

Alabama Opioid Overdose and Addiction Council

March 30, 2022





Roll call

Please put you name
and organization you
represent in the chat
box.

Welcome

- ▶ Commissioner Boswell, Alabama Department of Mental health
- ▶ Dr. Scott Harris, Alabama department of Public Health



2022

Alabama Opioid Overdose and Addiction Council

- Welcoming Remarks and Updates –
Commissioner Boswell
Dr. Scott Harris
- Committee Reports – Kat House – State Opioid Coordinator
 - i. Data – Dr. McCurry/Nancy Bishop
 - ii. Law Enforcement - Darrell Morgan/Donna Oates
 - iii. Treatment and Recovery Support – Nicole Walden/ Dr. David Albright
 - iv. Community Outreach and Engagement – Beverly Johnson/Dr. David Albright
 - v. Rescue – Dr. Wilson/Dr. Traffanstedt
 - vi. Prescriber/Dispenser Practices – Dr. Traffanstedt/Matt Hart
 - vii. Workforce – Dr. David Albright
- A.C.E. Training – Whit Freeman and Aubin Cawthon – ROSS
- Other Council business
 - Maternal Child Health/Substance Use Committee - Kat House and Dr. Traffanstedt
 - Annual Report discussion – Commissioner Boswell
- Meeting Dates:
 - July 20, 2022
 - November 16, 2022



Congratulations



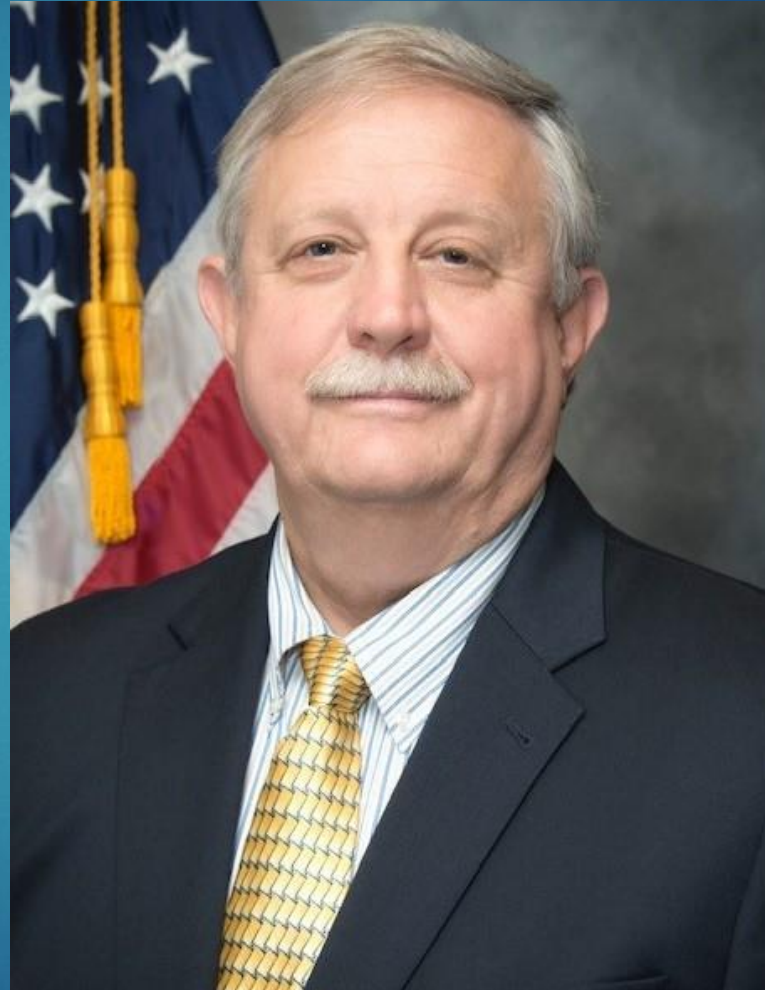
2022 Winner

**"Carl Nowell Leadership
Award"**

Dr. Darlene Traffanstedt, MD
Medical Director
Family Planning
Health Equity and Population Health
Jefferson County Department of Health

Doug Poole has retired!

Thank You





2022

Committee Reports

DATA

Dr. McCurry, ADMH
Nancy Bishop, ADPH

GOAL

Continue to develop the CDR in order to provide rapid access to current data from various statewide agencies to address the opioid crisis.



Data Committee Update

► Oversight:

- ❑ Committee and the CDR Governance Board both meet bi-monthly

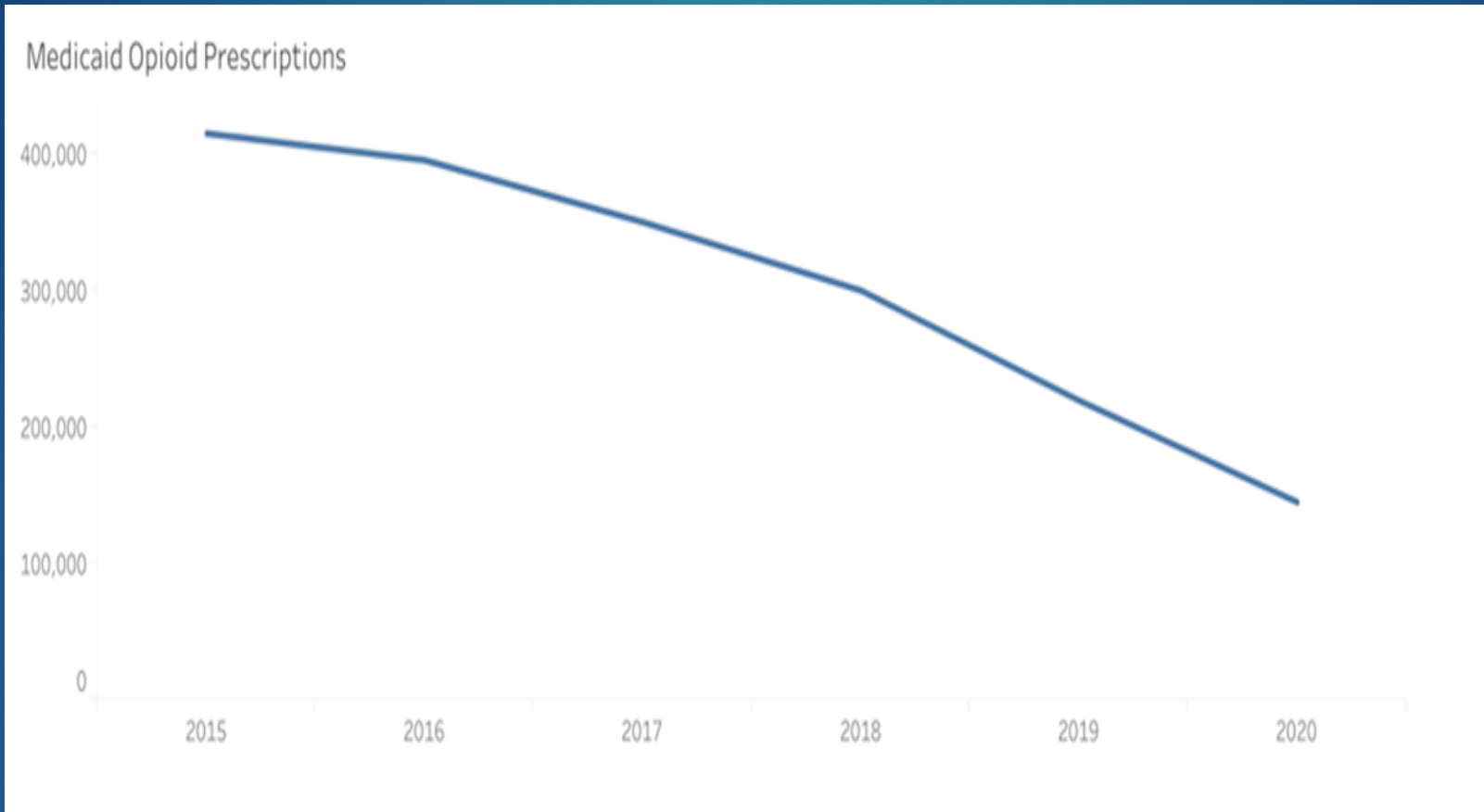
► New Partners:

- ❑ AL Poison Information Center signed data-sharing agreement

► Data Updates:

- ❑ ADPH providing timely death certificate data
- ❑ AL Medicaid providing treatment and prescription data

Opioid prescriptions for AL Medicaid have fallen dramatically.



LAW ENFORCEMENT

Darrell Morgan, ABPP
Donna Oates, AOC

GOAL

Continue to develop targeted objectives to increase awareness of resources to address the opioid abuse crisis for members of the law enforcement community.



OBJECTIVE

Establish a workgroup to explore the use of fentanyl test strips in Alabama.

- Law Enforcement and Rescue committee joined forces to work on SB168 to remove fentanyl test strips from the list of paraphernalia list.
- SB168 – Fentanyl Test Strips has officially been signed by Governor Ivey, enacted in Assigned Act 2022-154.
- Narcan Survey for Law Enforcement - deals with the availability and use of naloxone by Alabama law enforcement agencies and will assist various Council committees in determining issues related to the distribution or use of naloxone by law enforcement. The use of naloxone has proven to be an effective tool in reducing opioid-related overdose deaths. Survey deadline is April 8, 2022.

TREATMENT AND RECOVERY

Nicole Walden, ADMH
Dr. David L. Albright, UA

GOAL

Expand the quality/availability of evidence-based treatment for persons with opioid use disorders.



OBJECTIVE

Expand relationships with certification exempt recovery support services providers.

Partner with ASAP (Agency for Substance Abuse Prevention) in implementing the Faith Based Support Specialist Program.



FBSS
FAITH BASED SUPPORT SPECIALIST

**FAITH-BASED
SUPPORT SPECIALIST
TRAINING CONFERENCE
LOCATIONS & DATES**

Oxford, Alabama March 31-April 1	Huntsville, Alabama June 23-24
Montgomery, Alabama September 22-23	Mobile, Alabama December 8-9

  **Foundation for
Opioid Response Efforts**

MORE INFORMATION AND REGISTRATION AT:
256-525-8191 | FBSS.ASAPREV.COM | BYRONAJACKSON@GMAIL.COM

Naloxone Public Messaging Campaign

With the help from several other council committees, R.O.S.S. and ADPH (funded through ADPH's OD2A grant) gas toppers in every county this year.



WE LOVE SOMEONE STRUGGLING WITH ADDICTION.
Help give them a second chance to recover and live.

"I am a mother"
"I am a brother"
"We are friends"

Carry Narcan (Naloxone)
205-930-1065 • 24/7 helpline 844-307-1760

Learn where to get a free Narcan kit & how to use it

800.825.6762  alabamamedia.com



WARNING
Fentanyl is killing Alabama residents

Don't Trust your Drugs

Any drug can be cut with Fentanyl
Don't chance it- Carry Narcan

Are you struggling with addiction or in need of Support?

Free Narcan (Naloxone) Kits Available
24/7 helpline 844-307-1760

800.825.6762  alabamamedia.com

Assessment ONLY Level of Care

- ▶ Recovery Resource Center (RRC) opened October 2021.
- To date, the RRC
 - 1475 unduplicated clients
 - completed 957 assessments
 - conducted 185 assessment updates
 - made 1128 referrals to treatment



Recovery Resource Center

A program of Crisis Center, Inc. - www.crisiscenterbham.org

- ✓ New pilot project with ADMH designed to ***increase access to treatment***
- ✓ Model utilizes peers & clinical staff
 - 10 peer support specialists + 5 assessment specialists

- Same day, assessment services
- Walk-in or Appointment
- Locations in Jefferson & Walker Co

**Telehealth assessment
services available state-wide**

205-458-3377

Info & Support

Peers conduct intake, discuss available options and provide follow-up services

Assessment

Assessment specialists complete ADMH Placement Assessment based on ASAM Criteria to identify appropriate level of care

Linkage & Referral

Assessments are sent to providers and clients receive info specific to target referrals

Collaborating to simplify the treatment process

Naloxone Information in ED at Discharge

- A flyer has been developed that includes harm reduction, treatment and recovery resources.

ROSS is in process of delivering them to the hospitals



SURVIVING AN OVERDOSE WHAT NOW AND WHAT'S NEXT?



IN THE NEXT FEW HOURS...

Don't be alone. Stay with someone for at least four hours. They can call 911 if you pass out again, stop breathing or have other health problems.



Don't use more opioids. Even if you are feeling sick wait for the naloxone to wear off. Naloxone can cause serious withdrawals and make you want to use. If you do use, the naloxone in your system might prevent you from getting high. Even though you aren't high it doesn't mean you can't overdose again when the naloxone wears off. Naloxone alone is not a solution to overdose.



IN THE NEXT FEW DAYS...

Be prepared for physical withdrawals. As the days pass, you'll struggle with physical withdrawal.



Get a naloxone kit. Share with others if you have it. If you have overdosed once, you are at risk to do so again. Visit www.vitalalabama.com/free-narcan for access to free Narcan provided by the Jefferson County Department of Health.



Find someone to talk to. Overdosing can be scary for you and others witnessing the overdose. It can help to talk to someone you trust or someone who has been through the same thing. Contact the **24/7 Helpline** to talk to a recovery support specialist who understands your struggle and can provide you with support.



IN THE NEXT FEW WEEKS...

If it's time for a change. There are many treatment and recovery options. Find the one that fits you best, visit <https://mh.alabama.gov/>. When you are ready to consider recovery, there are recovery support specialists who are available to help. Whether you just want to talk or if you want to seek treatment, contact the **24/7 Helpline**.



EXPERIENCING AN OVERDOSE IS A CRISIS

STEP ONE

You survived, not everyone does. No matter your drug of choice, **surviving a drug overdose is an amazing thing.** Not everyone who overdoses will live through the experience. The important thing to do now is take steps to ensure that it never happens again. Next time might end very differently.

It may take you some time to see your overdose for what it really is, but regardless of whether you resume drug use after overdose or not, it is never the wrong time to say that you could use some help.

An overdose is not something to hide or bury under continued substance use. **You have been given a second chance** to change the direction of your life. Don't waste it.

STEP TWO

Reaching out for help. Deciding to get help puts you on a path to a better tomorrow. There are recovery support specialists who are in long term recovery who have been where you are and are waiting to help you on your journey to recovery.

Calling the **24/7 Helpline** makes the next step of healing available to you. Please call now!



This project is supported in part by the ADPH Bureau of Prevention, Promotion, and Support through a cooperative agreement with the CDC Grant number 6 NU17CE004964, Overdose Data to Action, Injury Prevention and Control Research and State and Community Based Programs Funding (25136).



Overdose Prevention

- Developed “Overdose Prevention” that can be reviewed or given to individuals who receive an OUD diagnosis at the time of assessment.
- Sent in a digital format so the agency can their logo and agency information on it. Below is a sample of the first three pages. Document is 6 pages.



Simplify Your Search

for better wellness

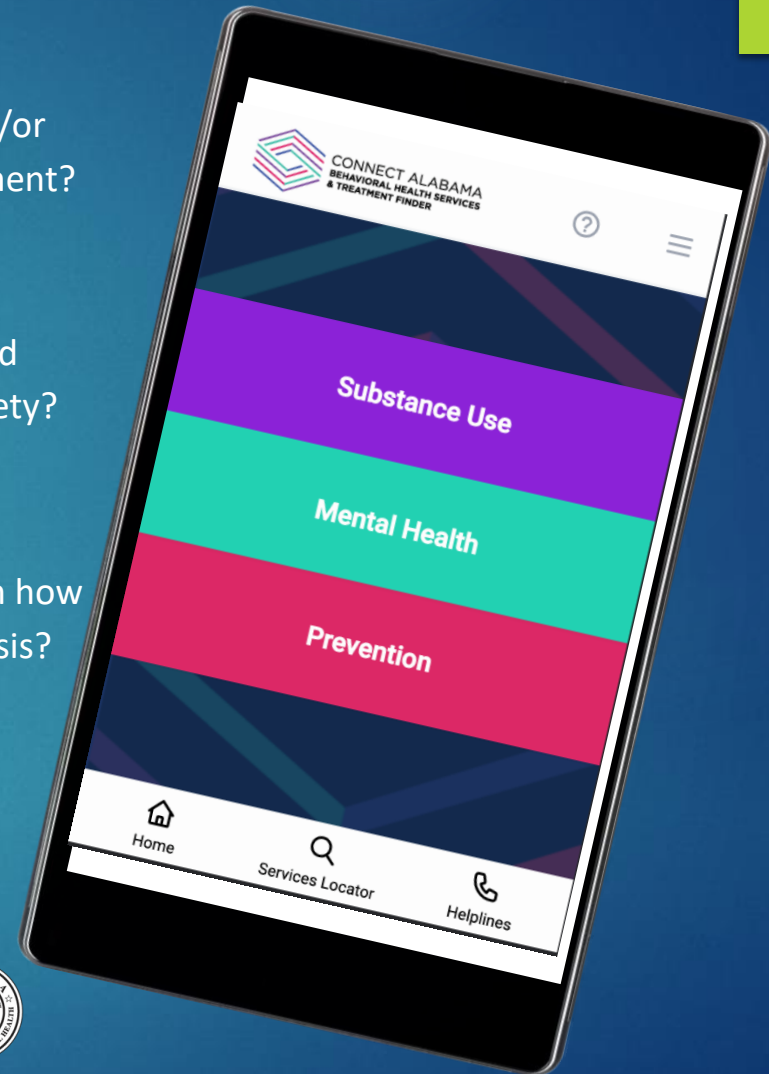


**CONNECT ALABAMA
BEHAVIORAL HEALTH SERVICES
& TREATMENT FINDER**

Looking for substance and/or
opioid use disorder treatment?

Concerned about increased
feelings of worry and anxiety?

Looking for information on how
to help fight the opioid crisis?



COMMUNITY OUTREACH AND ENGAGEMENT

Beverly Johnson, ADMH
Dr. David L. Albright, UA

GOAL

Increase outreach capacity of the Opioid Overdose and Addiction Council to educate and train individuals, communities, and organizations by providing culturally competent messaging to address the needs of diverse populations and mitigate behavioral risks that may be associated with opioid use/misuse.

OBJECTIVE

By the end of 2022, Community Engagement and Outreach will develop a Public Education Plan that will provide consistent language, messaging practices, and practical guidance as it relates to communicating with various populations/subpopulations.



END ADDICTION BHAM

**SATURDAY
MARCH 12, 2022
RAILROAD PARK**

PROUDLY PRESENTED BY



Addiction
Prevention
Coalition

About the Walk



How It Started

- Founded as the END HEROIN BHAM Walk in 2017
- Spread awareness about the epidemic in Alabama
- Create a sense of solidarity for those struggling
- Reduce the stigma of substance use disorder (SUD)
- Funds for scholarship



How It Evolved

- Up to 4,000 people attend these events year after year
- Invited Community orgs & service providers
- It became one of the largest SUD resource events in the state for those struggling from SUD, those in recovery and those who love them.



The Future

- Realized that the event name needed to better reflect the issues we see in the community
- Needed to be sure we included everyone who has been affected by any SUD, not just heroin
- Renamed the event the END ADDICTION BHAM Walk



BlueCross BlueShield
of Alabama



CounselHound



TOGETHER WE MARCH *FOR AN* END TO ADDICTION

- 1917 CLINIC
- ADDICTION PREVENTION COALITION
- AIDS ALABAMA
- AL-ANON
- ALABAMA ADULT & TEEN CHALLENGE
- ALABAMA DEPT OF MENTAL HEALTH
- ALCOHOLICS ANONYMOUS
- ALETHIA HOUSE
- BAMA HEALTH FOODS
- BEHAVIORAL HEALTH GROUP
- BIRMINGHAM AIDS OUTREACH
- BIRMINGHAM RECOVERY CENTER
- BRADFORD HEALTH SERVICES
- CELEBRATE RECOVERY
- CAPPI
- CENTRAL ALABAMA WELLNESS
- COCAINE ANONYMOUS
- CRISIS CENTER
- FELLOWSHIP HOUSE
- FLORIDA SPRINGS
- THE FRITZ CLINIC
- GRIEF RESOURCES
- HEALTH CONNECT AMERICA
- HEROIN ANONYMOUS
- IMPACT RECOVERY CENTER
- JEFFERSON COUNTY DEPT. OF HEALTH
- JEFFERSON COUNTY DRUG COURT
- JIMMIE HALE MISSION
- KOLBE ADDICTION SERVICES
- MAGIC CITY ACCEPTENCE ACADEMY
- MCWHORTER SCHOOL OF PHARMACY
- MILLS PHARMACY
- MINDS AND MENTORS PROGRAM
- THE MOORE INSTITUTE
- NARCOTICS ANONYMOUS
- PATHWAY HEALTHCARE
- PROJECT LEAP
- RECOVERY BAY CENTER
- RECOVERY DHARMA BIRMINGHAM
- R.O.S.S
- RURAL ADDICTION PREVENTION
- SMART RECOVERY BIRMINGHAM
- UAB ADDICTION RECOVERY
- UAB BEACON RECOVERY
- UAB COLLEGIATE RECOVERY
- UNBOUND GRACE
- VAPING PREVENTION RESOURCES

TOGETHER WE MARCH *FOR AN* END TO ADDICTION

ACTIVITIES

**KID
ZONE**

**MEMORIAL FLAG
GARDEN**

**COVID VACCINES
BY ALETHIA HOUSE**

**HIV SCREENINGS BY
AIDS ALABAMA**

**HEP C SCREENINGS
BY BAO**

**FOOD
TRUCKS**

**NALOXONE
TRAINING BY JCDH**

**LINE
DANCING**

MEET THE PEOPLE OF EAB 2022



Champion

Brent Bonham



Emcee

DJ Slim Robb



Poet

Salaam Green



Musician

Kevin Derryberry Band



Drum Line

Woodlawn High School



**Director of
Operations, APC**

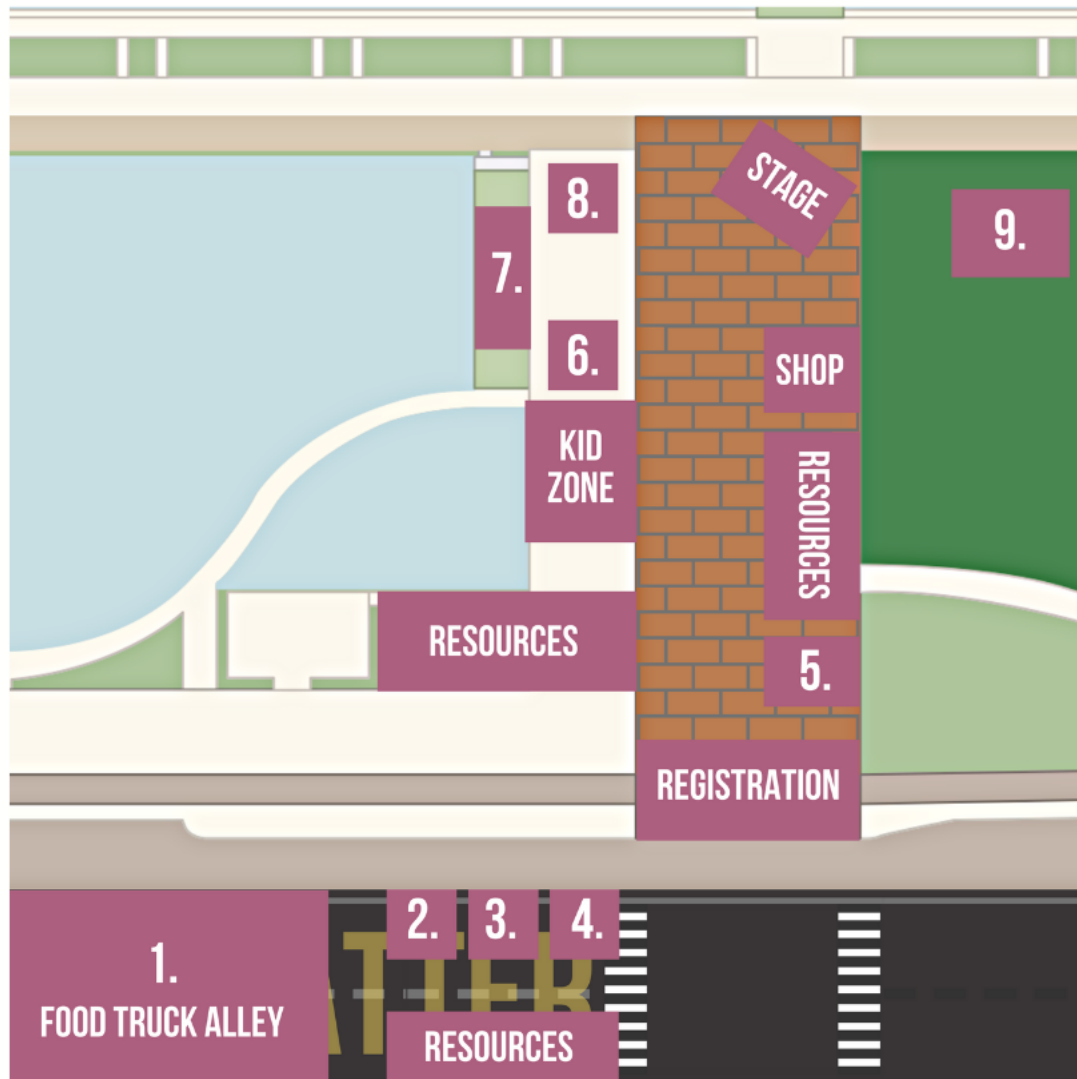
Nikki Macon



**Events & Media
Coordinator, APC**

Michaela Smith

EVENT LAYOUT



BCBSAL STAGE

Program starts at 11am. Stage sponsored by BCBS of Alabama.



1. FOOD TRUCK ALLEY

Grab a bite to eat at one of many local food trucks serving up all your favorite foods.

2. HEP C SCREENING

Stop by for your free HEP C screening from Birmingham AIDS Outreach.



3. HIV SCREENINGS

Stop by for your free HIV Screening & PreP info from AIDS Alabama.



4. COVID VACCINES

Aletheia House is providing covid vaccines for anyone in need on a dose.



5. NALOXONE TRAINING

Free training and supplies offered by JCDH.



6. HOPE PROJECT

Show the world what hope looks like. take an instant photo and add it to our picture collage. follow [@addictionpreventioncoalition](#) on social media, post a selfie at the walk, tag us & use [#Endaddictionbham](#) to be entered into a drawing to win a \$50 gift card.

7. MEMORY FLAGS PROJECT

Alabama saw over 1,000 deaths by overdose in 2019. If you have lost someone to SUD, add their name to a flag.

8. MEMORY PROJECT

Write a message in memory of your loved one.

9. DRUM CIRCLE

Join John Scalici for a drum circle celebrating our community.



SCHEDULE

8:00 AM - 9:30 AM	Resource Tables Set-Up
9:45 AM	Registration & Activities Open
10:50 AM - 11:00 AM	Drum Line Performs
11:00 AM	Welcome by Carie Wimberly
	Remarks by Mayor Woodfin
	Keynote: Brent Bonham
11:30 AM	Walk Begins & Music by Kevin Derryberry Ministries
12:00 PM	Sponsor & Top Fundraiser Recognition
	Sober Circle led by Brent Bonham
	Spoken Word by Salaam Green
1:00 PM	Line Dancing led by Jo Mellown
1:55 PM	Closing Remarks by Carie Wimberly
2:00 PM	Event Ends



EAB 2022 BY THE NUMBERS

**PRE-REGISTERED
ATTENDEES:
950**

**DAY OF
ATTENDEES:
~1,000**

**REGISTERED
RESOURCE TABLES:
OVER 50**

**SPONSORS
TOTAL: 24
NEW : 15**

**MONEY RAISED:
\$100,000**

#PROTECTOURFUTURE



RESCUE

Dr. Wilson, JCDH
Dr. Traffanstedt, JCDH

GOAL

Reduce deaths from opioid overdoses by increasing access to naloxone and employing other lifesaving measures.





Naloxone Kit Distribution

Jan. 1 – Mar. 29, 2022

From ADMH:

Total of **3280**

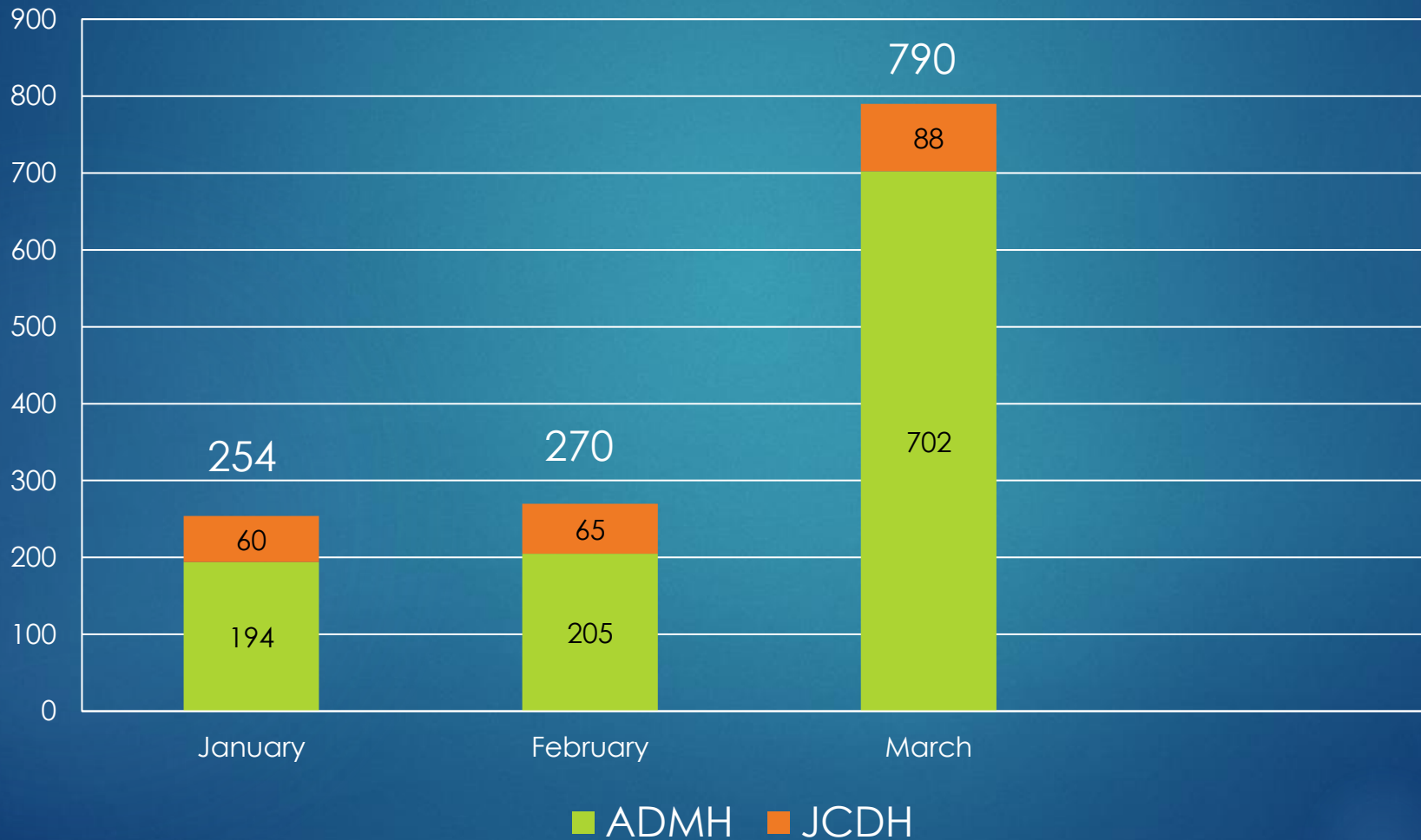
(Including 1101 mail-out to anyone in the state via JCDH)

From JCDH:

Total of **525**

(Not including kits from ADMH)

On-line Naloxone Training and Mail-out



Trends from Jefferson County Coroner's 2021 Annual Report

- ▶ **401 total** overdose deaths, up from 302 in 2020 (33% increase)
- ▶ **343** deaths involved **opioids**, up from 237 (45% increase)
- ▶ **316** deaths involved **fentanyl**, up from 190 (66% increase).
- ▶ **117** deaths involved **cocaine**, up from 70 (67 increase)
- ▶ **68** deaths involved **heroin**, *down* from 74 (8.1% decrease)
- ▶ **134** deaths involved **methamphetamine**, up from 82 (63% increase)

(Note: There is overlap between all the above numbers)

Source:

https://www.jccal.org/Sites/Jefferson_County/Documents/Coroner_Medical%20Examiner%20Office/2021%20annual%20report.pdf


Trends from Jefferson County Coroner's 2021 Annual Report

- ▶ Overdose deaths in **Black individuals** increased from 112 deaths in 2020 to 171 deaths in 2021 (53% increase)
- ▶ Overdose deaths in **Black females** increased from 27 deaths in 2020 to 51 deaths in 2021 (89% increase)



The Bottom Line:

More people are dying from fentanyl overdose while using *other* drugs.



Fentanyl Test Strip Bill (SB168) passed into law
- goes into effect June 1, 2022

PRESCRIBERS AND DISPENSERS

Dr. Traffanstedt, JCDH
Matt Hart, ALBME

GOAL

Ensure tomorrow's prescribers and dispensers are educated in opioid prescribing today.



Prescribers and Dispensers Committee Development of Addictive Substances Curriculum

Current Progress:

- ▶ Lecture creation well underway
- ▶ Funding secured to offset cost of technical housing
- ▶ Committee leadership has vetted technical housing options and is recommending the Auburn University Harrison School of Pharmacy continuing education site for the technical housing
- ▶ Lectures will be ready by fall, full project completion date TBD

WORKFORCE

Dr. David L. Albright
University of Alabama, School of Social Work

Co-Chair TBD

GOAL

Promote and foster a workplace that supports mental wellbeing throughout the state.



Workforce Update

- ▶ Reconstituted committee

- ▶ New objectives:

1. Proclamation supporting behavioral health in the workplace
2. Applying ACE in the workplace
3. Working with AWSP to include substance use disorder, specifically opioid use disorder, questions to employers
4. Support the extension of the 'Stop Judging, Start Healing' campaign to address mental health in the workplace

- ▶ Introduction to ACE presentation



A.C.E

**ADVOCATING FOR CHANGE
THROUGH EDUCATION**

**Presented by: Whit Freeman
& Aubin Cawthon**

ACE Mission Statement

ACE provides education in an effort to reduce harm, stigma, and lower the overdose death rate in Alabama.

Current Topics

- Substance Use Disorder/
Opioid Use Disorder
 - Stigma
- Overdose Prevention/
Harm Reduction



Future Topics

For the Professional Community



- Compassion Fatigue
- Supervision of peers
- Diversity and Inclusion

For The Recovery Community

- Making Positive Choices
- Self Care
- Finding Your Recovery Pathway
- Professionalism
- Personal Growth
- Communication Skills
- Building Healthy Relationships
- Setting Healthy Boundaries

Questions and Remarks



- What is your vision of the future workings of ACE?
- What topics would you like to see presented?
- What are the topics we can add to our catalogue that would benefit your agencies?




A.C.E

**ADVOCATING FOR CHANGE
THROUGH EDUCATION**

**Overdose Prevention &
Harm Reduction Basics**





Overdose Prevention/ Harm Reduction

Objectives:

- Recognize the most harmful opioids
- What is an Opioid Overdose
- What to do if you witness an overdose
- How to obtain Naloxone
- Understanding Harm Reduction

Facts about Fentanyl

Fentanyl is a synthetic opioid that is up to

50x

stronger than
heroin

100x

stronger than
morphine

**Over 150 people die every day
from overdoses related to synthetic
opioids like fentanyl.**



How to use a fentanyl test strip to help prevent overdose



A deadly opioid called **fentanyl** is being added to drugs like **heroin, cocaine, and pills**.

Fentanyl test strips can tell you whether or not you have fentanyl in your drugs. You can follow these steps to use a fentanyl test strip to prevent overdose.

Step 1 - Add water

Testing residue



Add 10 drops of sterile water to your cooker after you have drawn your shot and stir well.

Testing pills or powder



Add water to an empty bag with residue in it and mix well. If you have pills, break a piece off and stir it into water.

Step 2 - Test



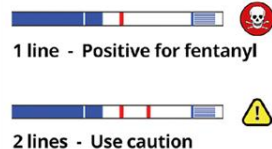
Hold the blue end of your test strip and dip it into the water for 15 seconds. Be sure you only dip up to the wavy lines.

Step 3 - Wait



Wait two minutes until you can see lines show up in the middle.

Step 4 - Results

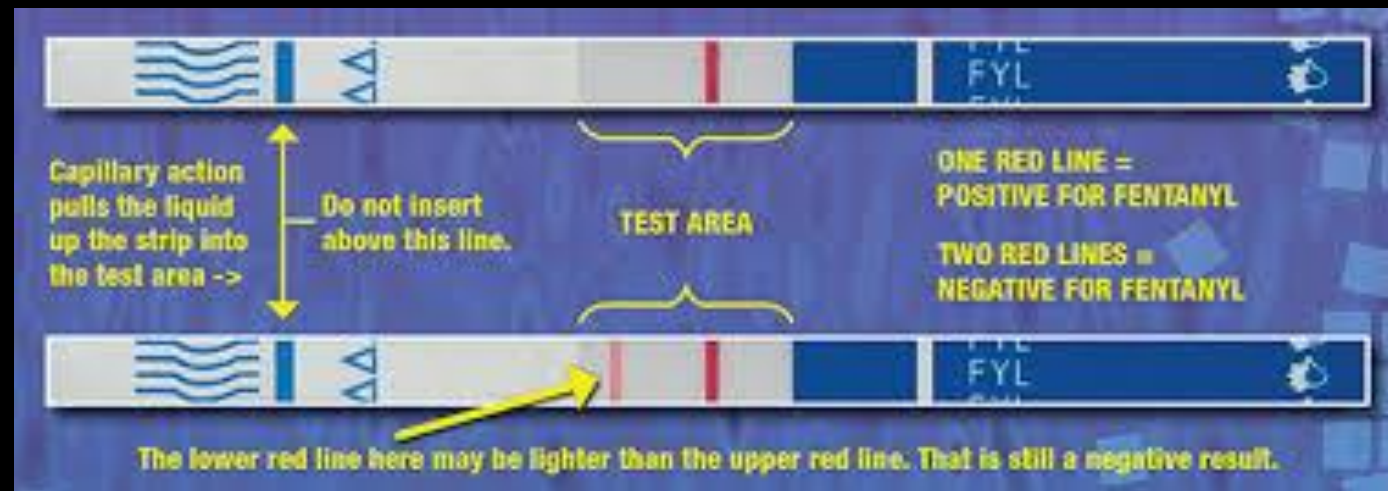


Read your test results. One line means that your drugs have fentanyl in them. **No** drugs are 100% safe.

What can I do after I get my test result?

1. I can have naloxone with me
2. I can have someone with me who can call 911 and give me naloxone if I overdose
3. I can go slow and use less

Fentanyl Test Strips



RISK FACTORS FOR OPIOID OVERDOSE

**1. Mixing
substances**

**2. Tolerance
changes**

**3. Quality (e.g.,
strength, purity)**

4. Using alone

**5. Age and
physical health**

**6. Mode of
administration**

**7. Previous non-
fatal overdose**

WHAT IS AN OVERDOSE?

Opioids affect the part of the brain that regulates breathing. When people take high doses of opioids, it can lead to an overdose, with the slowing or stopping of breathing and sometimes death.

What is an opioid overdose?

The brain has many receptors for opioids. An overdose occurs when too much of any opioid, like heroin or Oxycontin®, fits in too many receptors slowing and then stopping the breathing.

Opioids fit exactly on receptor





**SMALL, CONSTRICTED
'PINPOINT PUPILS'**



**FALLING ASLEEP OR
LOSS OF CONSCIOUSNESS**



**CHOKING OR
GURGLING SOUNDS**



A LIMP BODY



**PALE, BLUE
OR COLD SKIN**



**SHALLOW BREATHING
OR NO BREATHING**

SIGNS OF AN OVERDOSE

Opioid Overdose Reversal Medication



Intramuscular
Manual

Naloxone is used to reverse an opioid overdose by reversing the toxic effects of the overdose.



Nasal Spray
Narcan

1 CHECK FOR OVERDOSE

Signs of overdosing:

- Not breathing well
- Turning blue/gray
- Not reacting when you rub your knuckles on their chest



2 CALL 9-1-1

- Call 9-1-1
- Say “someone isn’t breathing” and/or “I think it’s an overdose”
- Stay until help arrives, even if they seem better*



3 GIVE NARCAN®

- Push pump only after tip is in nose
- Go to Step 4
- If no response in 3 minutes, give another dose



4 GIVE BREATHS/CPR

- Make sure mouth is clear
- Tilt head back, lift chin, pinch nose
- Give 1 breath every 5 seconds
- Try CPR if you've been trained

MAKE SURE CHEST RISES
WITH EACH BREATH.



5 STAY UNTIL HELP ARRIVES

- If breathing well, put on side
- If not breathing well, repeat Steps 3 and 4
- Stay until help arrives*

HAND SUPPORTS
HEAD

KNEE STOPS BODY FROM
ROLLING ONTO STOMACH



- Standing Order
- Naloxone Facts
- Alabama's Good Samaritan Law

GETTING NALOXONE IN ALABAMA

is as easy as
1...2...3!



Steps:

1. Go to JCDH.org and search Naloxone, or scan the QR code below.
2. Watch a quick video on Naloxone and how to administer it.
Complete the online form to get your certificate.
3. Pick one of the options to get your free naloxone kit:
 - Have kit mailed to you
 - Pick up kit at JCDH
(1400 6th Ave South, Birmingham, AL)
 - Pick up kit at a participating pharmacy



The Jefferson County Department of Health is offering free naloxone training certification on how to prevent, recognize, and respond to an opioid overdose by using naloxone. Naloxone is a prescription medication used to reverse an opioid overdose. Opioids are substances such as heroin, fentanyl, or prescription pain medication.

Any questions? Call 930-1065 or email naloxonetraining@jcdh.org

Further Education Links:

<https://recoveryresourcejeffco.com/>

<https://www.alabamapublichealth.gov/pharmacy/naloxone-dispensing.html>



What is Harm Reduction?

Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. Harm Reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs.



Principles of Harm Reduction

Harm reduction incorporates a spectrum of strategies that includes safer use, managed use, abstinence, meeting people who use drugs “where they’re at,” and addressing conditions of use along with the use itself.

Myths of Harm Reduction

- Medications for treatment of opioid use disorder simply substitute one addiction with another
- Someone who takes medication for opioid use disorder is not “in recovery.”
- Syringe exchange programs encourage and enable drug use by making it easier and safer.
- Responding to overdose calls with naloxone is a waste of police resources.



HELPLINE
844-307-1760

**Are you, a family member, or friend struggling
with addiction or in need of support?**

Do you prefer chat? Live chat is available through our website:

Want to send an email? Send us a message:

helpline4u.al@gmail.com

Every call, live chat and email is answered by a
person in recovery at:

R.O.S.S. RECOVERY ORGANIZATION
OF SUPPORT SPECIALIST

www.rosshelpline4u.org

Addiction is a disease, not a moral failing.

All services are confidential and FREE,
made possible through funding from ADMH and SAMHSA.



SAMHSA

ADDITIONAL RESOURCES

Additional Resources

- National Harm Reduction Coalition - www.HarmReduction.org
- American Addiction Centers - www.americanaddictioncenters.org/harm-reduction
- Harm Reduction International - <https://www.hri.global>
- Substance Abuse and Mental Health Services Administration - www.samhsa.gov
- Never Use Alone Hotline - www.neverusealone.com
800-484-3731
- Good Works North Alabama Harm Reduction – www.facebook.com/goodworkshuntsville
[Jefferson County Department of Health \(jcdh.org\)](http://JeffersonCountyDepartmentofHealth.org)
- Not One More Alabama - www.notonemorealabama.org
- VitAL - www.vitalalabama.com/project-freedom



TIME FOR QUESTIONS

SOURCES:

- <http://www.adph.org/volunteer/assets/GoodSamaritanAct.pdf>
- [Naloxone | SAMHSA](#)
- [Fentanyl Facts \(cdc.gov\)](#)
- [What is NARCAN® \(naloxone\) Nasal Spray](#)
- <http://preventoverdoseri.org/fentanyl-test-strips/>
- <https://mattadamshfoundation.org/fentanyl-testing/>
- [Naloxone DrugFacts | National Institute on Drug Abuse \(NIDA\)](#)
- [Opioid Overdose Prevention Training Slides \(recoverycenterofexcellence.org\)](#)
- [Opioid Basics | CDC's Response to the Opioid Overdose Epidemic | CDC](#)
- [nextdistro.org/alabama](#)
- <https://helpline.ma.org/2019/07/12/naloxone-information-that-can-save-a-life/>
- [Suboxone should be just part of opiate treatment \(courierpostonline.com\)](#)
- [Opioid Overdose: MedlinePlus](#)
- [Let's Address Four Common Myths About Harm Reduction \(filtermag.org\)](#)
- <https://harmreduction.org/>

Other Council Business

A. Maternal Child Health/Substance Use Committee – Kat House and Dr. Traffanstedt

- Two groups working on this over the past couple of years
 - Opioid Misuse in Women/Neonatal Abstinence Syndrome Task Force, co-chaired by ADPH Alabama Chapter of the American Academy of Pediatrics
 - Leadership Group for Pregnant Women with Substance Use, co-chaired by JCDH and UAB CAPP.
- **Goal:** Improve maternal and child health by addressing the challenges faced by pregnant women with substance use disorders and infants born with neonatal opioid withdrawal syndrome.
- **Objectives:**
 - Ensure in-utero substance exposure is an automatic eligibility for early intervention services
 - Examine and make recommendations of best practices to improve engagement in prenatal care/substance use treatment among pregnant women with substance use disorders
 - Establish standards of care at various points of entry for mother and infant
 - Create a statewide resource listing of providers and entities offering recovery services for pregnant and parenting women

Maternal Child Health/Substance Use Committee

Continued

- Would collaborate with other Committees and state initiatives. For example:
 - Integrate use of SBIRT and depression screening into OB/GYN care and delivery – Treatment and Recovery Committee
 - Expand accessible substance use treatment resources for pregnant women - Treatment and Recovery Committee
- Recommendation for Chair and Co-Chair
 - Chair - Honour McDaniel, Director, Maternal Infant Health, March of Dimes
 - Co-Chair - Suzanne Muir, Associate Director, UAB Department of Psychiatry and Neurobiology, Comprehensive Addiction in Pregnancy Program

Other Council Business

- B. Annual Report discussion - Commissioner Boswell
- C. Next meeting dates:
 - July 20, 2022 – 1-3pm
 - Nov 16, 2022 – 1-3pm

Meeting Dates:

July 20, 2022 – 1-3pm

Nov 16, 2022 – 1-3pm

