

DEPARTMENT OF MENTAL HEALTH
MENTAL ILLNESS COMMUNITY PROGRAMS
ADMINISTRATIVE CODE

CHAPTER 580-2-9
PROGRAM OPERATION

TABLE OF CONTENTS

~~580-2-9-.09~~ General Outpatient.

~~(1) The program description is approved by the board as specified in 580-2-9-.08(10) (b) and is consistent with the provisions of this section. The program description must include all of the following components.~~

~~(a) A description of the nature and scope of the program that outlines General Outpatient Services provided including any of the services as specified in 580-2-9-.09(4) and as indicated by individual consumer needs and preferences.~~

~~(b) Discharge/transfer criteria and procedures.~~

~~(c) A description of the geographic service area for the program.~~

~~(d) Admission criteria.~~

~~(2) As evidenced by personnel records, staff are qualified to provide the services that they render.~~

~~(3) Each consumer admitted for treatment must be assigned to an appropriately qualified staff member or clinical treatment team who has the primary responsibility for coordination/implementation of the treatment plan. Consumers receiving medication only may have a registered nurse with the primary case responsibility. Consumer records document that there is a qualified case responsible staff member/team and that this person/team implements/coordinates provision of services included in the treatment plan.~~

~~(4) Outpatient services shall include a variety of treatment modalities and techniques. Services (a)-(g) must be provided to be certified for Outpatient Services. The remaining services described below are optional.~~

~~_____ (a) _____ Intake — Key service functions include at least:~~

~~_____ 1. _____ A clinical interview with the consumer and/or family members, legal guardian, significant other.~~

~~_____ 2. _____ Screening for needed medical, psychiatric, or neurological assessment as well as other specialized evaluations.~~

~~_____ 3. _____ A brief mental status examination.~~

~~_____ 4. _____ Review of the consumer's presenting problem, symptoms, functional deficits, and history.~~

~~_____ 5. _____ Initial diagnostic formulation.~~

~~_____ 6. _____ Development of an initial plan for subsequent treatment and/or evaluation.~~

~~_____ 7. _____ Referral to other medical, professional, or community services as indicated.~~

~~_____ (b) _____ Individual Therapy/Counseling — Key service functions include at least:~~

~~_____ 1. _____ Face-to-face interaction where interventions are tailored toward achieving specific measurable goals and/or objectives of the consumer's treatment plan.~~

~~_____ 2. _____ On-going assessment of the consumer's preexisting condition and progress being made in treatment.~~

~~_____ 3. _____ Symptom management education and education about mental illness and medication effects.~~

~~_____ 4. _____ Psychological support, problem solving, and assistance in adapting to illness.~~

~~_____ (c) _____ Family Therapy/Counseling — Key service functions include at least:~~

~~_____ 1. _____ Face-to-face interaction with the consumer, family, and/or significant others where interventions are tailored toward achieving specific measurable goals and/or objectives of the consumer's treatment plan.~~

~~2. On-going assessment of the consumer's presenting condition and progress being made in treatment.~~

~~(d) Physician Assessment and Treatment - Key service functions include at least:~~

~~1. Specialized medical/psychiatric assessment of physiological phenomena.~~

~~2. Psychiatric diagnostic evaluation.~~

~~3. Medical/psychiatric therapeutic services.~~

~~4. Assessment of the appropriateness of initiating or continuing the use of psychotropic medication.~~

~~5. Assessment of the need for inpatient hospitalization.~~

~~6. May be rendered via teleconference with a direct service or consultation recipient.~~

~~(e) Medication Monitoring - Face-to-face contact between a consumer and a mental health professional, registered nurse, or licensed practical nurse. Key service functions include:~~

~~1. Review of the overt physiological effects of medication.~~

~~2. Monitoring compliance with dosage instructions.~~

~~3. Instructing the consumer and/or caregivers of expected effects.~~

~~4. Assessing the consumer's need to see the physician.~~

~~5. Recommending changes in the medication regime.~~

~~(f) Treatment Plan Review - Review and/or revision of a consumer's individualized treatment plan by a licensed physician, certified nurse practitioner, licensed physician's assistant, licensed psychologist, licensed certified social worker, a licensed marriage and family therapist, a registered nurse with a master's degree in psychiatric nursing, or a licensed professional counselor who is not the primary~~

~~therapist for the consumer. This review will evaluate the consumer's progress toward treatment objectives, the appropriateness of services being provided, and the need for a consumer's continued participation in treatment.~~

~~(g) Crisis Intervention - Immediate emergency intervention with a consumer, family member, legal guardian, and/or significant others to ameliorate a consumer's maladaptive emotional/behavioral reaction. Service is designed to resolve the crisis and develop symptomatic relief, increase knowledge of where to turn for help at a time of further difficulty, and facilitate return to pre-crisis routine functioning.~~

~~(h) Diagnostic Testing - Key service functions include the administration and interpretation of standardized objective and/or projective tests of an intellectual, personality, or related nature. Testing of consumers who are deaf or have limited English proficiency must be done by staff or by using a Qualified Mental Health Interpreter as defined by 380-3-24. If the consumer is deaf, the staff member will have at least an Advanced level on the Sign Language Proficiency Interview.~~

~~(i) Group Therapy/Counseling - Key service functions include at least:~~

~~1. Face to face interaction with a group of consumers (not to exceed 15 for adults except in 16 bed residential programs and 10 for children and adolescents) where interventions utilize the interactions of consumers and group dynamics to achieve specific goals and/or objectives of the consumer's treatment plan.~~

~~2. On-going assessment of the consumer's presenting condition and progress being made in treatment.~~

~~(j) Pre-hospitalization screening/court screening (RN is also qualified provider) - Key service functions include at least:~~

~~1. A clinical assessment of the consumer's need for local or state psychiatric hospitalization.~~

~~2. An assessment of whether the consumer meets involuntary commitment criteria, if applicable.~~

~~3. Preparation of reports for the judicial system and/or testimony presented during the course of a commitment hearing.~~

~~4. An assessment of whether other less restrictive treatment alternatives are appropriate and available.~~

~~5. Referral to other appropriate and available treatment alternatives.~~

~~6. Coordination with state hospital staff, probate judge, and public mental health center (if provider is not one) as specified in a written agreement.~~

~~(k) Medication Administration - Key functions include the administration of injectable or oral psychotropic medications as directed by a physician (RN or LPN are the only qualified providers).~~

~~(l) Basic living skills - Psychosocial services provided by a staff member supervised by another staff member who has at least a master's degree and 2 years of post-master's clinical experience on an individual or group basis to enable a consumer(s) to maintain community tenure and to improve their capacity for independent living. Key services functions include the following services as appropriate to individual consumer needs:~~

~~1. Training and assistance in developing/maintaining skills such as personal hygiene, housekeeping, meal preparation, shopping laundry, money management, using public transportation, medication management, healthy lifestyle, and stress management.~~

~~2. Consumer education about the nature of the illness, symptoms, and the consumer's role in management of the illness.~~

~~(m) Family Support - Services provided by a staff member under the supervision of another staff member who has a master's degree and 2 years of post-master's clinical experience to families (caregivers, significant others) of mentally ill consumers to assist them in understanding the nature of the illness of their family member and how to help the consumer be maintained in the community. Key service functions include at least education about:~~

- ~~1. The nature of the illness.~~
- ~~2. Expected symptoms.~~
- ~~3. Medication management.~~
- ~~4. Ways in which the family member can support the consumer.~~
- ~~5. Ways in which the family member can cope with the illness.~~

~~(n) Mental Health Consultation - Assisting other external service providers/independent practitioners in providing appropriate services to an identified consumer by providing clinical consultation. Key service functions include written or verbal interaction in a clinical capacity in order to assist another provider to meet the specific treatment needs of an individual consumer and to assure continuity of care to another setting.~~

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