



KAY IVEY
GOVERNOR

STATE OF ALABAMA
DEPARTMENT OF MENTAL HEALTH

RSA UNION BUILDING

100 NORTH UNION STREET
POST OFFICE BOX 301410
MONTGOMERY, ALABAMA 36130-1410
WWW.MH.ALABAMA.GOV



KIMBERLY G. BOSWELL
COMMISSIONER

MEMORANDUM

To: ADMH Central Office and Regional Offices Staff

From: Kimberly G. Boswell, Commissioner

Date: August 15, 2022

RE: COVID-19 Quarantine and Isolation Protocol Update

The CDC has updated guidelines regarding the above. The new guidelines no longer require quarantine for employees who have had close contact with someone with COVID. Instead, the CDC recommends that persons who have been in close contact wear a mask for ten days following the exposure.

The ADMH is implementing new protocols to reflect this change. Effective immediately, employees who have been in close contact with someone with COVID will report the contact and will be required to wear a mask for ten calendar days following the exposure. No quarantine period will be required. Supervisors should apply the new requirements to any employee currently quarantined or isolated.

An updated version of the [Supervisor Reporting Sheet](#) and the [Protocols for Employees and Supervisors](#) will be available on our website soon.

All other previously established protocols remain in place. Employees are encouraged to continue practicing mitigation strategies such as social distancing, consistent handwashing, cleaning of workstations daily, and daily monitoring of their health condition with particular attention towards COVID-19 related symptoms before arriving to work. Employees who believe their symptoms are COVID-19 related should contact their supervisor and are encouraged to get tested.

All ADMH supervisors and employees should read and follow current protocols which will be accessible on our website. Should you have questions regarding COVID-19 Protocols, you may contact Bryan Penn at Bryan.Penn@mh.alabama.gov.

Questions regarding leave or other personnel issues can be addressed to Lynn Hubbard (lynn.hubbard@mh.alabama.gov) or Brooke Hibbard (brooke.hibbard@mh.alabama.gov).

Supervisor reporting sheets should be submitted to Covid.report@mh.alabama.gov

These updated protocols are an indicator of the progress we are making in reducing the impact of COVID on all our lives. Your continued support and diligence are appreciated.