

# New Veterans Mental Health Steering Committee Projects

## **AltaPointe — Veteran Crisis Care and Treatment Linkage**

<https://altapointe.org/services/crisis-services/>

Call 251-450-2211 for the Access to Care line

Veteran-led teams at Altapointe's Crisis Center provide tailored prevention, outreach, and crisis services with follow-up support that connects veterans to ongoing outpatient care.

## **Centerstone — 3,000 Free Therapy Sessions for Veterans (In Person or Telehealth)**

<https://centerstone.org/militaryservices>

Call 1-866-726-4560, or email [militaryservices@centerstone.org](mailto:militaryservices@centerstone.org)

The project connects veterans to a contracted network of service providers and licensed behavioral health clinicians in Alabama.

## **Sojourn Counseling — Free Eye Movement Desensitization and Reprocessing Therapy (EMDR), Cognitive Behavioral Therapy (CBT), & Microcurrent Neurofeedback (MCN) Services to Veterans**

<https://www.sojourncounseling.org/sojournserves>

Call 205-578-2028 for counseling; 205-259-6215 for Microcurrent Neurofeedback

Evidence-based therapies such as Microcurrent Neurofeedback (MCN) services are offered at no cost to veterans, both in office and through a mobile service unit.

## **The Shoulder — Residential Substance Use Treatment and Recovery Services to Veterans**

<https://theshoulder.org/>

Call 251-626-2199 or email [info@theshoulder.org](mailto:info@theshoulder.org)

The project provides preventative outreach and residential substance-use treatment for veterans—especially women, rural residents, and those involved in the justice system—with scholarships available to support access.

## **UWill — Free Telehealth Therapy and Crisis Calls for Veterans Ages 18-34**

<https://uwill.com/alabama-veterans-mental-health/>

Call 205-928-6059

Six free telehealth therapy sessions are offered to every Alabama veteran ages 18-34, their spouses and partner. In addition to immediate, 24/7 telehealth crisis care with follow-ups and check-ins.

Please contact the providers directly to sign up.

**Funded through the Oversight Committee on Alabama Opioid Settlement Funds.**



To find all projects visit the  
**Veterans Pilot Projects page on our website:**

<https://mh.alabama.gov/veterans-mental-health-pilot-projects/>



Alabama Department  
of Mental Health