

## Subject: Targeted Case Management

### Requirements

<b>Bulletin Number:</b> DY-1/Clinical - 24-5	<b>CCBHC Implementation Bulletin</b>	<b>Effective Date:</b> September 1, 2024
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1. **Programs Affected:** All CCBHC Demonstration participants.
2. **Background and Purpose:** Community Mental Health Centers (CMHCs) designated by the Alabama Department of Mental Health (ADMH) as Certified Community Behavioral Health Clinics (CCBHCs) are responsible for providing outpatient mental health and substance use services in accordance with SAMHSA CCBHC Certification Criteria, either directly or via a Designated Collaborating Organization (DCO) partnership.<sup>1</sup> Targeted Case Management (TCM) is a critical component of ensuring that Alabama residents engaged in CCBHC programming receive expedited support services during times of care or housing transitions. Through TCM services, individuals are more likely to remain safe, stable and less likely to experience a crisis. ***This bulletin describes how Targeted Case Management services are defined for all CCBHCs.***
3. **SAMHSA CCBHC Criteria Authority**
  - 3.1. ***SAMHSA CCBHC certification criterion 4.h.1 states that CCBHC targeted case management provides an intensive level of support that goes beyond the care coordination that is a basic expectation for all people served by the CCBHC.***
  - 3.2. CCBHC targeted case management should include supports for people deemed at high risk of suicide or overdose, particularly during times of transitions such as discharge from:
    - Residential treatment
    - Hospital emergency department
    - Psychiatric hospitalization
  - 3.3. CCBHC targeted case management should also be used during other critical periods, such as:
    - Episodes of homelessness
    - Transitions to the community from jails or prisons
  - 3.4. CCBHC targeted case management should be used for individuals with complex or serious mental health or substance use conditions and for individuals who have a short-term need for support in a critical period, such as an acute episode or care transition. Intensive case management and team-based intensive services such as through Assertive Community Treatment are strongly encouraged but not required as a component of CCBHC services.
  - 3.5. The CCBHC is responsible for providing directly, or through a DCO, targeted case management services that will assist people receiving services in sustaining recovery and gaining access to the following needed supports:
    - Medical
    - Social

- Legal
- Educational
- Housing
- Vocational
- Other services and supports as needed and/or as defined by the state

#### **4. ADMH Implementation**

4.1. The ADMH has established a minimum set of TCM services required of the CCBHCs. This list is not intended to be all-inclusive. CCBHCs are free to determine whether other TCM services may be appropriate for those deemed high risk (i.e., complex or serious MH or SU conditions, homeless, at risk for suicide or overdose, etc.). In Alabama, TCM services will be provided to the following individuals:

- 4.1.1. Persons transitioning from carceral settings.
- 4.1.2. Persons transitioning from residential treatment.
- 4.1.3. Persons transitioning from inpatient treatment.
- 4.1.4. Persons transitioning from a hospital emergency department.
- 4.1.5. Persons screening high on social determinants of health screening.
- 4.1.6. Persons who have a short-term need for support in a critical period, such as an acute episode or care transition.
- 4.1.7. Persons experiencing episodes of homelessness.
- 4.1.8. Priority populations of focus: Persons with Opioid Use Disorder (OUD) with emphasis on the African American population; Pregnant and Parenting Women (PPW); and persons experiencing homelessness.

Disclaimer: The information contained in this implementation bulletin is for general information purposes only. For more details on the specific subject area covered in this bulletin, please refer to the Certified Community Behavioral Health Clinic (CCBHC) Certification Updated March 2023.

<sup>1</sup><https://www.samhsa.gov/sites/default/files/ccbhc-criteria-2023.pdf>