

Indian Rivers 310 Board Plan
Developed April 2023

Board Name: The Mental Health Board of Bibb, Pickens and Tuscaloosa Counties, Inc.
d/b/a Indian Rivers Behavioral Health

Counties Served: Bibb, Pickens and Tuscaloosa

Description of Services/Supports Provided:

Indian Rivers provides the following services:

- MI Outpatient services for adults with a SMI and children/adolescents with an SED diagnosis, including intensive in-home and case management services as well as traditional outpatient and psychiatric services
- MI Residential Services for adults with a SMI
- SA/SUD Outpatient Services for adults
- SA/SUD Residential Services for adult women
- Crisis Residential Services for adults with a SMI diagnosis
- 24/7 Crisis services for anyone experiencing a behavioral health crisis
- ID/DD Dayhab services

Populations: Indian Rivers serves all adults and children with either a SMI (adults), SUD (adults), or SED (children) diagnosis regardless of their ability to pay for services.

Mission Statement: “To treat/support individuals in the community who have a serious mental illness, substance abuse/dependence, or an intellectual disability so that they may effectively learn to manage their disability and recognize the highest level of independence possible. These individuals will be treated with the greatest of respect and dignity and all efforts will be put forth to protect their rights as agency staff support them in meeting the unique goals that have been established.”

Vision Statement: “Indian Rivers will deliver a robust continuum of behavioral health services to the West Alabama community. Indian Rivers will offer inpatient, outpatient, and residential care as core services for individuals with mental illness, substance abuse, and

developmental disabilities throughout Bibb, Pickens, and Tuscaloosa counties. Indian Rivers' service offerings will be accessible, consumer driven, efficient, technically advanced, and show a clear and obvious benefit to the community."

Description of Planning Cycle: The management team of Indian Rivers continually evaluates the needs of our target populations in combination with state/national trends and the operational strength/weaknesses of our agency to formulate goals and objectives for the coming year. These goals and objectives are presented to The Governing Board (Board of Directors) for consideration and approval at its annual strategic meeting in July.

Planning Cycle Timeframe: Strategic planning is a continuous process as expected and unexpected events occur. However, the formal process of establishing annual goals and objectives occurs at the Governing Board's annual meeting every July.

Key Stakeholders & Roles: Indian Rivers uses information obtained from our partnerships with key community stakeholders to implement continuous improvements in our service delivery system. Input from these key stakeholders assists in the development of Indian Rivers annual goals. Some of these key stakeholders are:

- Clients
- Families
- State and local government officials
- Law enforcement
- Judicial and correctional officials
- Public education administrators
- Health care providers
- Social service providers

Method of Needs Assessment: Needs are assessed from a myriad of sources that include consumer surveys, other community agencies, observed national and state initiatives, as well as the informed opinion of management, clinicians and members of the Governing Board.

Greatest Area(s) of Unmet Needs: (1) The inability to maintain services due to the inability to recruit and retain employees due to the workforce issues further impact by the pandemic; (2) funding to maintain programs and expand programs (3) A continuum of Recovery Support services

Needed Expansions: (1) Expanded services to treat SUD. (2) Expanded outpatient treatment for children and adolescents (3) Expanded Recovery Support Services

Current Funding Resources: The vast majority of Indian Rivers funding is provided through service contracts with the Alabama Department of Mental Health and the Alabama Medicaid Agency.

Future Funding Resources: Indian Rivers expects to continue current funding arrangements with the Alabama Department of Mental Health and Medicaid. However, Indian Rivers will explore additional funding and service opportunities that exist with consumers, commercial insurers, other providers and governmental agencies (e.g. grants).

Three Goals and Objectives for the Reporting Period:

- #1. Collaborate and partner with other local health providers, social service agencies, local government, and other local stakeholders to develop more efficient and effective systems of care and support as well as to develop an improved continuum of crisis case services and recovery support services.
- #2. Expand and/or pursue expanded services and sources of additional funding and to meet the needs of our communities.
- #3. Develop further workforce compensation and recruitment/retention strategies.

Plan Monitoring & Evaluation: Indian Rivers' Board and Management will review the status of each goal/objective/priority throughout the year and adjust implementation strategies as may be appropriate. An annual review of these goals will take place at the annual board strategic meetings in July.

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