

## **CRSS Support Group Info**

You can receive up to four (4) hours of continuing education credit for attending four (4) support group sessions.

You are welcome to attend additional support group meetings and we strongly encourage you to do so.

Listed below are meeting times and ZOOM information.

### **Tuesdays 5:30 pm - 6:30 pm**

*Click link below to join Zoom Meeting:*

<https://mhalabama.zoom.us/j/84050029917?pwd=ckxWMXJyZU5GSjNWNXo2dEFHMzFZZz09>

Meeting ID: 840 5002 9917

Passcode: Tuesday

### **Thursdays 5:30 pm - 6:30 pm**

*Click link below to join Zoom Meeting:*

<https://mhalabama.zoom.us/j/89705033790?pwd=eVJOR2V6THVFZ3YxWXQxaEpaQmxVZz09>

Meeting ID: 897 0503 3790

Passcode: Thursday

*Please note that support groups do not meet on holidays which are recognized by the Alabama Department of Mental Health.*

### **Additional support group notes:**

- If you have already received your 16 hours for the year, you are still welcome and encouraged to attend any and all support

groups offered.

- Please take a print screen image or screen shot to confirm your attendance and email to **deborah.pennington@mh.alabama.gov**. If you are not sure how to do this, please go online to search this information as it is specific to your electronic device.
- **YOUR CAMERA MUST BE ON FOR THE ENTIRE DURATION OF ALL SUPPORT GROUPS.** (You will not receive credit for attending a support group if your camera is not on). **BEING IN A VEHICLE, AS A DRIVER OR A PASSENGER, WHILE PARTICIPATING IN SUPPORT GROUPS IS STRICTLY PROHIBITED. IF YOU ARE SUSPECTED OF BEING IN A VEHICLE WHILE PARTICIPATING YOU WILL BE ASKED TO LOG OFF OR YOU MAY BE REMOVED FROM THE SESSION.**