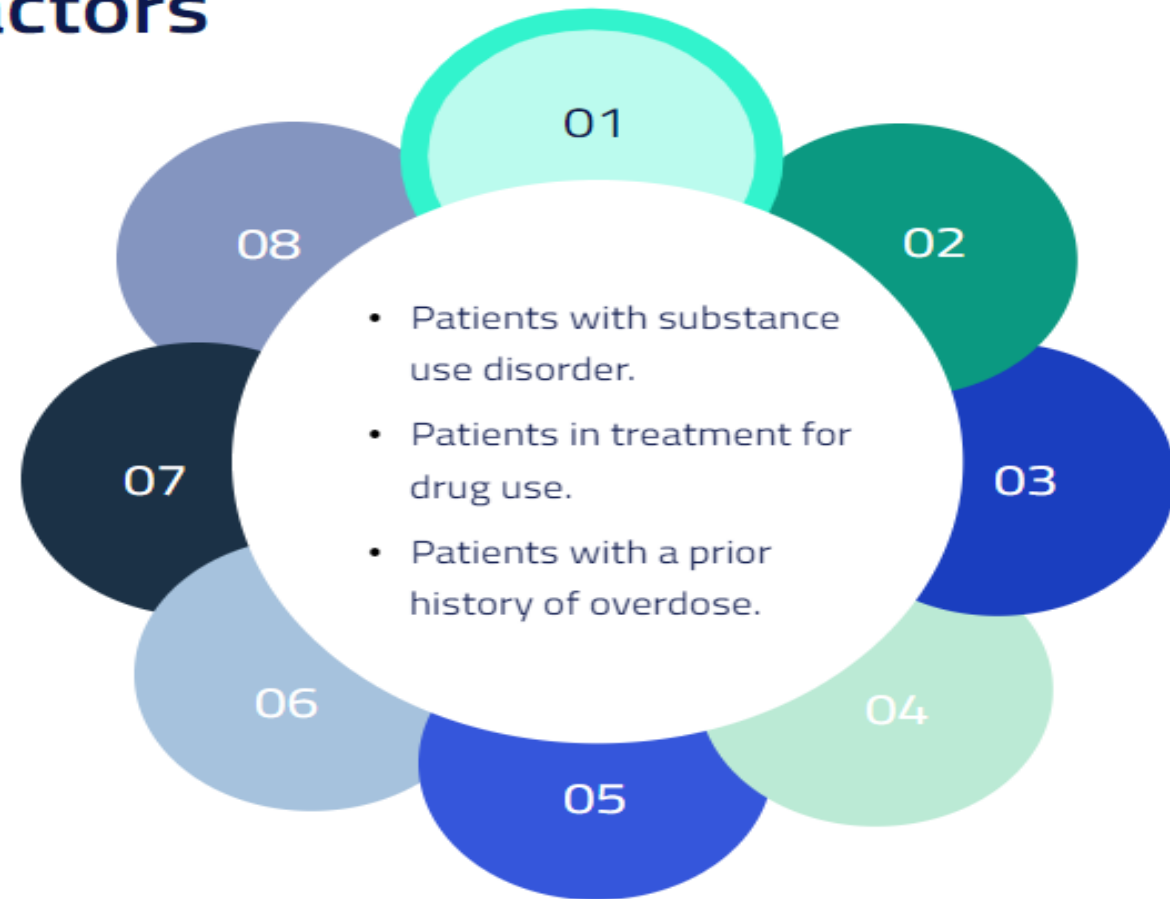
Click the Start button to continue.

Start



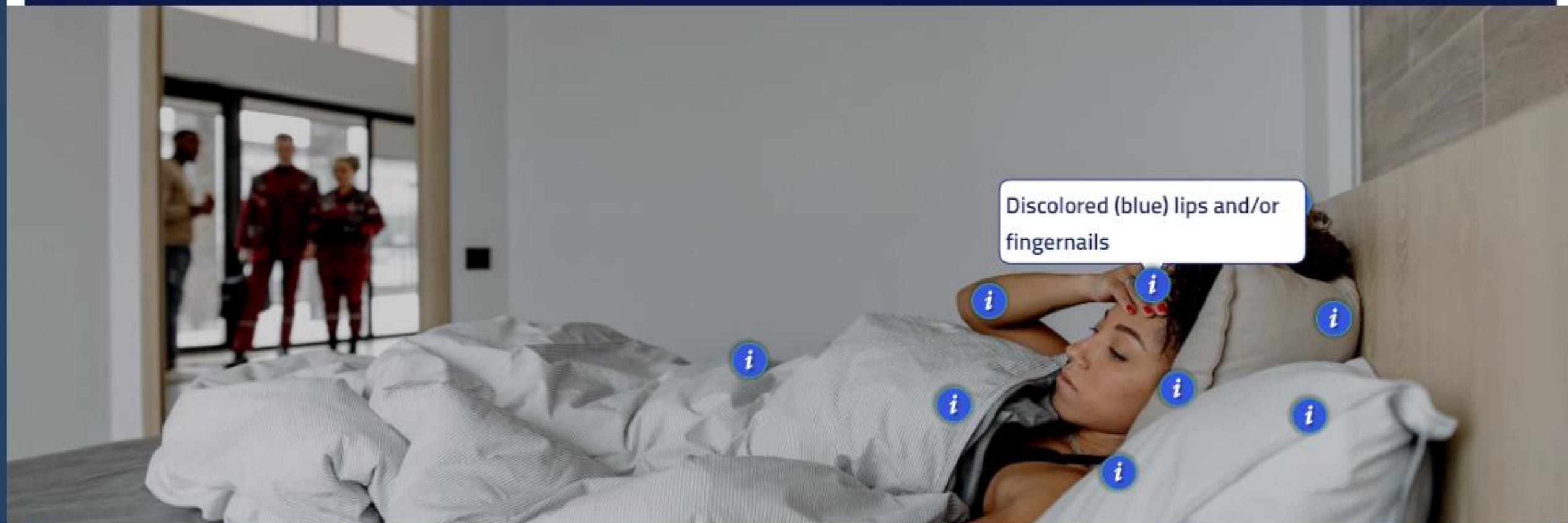
UNIT 1, MODULE 4, LECTURE 2
Overdose Risk Factors, Signs, and Response

Opioid Overdose Risk Factors



Opioid Overdose Signs and Symptoms

Hover over each icon to identify the signs and symptoms of opioid overdose.^{1,2}





Opioid Overdose Response

Follow these steps you believe someone is experiencing an opioid overdose.¹ Click each step to reveal the response information.

Step 01

Step 02

Step 03

Step 04

Step 05

Hard Sternal Rub

Give a hard sternal rub with knuckles down on the breastbone; this will help you assess if the person is conscious as this may hurt the person, but it will not cause damage (this will also help assess if the person is breathing).



Visit the Resources tab (above right) for the link to a free online Naloxone training and a free Naloxone kit.

After Administering Overdose Aid^{1, 2}

1

After administering naloxone, place the person on their side, wait for EMS to arrive, and cooperate with emergency personnel.²

Reference

1. National Conference of State Legislatures. Drug Overdose Immunity and Good Samaritan Laws. <https://web.archive.org/web/20220416044006/https://www.ncsl.org/research/civil-and-criminal-justice/drug-overdose-immunity-good-samaritan-laws.aspx>.
2. American Psychological Association. Recognizing and Responding to Opioid Overdose. <https://web.archive.org/web/20220414175721/https://www.apa.org/advocacy/substance-use/opioids/resources/recognizing-overdose.pdf>. Published 2018. Accessed February 2022.



WORKFORCE

Dr. David L. Albright, UA
Stephen Smith, ALCC
Jacquie Allen, AIDT

GOAL

Promote and foster a workplace that supports mental wellbeing throughout the state.



Develop strategies that promotes a healthy workplace for people with mental health and substance use disorders.

➤ Objectives:

- Applying ACE in the workplace.
- AWSP survey.
- Support the extension of the 'Stop Judging, Start Healing' campaign by developing a tool kit for employers to get information on how to reduce stigma, how to build a culture of well-being, workplace disparities, promote meaningful change in organizational practices, and develop resources to address the mental health and substance challenges faced by employees etc.
- Developing employment objective - Ban-the-Box.

Maternal Child Health/Substance Use Committee

Honour McDaniel, March of Dimes
Suzanne Muir, UAB

GOAL

Improve maternal and child health by addressing the challenges faced by pregnant women with substance use disorders and infants born with neonatal opioid withdrawal syndrome.



Ensure in-utero substance exposure is an automatic eligibility for early intervention services

- Convened protocol workgroup
- Working with Alabama Early Intervention to see if the diagnosis can be considered a qualifying diagnosis for EI services.

Examine and make recommendations of best practices to improve engagement in prenatal care/substance use treatment among pregnant women with substance use disorders

➤ **Action Items:**

- Integrate use of SBIRT and depression screening into OB/GYN care and delivery
 - Adopt standard protocols for screening & testing of infants with neonatal withdrawal syndrome
 - Improve data collection and reporting strategies for infants born with NOWS and other substance exposure
- Working with the Alabama Perinatal Quality Collaborative on last two action items
- Convened Protocol workgroup and will start looking at SBIRT in August – WE NEED OTHER SUBCOMMITTEE MEMBERS TO CROSS COLLABORATE IF INTERESTED

Establish standards of care at various points of entry for mother and infant.

- Action items:
 - Adopt standard protocols for pharmacologic/non-pharmacologic treatment of infants with neonatal withdrawal syndrome.
 - Increase the number of obstetric prescribers of medications for opioid use disorder.
 - Adopt standard protocol for intervention with mothers at the point of delivery of substance exposed.
- Treatment and Recovery Workgroup (name to be changed) will meet in August to start MAT discussion - WE NEED OTHER SUBCOMMITTEE MEMBERS TO CROSS COLLABORATE IF INTERESTED.
- First and third action items being collaborated on with Alabama Perinatal Quality Collaborative.

Create a statewide resource listing of providers and entities offering recovery services for pregnant and parenting women.

- Convened Education workgroup
- Working with Vital and Connect Alabama app to incorporate a maternal infant health section.
- Education workgroup also focusing on educating:
 - OBGYNs and Pediatricians
 - Child welfare and law enforcement
 - Women
 - On the effect of substance use on fetuses, best practices, impact of stigma, and benefit of medications for opioid use disorder to both mother and fetus.
- If any other subcommittee would like to have representation on Education workgroup, please reach out.

Other Council Business

UPCOMING

EVENTS



988

SUICIDE
& CRISIS
LIFELINE

**Live! As of
Saturday,
July 16**

Learn more at

<https://mh.alabama.gov/988-2/>

988 is now the national three-digit phone number for all mental health, substance use, and suicide crises.

988 is more than just an easy-to-remember number—it's a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress.

Individuals can also dial 988 if they are worried about a loved one who may need crisis support.

In Alabama, calls are answered by centers right here in the state. The call centers are, and will be located in The Crisis Center Birmingham, Crisis Services of North Alabama; AltaPointe Health in Mobile, WellStone in Huntsville and and Carastar Health in Montgomery.

988 is the thread that weaves together the Alabama Crisis System of Care, as the first step and response in a crisis.

Community Events

ROSS is celebrating 5 years!

Visits their website for more information: <https://ross4u.org/events/>



R.O.S.S.

On July 24th, 2017 we opened our first Recovery Community Center in Birmingham! Today we are reaching the people who fall through the cracks across Alabama!

Join us for our 5 Year Anniversary Celebration at R.O.S.S. Marshall County!!!

Celebrating 5 Years of Loving People to a Better Life with Appetizers, Fun and Fellowshiping!!!



5

Saturday July 23rd from 11am to 2pm at R.O.S.S. Marshall County at 1280 U.S. Hwy 431 in Boaz!!!

R.O.S.S. Community Center 5th Anniversary!!!



R.O.S.S.

THIS IS A FREE EVENT
DESIGNED TO ENCOURAGE SUBSTANCE USE DISORDER AWARENESS FOR INDIVIDUALS, FAMILY AND FRIENDS AND TO CELEBRATE THE 5 YEAR ANNIVERSARY OF R.O.S.S.

**SUNDAY JULY 24, 2022
925 FOREST AVE
10 A.M. - 2 P.M.**

5 ANNIVERSARY

Meet and greet with individuals in recovery

Recreational Activities/ Raffles

Cook out

COME OUT AND HELP US CELEBRATE RECOVERY!!!



R.O.S.S.

On July 24th, 2017 we opened our first Recovery Community Center in Birmingham! Today we are reaching the people who fall through the cracks across Alabama!

Join us for our 5 Year Anniversary Celebration!!!

**Guest Speakers from R.O.S.S. Founding Members!!!
Live DJ!!!
Dinner will be served!!!**



5

Sunday July 24th from 3pm to 6pm at R.O.S.S. Birmingham at 3616 5th Avenue South in Avondale!!!

Register now for the **VitAL** Alabama Annual Conference

"Emerging Trends in Behavioral Health"

In-person and virtual options

AUGUST 25-26, 2022

8:30AM-4:30PM

BRYANT CONFERENCE CENTER

\$40 FOR 2-DAY*

[REGISTER HERE](#)

Behavioral health focuses on the promotion of well-being through prevention or intervention of those who have a mental illness and/or substance use disorder. This conference will focus on the connection between behaviors and their impact on the individual. Strategies for engagement and treatment will also be discussed. Join us for an education and training opportunity which will highlight these topics and provide strategies you can implement into your current profession.

WHO SHOULD ATTEND: PHYSICIANS, NURSE PRACTITIONERS, PHYSICIAN ASSISTANTS, REGISTERED NURSES, PHARMACISTS, DENTISTS, SOCIAL WORKERS, COUNSELORS, EDUCATORS, FIRST RESPONDERS, DRUG COURT, LAW ENFORCEMENT, AND OTHER HELPING PROFESSIONALS.

*Breakfast and Lunch included with in-person, full price registration.

If interested in an exhibit booth, contact jharrison@ua.edu for more information.

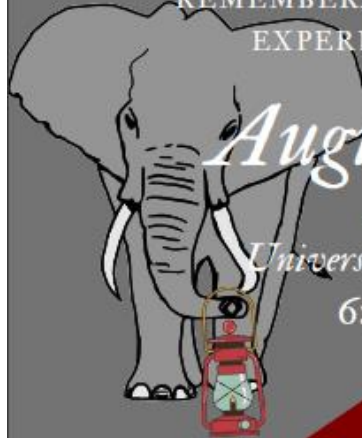


Community Events

A Walk of Remembrance *Overdose Awareness Walk*

HOSTED BY:
PROJECT FREEDOM AND THE COLLEGIATE
RECOVERY COMMUNITY

JOIN US FOR A RECOVERY EVENT IN
REMEMBRANCE OF THOSE WHO HAVE
EXPERIENCED AN OVERDOSE



August 31, 2022

Denny Chimes

University of Alabama Campus

6:30pm-8:30pm



RESOURCES - FELLOWSHIP - SPEAKERS - SHIRTS

FREE PARKING AVAILABLE AT:
FARRAH HALL, BAPTIST STUDENT UNION, FACULTY
PARKING BEHIND GORGUS LIBRARY



Register now for Mental Health First Aid for Public Safety

offered at the
**VitAL Alabama
Annual Conference**

AUGUST 25-26, 2022
9:00AM-4:30PM
BRYANT CONFERENCE CENTER

Mental Health First Aid is offered in-person only*
*Choose either Aug 25th or Aug 26th (not both)



[REGISTER HERE](#)



Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This training gives you the skills you need to reach out and provide initial support to someone who may be developing a mental health or substance use problem and help connect them to the appropriate care.

WHO SHOULD ATTEND: POLICE OFFICERS, INVESTIGATORS, SUPERVISORS, DISPATCHERS,
NON-SWORN PERSONNEL EMPLOYED BY POLICE DEPARTMENTS, DA'S OFFICE, DRUG
COURT, PROBATION/PAROLE OFFICERS, COURT CLERKS

TWO OPTIONS AVAILABLE:

Register for MHFA only, 1-day - free, includes CE, no food
Register for conference (MHFA 1-day, conference 1-day) - \$40, includes
breakfast & lunch both days, free CE



Community Event

Addiction Prevention Coalition

For more Information visit: www.apcbham.org



BACK TO SCHOOL
COMMUNITY EVENT!

FOOD SAMPLING

AUGUST 6, 2022
10AM-2PM

Backpacks w/ School Supplies

GIVEAWAYS

1900 43rd Street Ensley
Birmingham, AL 35208

Hosted by:
Addiction Prevention Coalition

Sponsored by:
fritz clinic
Good Medicine

BAMA HEALTH FOODS

Join us for this interactive community event with experiential learning stations, food trucks, and education on topics like health, nutrition, social and emotional learning, and substance use prevention.



REFOCUS
YOUTH MENTAL HEALTH CONFERENCE

September 21, 2022
Shocco Springs Conference Center
1314 Shocco Springs Rd, Talladega, AL 35160

Students & Teachers
IT'S TIME TO REGISTER!!

Early Bird Registration:

♦♦ \$25 ♦♦
(lunch included)

Register **NOW** for the best rate!
Space is limited.

THEFOCUSPROGRAM.COM

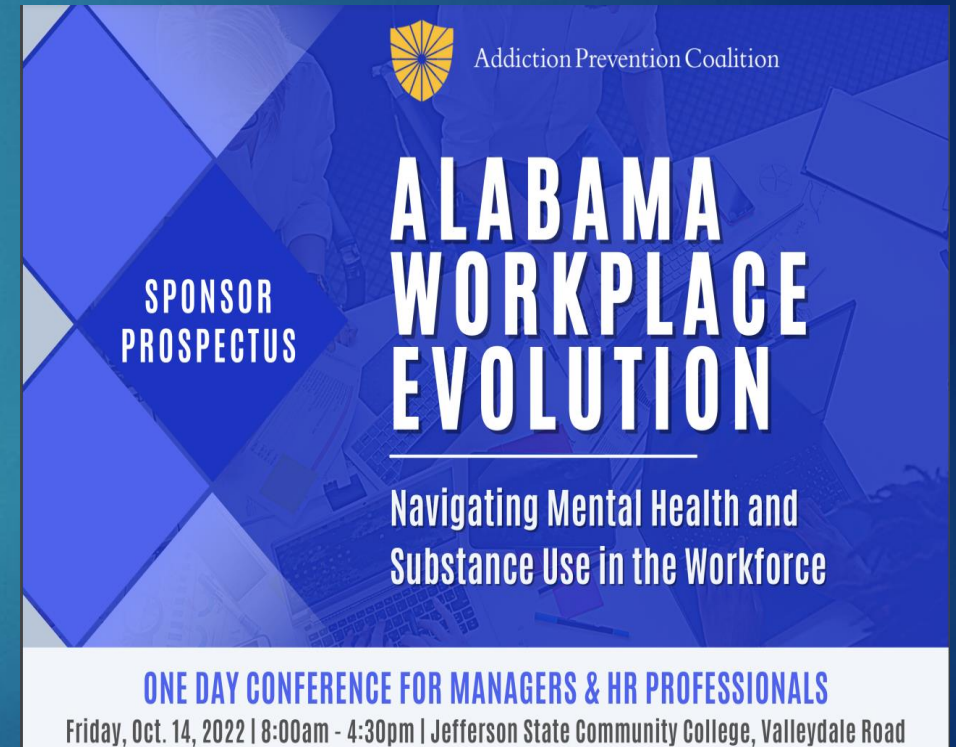
THIS EVENT IS ESSER FUNDS ELIGIBLE!

Stanley Leone, Jr
Keynote Speaker

FOCUS

Addiction Prevention Coalition

BlueCross BlueShield of Alabama



Addiction Prevention Coalition

ALABAMA
WORKPLACE
EVOLUTION

SPONSOR PROSPECTUS

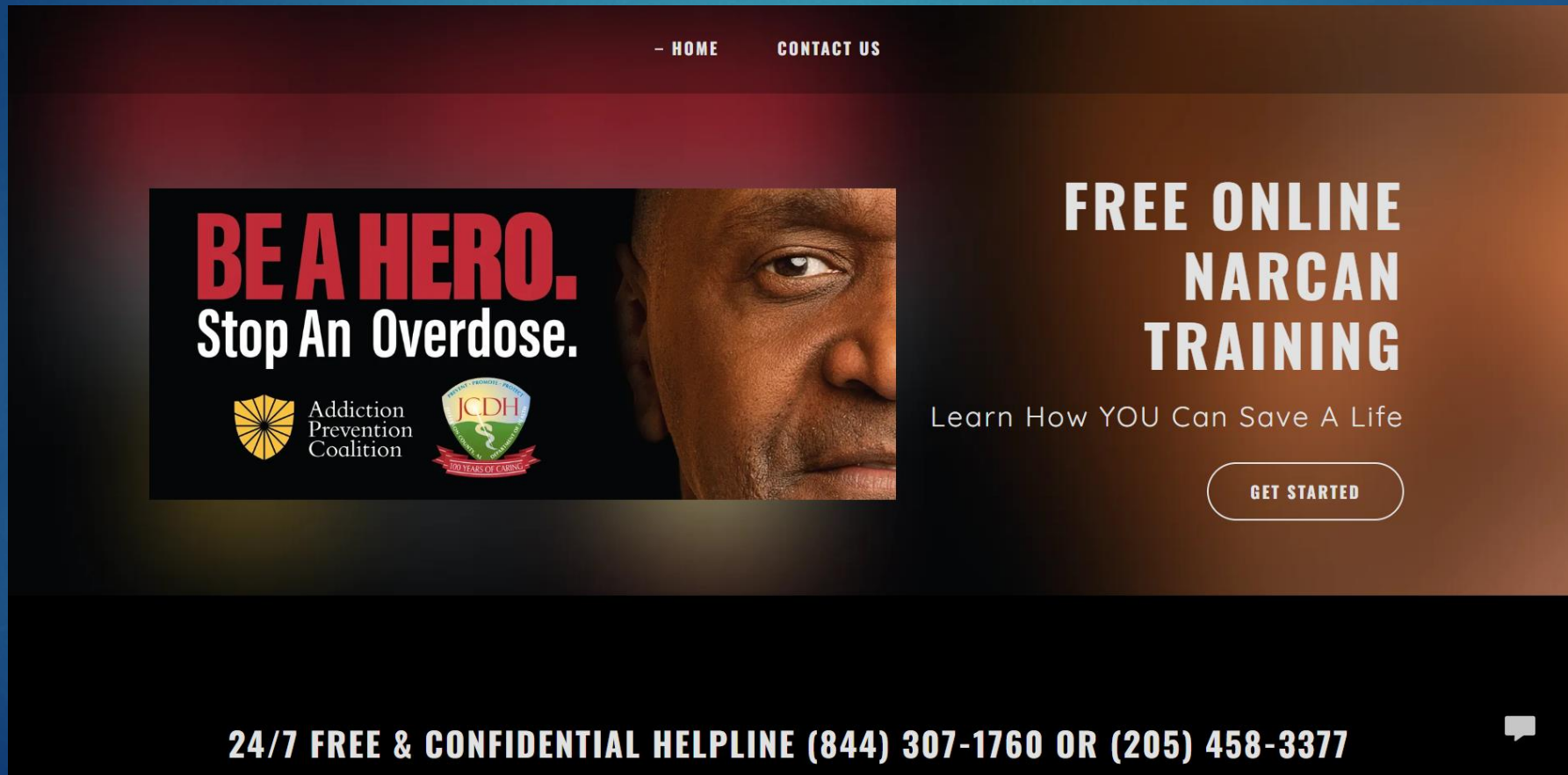
Navigating Mental Health and Substance Use in the Workforce

ONE DAY CONFERENCE FOR MANAGERS & HR PROFESSIONALS
Friday, Oct. 14, 2022 | 8:00am - 4:30pm | Jefferson State Community College, Valleydale Road

Addiction Prevention Coalition

The goal of the campaign is to push people to get trained on Narcan.

<https://alnarcan.org/>



The screenshot shows a website banner with a dark background. At the top, there are navigation links: [- HOME](#) and [CONTACT US](#). The main content area is split into two sections. On the left, there is a large image of a man's face. Overlaid on the left side of this image is the text **BE A HERO.** in large red letters, followed by **Stop An Overdose.** in white. Below this text are two logos: the Addiction Prevention Coalition logo (a yellow sunburst) and the JCDH logo (a green shield with a white caduceus and the text 'JCDH' and '100 YEARS OF CARING'). On the right side of the banner, the text **FREE ONLINE NARCAN TRAINING** is displayed in large white letters. Below this, the text 'Learn How YOU Can Save A Life' is shown in a smaller white font. A white button with the text **GET STARTED** is positioned below the text. At the bottom of the banner, a black bar contains the text **24/7 FREE & CONFIDENTIAL HELPLINE (844) 307-1760 OR (205) 458-3377** in white. A small white speech bubble icon is located in the bottom right corner of the black bar.

[- HOME](#) [CONTACT US](#)

BE A HERO.
Stop An Overdose.

Addiction Prevention Coalition

JCDH
100 YEARS OF CARING

FREE ONLINE NARCAN TRAINING

Learn How YOU Can Save A Life

GET STARTED

24/7 FREE & CONFIDENTIAL HELPLINE (844) 307-1760 OR (205) 458-3377

Meeting Date

Nov 16, 2022 – 1-3pm

ADPH Training Center and Administration Annex
208 Legends Ct
Prattville, AL 36066

Once you enter the parking lot, you will come to the first building, which is the Lab. Continue past the Lab, down the driveway until you reach the last parking lot. This will be the Training Center and Administration Annex. Park in this parking lot, in any parking space, as long as it is not marked "Reserved".

Once you enter the building, Training Rooms A and B are located on your right.