

SBMH

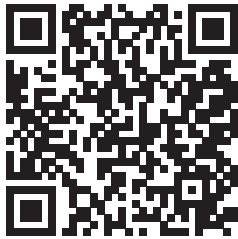
School-Based Mental Health Collaboration

Alabama Department of Mental Health &
Alabama State Department of Education



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Alabama Department
of Mental Health
connecting mind and wellness



Partner Requirements

Requirements to be officially designated as a “School Based Mental Health Collaboration Partner” include:

1. Participate in an **Initial Orientation** meeting with representatives from ADMH and ALSDE.
2. Formalize the relationship between the Community Mental Health Center (CMHC) and the local school system(s) participating in the School Based Mental Health Collaboration with a written **Memorandum of Agreement (MOA)**, contract, or similar instrument that is reviewed and renewed on a regular basis.
3. Participate in **Data Collection and Reporting** as required.
4. Use and maintain **Standardized Referral Process/Documentation**.
5. Utilize a **“Gatekeeper”** at each school, who is preferably the School Counselor or Mental Health Service Coordinator.
6. Conduct **Regular Executive Meetings** to share billing/services provided and to solve problems and discuss difficult cases as required.
7. Schools provide private space and internet access; CMHCs provide master’s-level therapists with own computer or other record-keeping capability.
8. Staff will maintain **Separation of School Records and Mental Health Records** for legal and confidentiality purposes.

Expected Outcomes & Performance Indicators

Rates of school attendance improved¹

- Number of students with unexcused absences > than 7 days reduced
- Number of unexcused absences > than 7 days reduced

School behavior improved¹

- Number of students with out-of-control suspension > than 10 days reduced
- Number of out-of-school suspensions > than 10 days reduced

Student promotion/ graduation rate improved¹

- Number of students receiving the Alabama High School Diploma or promoting to the next grade level increases

Student/Family engagement improved²

- Number of students receiving mental health services increased
- Number of services provided/hours of services provided increased

Total level of life domain functioning improved³

- Number of students whose level of life domain functioning improve

Delinquent behavior improved³

- Number of students with arrests decreases

Family/Youth perception of care improved³

- Number of students/families whose perception of care improves

Social Connectedness³

- Number of students/families whose social connectedness improves

The Alabama Department of Mental Health and Alabama Department of Education have identified the need for a deliberate strategy aimed at improving service quality within and continuity between the two departments.

The aim is to achieve greater integration of mental health services for children with a serious emotional disturbance between the community mental health centers and the public schools and to increase the utilization of evidence-based practices. The integration of these services will foster continuity of care and ensure sustained gains in academic and developmental domains for children, youth, and their families.

The Goal of School-Based Mental Health Collaboration

The goal of the School-Based Mental Health Services (SBMH) collaboration between Alabama Department of Mental Health (ADMH) and its providers and the Alabama State Department of Education (ALSDE) and Alabama's local education agencies is to **ensure that children and adolescents, both general and special education, enrolled in local school systems have access to high quality mental health prevention, early intervention, and treatment services for children with a serious emotional disturbance (SED).** To be effective, comprehensive mental health services in schools must be provided by an on-site master's level mental health professional in collaboration with teachers, administrators, and families.

The SBMH programs are designed to ensure that mental health needs of children and adolescents in the public schools are identified early on and addressed in a competent manner through a school, family, and community mental health partnership.

With the ultimate goal of optimal social-emotional health for school-aged youth who are appropriate for these services, SBMH provides:

- High quality services that build on existing school programs, services, and strategies;
- A continuum of care in a school setting-mental health education and promotion through intensive intervention;
- Authentic parent/family engagement;
- Meaningful children and youth involvement;
- Culturally and linguistically competent service provision; and
- Data-driven planning, evaluation, and quality improvement.

¹ Alabama State Department of Education

² Local Community Mental Health Centers

³ Alabama Department of Mental Health based on Child and Adolescent Needs and Strengths (CANS)